Dear Parents,

Welcome back to the final term for the year. I hope you all had a lovely break and had some opportunity for a rest as 4th term is always a busy one. It looks like being a hot summer and we have already had our first day where the children stayed inside because of extreme weather.

**National Champions**

While some of us rested other students were very busy during the break. Congratulations to Rose Berne and Grace and Patrick Byrne who won the National Championships in Irish Dancing.

**Walk to School Month**

At the end of last term I wrote about our school’s participation in Walk to School Month. This is a government initiative which encourages families to get active as well as reducing the traffic in and around schools. Last year we received a lot of support from families and one of the outcomes was that a group of children from Rolling Meadows started riding their bikes to school on a regular basis. It was wonderful to see this group taking advantage of the warmer weather. If you haven’t already done so I would encourage you to get involved and take the chance to walk, ride or scoot to school. If you live a long way from the school you can park the car some distance and walk the remaining way to school.

**Confirmation**

Today, in preparation for Confirmation on Sunday week, the children in Year 6 headed in to St Patrick’s Cathedral to practice for the big day. They also got an opportunity to tour the Cathedral and learn more about it's history as well as visiting the Mary MacKillop Heritage Centre. There are still a few parents who have not collected their stoles which will be needed on the day of Confirmation. You are invited to attend one of the masses this weekend at which time the stoles will be available to collect. This was to have been done at masses last term. Bishop Terry Curtin will be visiting the school next Wednesday to meet with the children.

**Mathematics**

Coming home next week will be a statement about some of the changes that have occurred in the way that we are teaching Mathematics at Our Lady of Mount Carmel. We have been very pleased with the results of these changes and it has reflected positively on the results in Year 7. Yesterday I met with Mark Brockhus and the Principals from Gisborne as well as Noeline from St Anne’s. We had the opportunity to look at NAPLAN data from the children in year 7 which showed the relative growth from Year 5 to Year 7. We were all pleased with the results in Mathematics in particular but also in reading and writing. The strong relationship that we have with Salesian College certainly helps in the transition process for the children and our senior teachers have been working with the teachers from years 7 and 8 to ensure that we are meeting the needs of the children.

**Orientation Days for children in Foundation/Prep 2016**

Children starting their first year at school next year will be receiving a letter tomorrow which outlines the orientation process which will begin on 19th November at 12.00pm.

**Cyber safety Professional Learning.**

A reminder that we will have an organisation coming out to work with students, staff and parents on Wednesday 21st October. The parent session will start at 7.00pm in the multi-purpose Room. More details next week.
Office of Children’s eSafety Commissioner

Internet Safety Awareness Presentation

Information session for all parents

Wednesday, 21st October

Multi-Purpose Room

Starting Time: 7.00 pm No cost!!

Join the discussion with an eSafety expert.

Arm yourself with the knowledge of ‘what’s trending’ and how to assist your child navigatesafety online.
Tuckshop—More helpers are needed. You will notice we have some vacancies for helpers this term. If you can spare a couple of hours on those days please contact Sally on 0400 384 403. We cannot provide this service for your children without the support of volunteers.

---

**OUR LADY OF MT. CARMEL CANTEEN ROSTER**

**TERM 4, 2015**

<table>
<thead>
<tr>
<th>Date</th>
<th>9th Oct</th>
<th>13th Nov</th>
<th>16th Oct</th>
<th>20th Nov</th>
<th>23rd Oct</th>
<th>27th Nov</th>
<th>30th Oct</th>
<th>4th Dec</th>
<th>6th Nov</th>
<th>11th Dec</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Liz Fahy</td>
<td>Michele Shalders</td>
<td>Trudy Law</td>
<td>Liz Fahy</td>
<td>Darren Xerri</td>
<td>Nikki Taranto</td>
<td>Anita Bunell</td>
<td>School Closure</td>
<td>Raquel Handley</td>
<td>Karen Woodvine</td>
</tr>
<tr>
<td></td>
<td>Karen Woodvine</td>
<td>Lucy Lavelle</td>
<td>Bec Pietromonaco</td>
<td>Vacancy</td>
<td>Helen Hrkac</td>
<td>Rochelle Hope Lane</td>
<td>Caroline Dillon</td>
<td></td>
<td>Barb O’Brien</td>
<td>Raquel Handley</td>
</tr>
<tr>
<td></td>
<td>Raquel Handley</td>
<td>Kelly Boyd</td>
<td>Vacancy</td>
<td>Vacancy</td>
<td>Alicia Weir</td>
<td>Paula Jarski</td>
<td>Lesley Spiteri</td>
<td></td>
<td>Tamara Moir</td>
<td>Liz Fahy</td>
</tr>
</tbody>
</table>

