Dear Parents,

Yesterday I was privileged, along with our Captains Darcy and Grace, to be invited to Mass at Salesian College to celebrate the 200th anniversary of the birth of Don Bosco. It was a wonderful celebration with approximately 1,500 in attendance. I must say that I was very proud of our past students who took an active role in the mass.

Last week our Year 5 and 6 students spent two days at Sovereign Hill for their camp and experience life as it would have been in the 1850’s during the gold rush era. I would like to thank them and congratulate them on the manner in which they embraced their experience. Thanks also to the staff and parents who helped to ensure a great time was had by all.

Parenting in Faith Night.

Last Wednesday the parents and children of children in Year 6 spent an evening with Emmanuel Kelly as he told of his inspirational story of moving from war torn Iraq and being given the chance for a new start by the wonderful work of Moira Kelly. He spoke to the children of the need to use the gifts that we were given and his overall message was about faith in God and the great hope that our faith provides us with. He also sang a number of songs and one that I think we will be hearing later this year as part of our graduation ceremony. Thanks to those families who came along and I hope that everybody gained something from the night.

Fathers Day Footy Night.

On Friday 28th August dads are invited to come along to the multi-purpose room to watch the footy and catch up over pizza and refreshments. The game is between Geelong and Collingwood and promises to be a good one. The night will kick off at 7.00pm. The cost of the night is $30 and includes food and refreshments. A separate note will come home shortly so that we can get an idea of numbers.

Internet safety Awareness Presentation

Later in the year we will be running an information session for parents about cyber safety. It is early notice but I think it would be great if you could add the date to your diary as this is an issue that effects everybody. The Australian Communications and Media Authority (ACMA) will be running sessions for students, teachers and parents on Wednesday 21st October. The parent session will be at 7.00pm in the multi-purpose room. It is important that we are all armed with the knowledge of what is trending and how to assist your child navigate safely online. Further information will be coming home shortly about this free information session but please note the date in your diaries.

Art Show

Plans are now well under way for the upcoming Art Show and school open evening. As has been previously mentioned, I would hope that we get great numbers coming along, as we did two years ago. A separate note is coming home to give us an idea how many will be attending so that we can organise catering. There will be a sausage sizzle and soft drinks available to purchase. As was the case with the maths open night, you will have the opportunity to move around the school to see the wonderful work that the children are doing and to celebrate their learning.

Legal Responsibilities Meeting

On Tuesday afternoon our staff meeting was led by the Principal Consultant from Catholic Education Melbourne. The topic for the session was the legal responsibilities that we have to ensure the safety of all the children in our care. At the meeting we discussed a number of issues but some that I would like to draw to your attention are concerns about car parking and the dangers that our children face if parents do not follow the agreed procedures. In our handbook that everybody has access to, there is a diagram that shows how we would like you to enter and exit the service road on Macedon St. If everybody follows these instructions and parks in the correct place and in the correct manner we can move our children off site fairly quickly. I mentioned in last weeks newsletter about the children arriving at school before 8.30am. Mark and myself do yard duty every morning from 8.30am on. There shouldn’t be children at school prior to this time. We do have before school care for those who need to use this service. Another matter that was raised was school attendance. As I have mentioned in previous newsletters. If a child is away from school for 5 days or more in a school year and sufficient reason has not been given, it is my responsibility to notify Catholic Education Office Melbourne to alert them and to possibly follow this up with parents. If you are planning a holiday during the school term could you please email me for our records. If your child is away from school for any period of time a written note must be sent with your child on return. This is a legal requirement and all notes are kept in archives

Take Care Paul Hogan

Term Dates

Term 3 13 July–18 Sept Finish 3.15pm
Term 4 5 Oct– 16 Dec Finish 3.15pm

SCHOOL CLOSURE DAY
To be confirmed

NEXT PTFA MEETING
Wednesday 26th August
Our Lady of Mount Carmel Newsletter

Terrific Kid

<table>
<thead>
<tr>
<th>Grade</th>
<th>Name</th>
<th>Reason for Recognition</th>
</tr>
</thead>
<tbody>
<tr>
<td>PC</td>
<td>Ava Loft</td>
<td>For always doing her best</td>
</tr>
<tr>
<td>PR</td>
<td>Micah Healy</td>
<td>For working hard to improve his reading and writing</td>
</tr>
<tr>
<td>1/2 H</td>
<td>Lisa D’Monte</td>
<td>For being a responsible and caring student</td>
</tr>
<tr>
<td>1/2 J</td>
<td>Bella Owens</td>
<td>For being a great role model in demonstrating what the 3R’s look like everyday</td>
</tr>
<tr>
<td>1/2 M</td>
<td>Quinn O’Brien</td>
<td>For great effort in all areas. Well done Quinn</td>
</tr>
<tr>
<td>3/4 P</td>
<td>Laura Bonnitcha</td>
<td>For becoming more confident and resilient</td>
</tr>
<tr>
<td>3/4 R</td>
<td>Georgia Stepanoski</td>
<td>For being a well organised learner</td>
</tr>
<tr>
<td>3/4 S</td>
<td>Rachel O’Connor</td>
<td>For persisting in all areas of her learning</td>
</tr>
<tr>
<td>5/6 D</td>
<td>Emily Cosgriff</td>
<td>For always putting an amazing effort into everything</td>
</tr>
<tr>
<td>5/6 E</td>
<td>Maria Hrkac</td>
<td>For displaying a positive attitude at camp</td>
</tr>
<tr>
<td>5/6 R</td>
<td>Karli Grunewald</td>
<td>For a great start to our school</td>
</tr>
</tbody>
</table>

School Banking Day is Tuesday.

This week 65 students deposited $699.15

Fatima House News

The staff and students of Fatima House would like to say a huge thank you to all those families who donated items to our thrift shop, as well as to those who bought items. Your generosity and support of our social justice initiative is greatly appreciated!

Overall we raised $372, which is a fantastic effort! The students have decided to use this money to purchase warm winter coats to donate to Vinnie’s. What a great idea – we all know how cold it is outside at the moment!

Thanks again!
Visual Arts / Open School Expo
Tuesday 25th August. 6:00pm-7:30pm

As a celebration of your child’s learning experiences at OLMC, we will be holding an Art Exhibition in conjunction with an Open School night. ---

We will proudly showcase your child’s artistic talents from Yr. Prep to 6 in the Visual Arts, and at least two pieces of your child’s art/craft work will be on display. The Prep to Year 2 children will also be allowed to collect their clay sculptured necklace on the night (which they are very excited about), as it is delicate and would be more safely transported home with parental care.

The school will be open for you to roam around to see the wonderful work the children have also been doing in class. You are invited to view your child’s classroom where their learning takes place, and to share some of their experiences and learning achievements.

A sausage sizzle will also be available for a gold coin donation, please fill out the detachable form below to help with catering. So bring your family along and enjoy a night of celebrating the wonderful learning community of OLMC.

Return to School Office - Visual Arts/Open School Expo

The ........................................... family will be attending, and will require ............... sausages from the sausage sizzle.

☐ I can assist with catering duties on the night  Contact Number..........................................................

☐ I cannot assist with catering duties on the night
STUDENT WELL BEING NEWS: Strategies for promoting desirable behaviours

Last week we visited the idea that the interactions with our children can be either Emotion Rich or Emotion Neutral, and the challenge was set to catch your children being good.

This week we would like you to continue with that strategy, while considering another concept from the CASEA program.

“The Rational Bank

Think of your relationship with your child like a bank account. You need to deposit during the good times in order to be able to withdraw in the needy times.

If children do not feel they have a strong relationship with their parents they are less likely to listen to what their parents say, or care about any consequences that their parents set for not behaving.

If children have a belief that their parents don’t care about them (which they easily perceive if they are always being told they are doing the wrong thing and not often praised) they are more likely to misbehave.”

There are many ways of providing our children with an emotion rich interaction, and it doesn’t always have to be praise. However sometimes praise is the easiest (and the cheapest!) way of triggering that positive and intense feeling our children crave. When giving praise, please provide your children with Labeled Praise

Labeled Praise specifically tells our children what it is that they’re doing right. It reminds them of the behaviors we want to see more of.

‘Oh Jenny, thanks for putting your shoes in the laundry.’

The next day when Jenny gets home from school, there’s a very good chance she’ll do the same thing again, because she experienced an Emotion Rich interaction from you.

Tangible rewards: (eg. Things you can give) this doesn’t spending a fortune buying rewards! Tangible rewards could their favorite lollies, like a mini pack of Smarties, a small toy or a McDonald soft service ice cream Friday after school.