Thank you for volunteering to help in the Canteen, it would be impossible without you! Please arrive at Canteen at approximately 11.00, and your assistance will be required until around 2.30pm. If you have long hair, please tie it back, and remember to sign in at the office before coming to the Canteen. Your lunch will be provided on the day.

**If you are unable to attend on your rostered day** please ring Sally on 0400 384 403, as soon as possible so a replacement can be arranged.

I look forward to seeing you,

Sally Hewitt-Tacey
Dear Parents and families,

We are going to be doing waste free Wednesday at O.L.M.C.

Here’s why we are doing it. We are using too much rubbish and we need to STOP. If you have foods in wrappers please unwrap them and put it in Tupperware containers. Waste free Wednesday starts next Wednesday. When the day comes please try to have no wrappers in your lunchboxes. 1\2M will be coming around and checking which class has the least amount of wrappers.

From Charlotte and Claire in 1/2 M

Here are some more reasons why we should have nude food….

It’s really disappointing that we can’t recycle soft plastic like Mars bar wrappers, Freddo frog wrappers and glad wrap.

It’s a good thing that we can reuse containers because it doesn’t pollute the world.

By Quinn

REMEMBER no waste Wednesday means NO PAPERS AND PLASTIC because there are too many papers going to LANDFILL.

By Angus

STAY TUNED FOR MORE WASTE FREE/NUDE FOOD LUNCH IDEAS NEXT WEEK.

---

School Banking Day is Tuesday

This week 59 students deposited $499.95. Well done!!

Kinda Kinder is back for Term 4 and will run weekly on Tuesday mornings from 9.15am to 10.15am with our final session on Tuesday 17th November. We meet in the Parish Centre at 101 Riddell Rd, Sunbury. Victoria University students lead children from infant to pre-school with fun, imaginative and educational activities. All are welcome to attend. The program is free to all families. Please call the Parish Office on 9744 1060 for further information (no bookings required).
HUME CITY COUNCIL PERFORMING ARTS PROGRAM. Free trial class for anyone interested in joining a fantastic non-competitive performing arts program in 2016. You are welcome to bring along a family member or friend on the day. Tuesday 24 November 2015. Memorial Hall, Stawell Street. No bookings necessary. Just turn up on the day. 4.15 to 5.15 (3 to 5 years) 5.15 to 6.15 (6-8 years) 6.15 to 7.15 (9 to 12 years). Please call Leanne on 0417 114 132 for further information.

SUNBURY BLUE LIGHT DISCO: Sunbury Memorial Hall. Halloween Mega Party, Barkly & Macedon Sts Sunbury. 6-8 pm. Primary age. Cost $7. Come dressed in your spookiest costume. For further details call constable Kimberley Hunting 9744 8111

DYSCALCULIA! …. a form of Dyslexia. Join us on Wednesday 14th October at the Hub in Woodend. That’s the second week of this coming term. Don’t miss the opportunity to discover why your child may be struggling with numbers and mathematical calculations. Come and hear Ann Williams, who has recently completed her Masters on the subject of Dyscalculia, as she helps us clarify the difficulties of Dyscalculia and offers strategies to assist struggling students.

This night will be suitable for both parents and teachers. Please come along and invite any and all who may be interested to join us at 7pm on the second Wednesday evening of term (see attached flyer). It’s only $5. Don’t miss out... (but please let us know if you will be coming as it will help Ann organise hands on activities).