Time: All parents struggle with having sufficient quality time with their children. Sometimes we need to be smarter and making it work for us too!

• Before dinner, engage them in chatter while they set the table or empty the dishwasher.
• Take a few minutes to play Lego, or ask them to teach you how to play one of their electronic games
• Although you’ll feel a little silly, consider singing out loud to a popular song in the car! Your child will probably laugh at your attempts but that’s an EMOTION RICH interaction, you’re giving to each other! And they may even join in next time.

Physical affection - touching, cuddling, holding hands and kissing.

Your child senses love and affection, and would always want to be part of a EMOTION RICH interaction, such a family hug.

When your child read, consider snuggling next them and ask them about their book. Don’t be too busy to sit and cuddle them to death! When giving them labeled praise, don’t hesitate to accompany it with a kiss or hug.

Your children are only children for a short amount of time, so find the time to reward them! Enjoy their company, and the nonstop chatter, play some mind numbing computer game, and for above all, let them know they’re great kids!

If you have any further questions about the SWB team, the CASEA program or anything else mentioned today please don’t hesitate to contact Ann Douglas (adouglas@olmcsunbury.catholic.edu.au)

Regards SWB Team
REMINDER REMINDER REMINDER REMINDER REMINDER

OUR LADY OF MOUNT CARMEL WATER BUCKET WALK-A-THON
On Friday 21st August

Students should be collecting their pledges NOW.

IMPORTANT DATES

August 3rd- August 18th - Students collect pledges
August 19th - Sponsor sheets with pledges are DUE
August 21st- Walk-A-Thon will take place during scheduled times
August 21st-24th - Verification forms with sponsor sheets are returned to students
August 24th - August 28th Students collect outstanding pledges
August 31st- Sponsor sheets with pledge money are DUE at school

TIMETABLE for the event

Please note the change of times for Preps

<table>
<thead>
<tr>
<th>Grade</th>
<th>Walking Area</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/2s</td>
<td>Running track and behind courthouse</td>
<td>10.00 – 11.00</td>
</tr>
<tr>
<td>3/4s</td>
<td>Running track netball court and behind</td>
<td>11.30 – 12.30</td>
</tr>
<tr>
<td>5/6s</td>
<td>Running track netball court behind court-</td>
<td>12.30 – 1.30</td>
</tr>
<tr>
<td>Preps</td>
<td>Running track</td>
<td>2.20- 3.00</td>
</tr>
</tbody>
</table>

On Friday, August 21st, students will proceed around the Walk-A-Thon course carrying a plastic bottle filled with water or a bucket half filled with water. Each time around is considered one lap. Can you start collecting plastic 2 litre milk bottles with lids for the children to use on the day.

Parent Volunteers URGENTLY NEEDED- We need parent assistance both on the day with the running of the Walk-a-thon, especially marking lap cards and afterwards with collecting and counting of donations. If you are able to assist please see your child’s classroom teacher.

In the event of rain, the walk-a-thon will be moved to August 28th

PARISH NEWS

Feast of the Assumption masses are as follows;

Friday 14 August 7pm—St Anne’s Church
Saturday 15 August 8.30 am - St Anne’s Church
Saturday 15 August 10.30am— St Anne’s Church
BREASTSCREEN VICTORIA mobile screening service will soon be visiting Sunbury and open for appointments from August 11th until December 10th. Bookings are now open and can be booked online at www.breastscreen.org.au or by calling 13 20 50. The mobile service will once again be located in the Harris Scarfe car park on the corner of Station and Evans Street. The program specifically targets women between the ages of 50-74 with a written invitation and women from 40 and over 74 are also eligible to attend our FREE service.

RUPERTSWOOD CRICKET CLUB: Registration Day. Saturday August 22nd 9am –12 noon at Intersport Sunbury Square Shopping Centre. New players and females welcome. Registration forms available on the club website: http://www.rupertswoodcc.org.au or email request rupocc@optusnet.com.au or call 0413 867 725 / 0421 991 519

BLUE LIGHT DISCO: Friday August 28th. Sunbury Memorial Hall from 6pm—8pm. Primary School Age. Contact Senior Constable Kimberley Hunting on 9744 8111 for more details.

HELP US COLLECT FOR OUR SCHOOL

Earn 1 sticker for every $10 you spend and place in the box located in our school foyer.

Our school can redeem the stickers for fantastic new resources.