Presented by Ann Williams in collaboration with Dyslexiclever.
WHEN: Wednesday 14 October 2015, TIME: 7.00pm, COST: $5, WHERE: The Hub - Cobaw Centre, 47 Forest Street - Woodend
RSVP: dyslexiclever@ymail.com or Marg Bush 0409 550 238

JUNIOR GIRLS INTRO TO CRICKET DAY Supported by Gisborne District Cricket Association and Cricket Victoria. All girls aged 8 to 15 are invited to come to a free intro to cricket on 25 October from 10am to 1pm at Gardner reserve Gisborne. Learn cricket rules & skills.
JUNIOR ALL GIRLS RENEGADES COMPETITION girls aged 8 to 15 in a modified T20 comp. Starting 11 November
For further info or to register for above :adempsey@bigpond.net.au or call 0412 204 975

HABITS OF HAPPINESS WELLNESS WORKSHOP
Sat, Oct 24 from 8.30am-12.30pm Multipurpose Room, OLMC
This workshop will focus on health from four unique perspectives; nutrition, yoga/meditation, naturopathy and reflexology. Detailed notes from the talk and a raw food recipe booklet will send you home with new strategies for habits of happiness. Cost is $60.
For more details visit www.coots.eventbrite.com.au or ring Rhett on 0407 566 253.

YOGA AT MT CARMEL Yoga will recommence the first Monday back in Term 4. This yoga is suitable for beginners and all levels. You may join in at any time on a casual basis.
**Program Update**

Welcome back families!
Term 4 blesses us with warmer weather ahead and this means sun safety. Can all families please remember to pack a hat for use at Oshclub. We have a box to store these hats for the term. It is recommended to bring another hat as this stays at Oshclub and eliminates children needed to run up to their classes to collect it for the Oshclub session.

Also in fantastic news we received our rating for the recent Assessment that we underwent. We are proud to say we received a – Meeting rating with an exceeding rating in quality area 6 which is collaboration with children. J

**Next Week’s Activities commencing 12th October.**
These activities are offered to children as an extra experience. Free choice is always on offer for the children throughout the play spaces.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Before Care</strong></td>
<td><strong>Making salt</strong></td>
<td><strong>Making orange juice</strong></td>
<td><strong>Lego</strong></td>
<td><strong>Silent ball</strong></td>
</tr>
<tr>
<td>Activities</td>
<td>dough</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>After Care</strong></td>
<td><strong>Making cookies</strong></td>
<td><strong>Sand and water play</strong></td>
<td><strong>Plaster of Paris moulds to paint.</strong></td>
<td><strong>Dodge ball</strong></td>
</tr>
<tr>
<td>Activities</td>
<td></td>
<td></td>
<td></td>
<td><strong>Garden club</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Parent Information**
OSH program phone: 0401 850 518
Coordinator: Brodie Barratt
Assistants: Marissa Allen, Alana Moule
OSHClub Head Office: 03 85649000
All families must be enrolled to attend the program, remember this is Free!! Please create an account online at [www.oshclub.com.au](http://www.oshclub.com.au) all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.

**Children's Liturgy of the Word—Term 4 2015 St Anne’s Church**

- **Sunday 11 October 10.30pm**
- **Saturday 17 October 6.00pm**
- **Sunday 25 October 10.30am**
- **Saturday 31 October 6.00pm**
- **Sunday 8 November 10.30am**
- **Saturday 14 November 6.00pm**
- **Sunday 22 November 10.30am**
- **Saturday 28 November 6.00pm**
- **Sunday 5 December 10.30am**
SUNBURY STREETlife

O’Shanassy Street
Sunday 22nd November
10am to 3pm

showcasing local businesses
live entertainment children’s activities
something for the whole family

2014 Australia Day Award Winners
“Best Community Event”

SPOONSORED BY:  
HUME CITY COUNCIL  
first national REAL ESTATE  
WOOF & More PET SUPPLIES

SUPPORTED BY:
PREST SIGN FABRICATION  
Pass-the-Parcel  
Startamotive  
Garage Studios  
Western Water  

www.homegrowneventsvic.com | Email: homegrowneventsvic@gmail.com