Dear Parents,

Last weekend the children making their Confirmation on October 18th were invited to take part in the Rite of Election Masses. This was the first in a series of masses that we would like the children and their families to attend. I was at the 8.30 mass and none of our children were present so I assume that the remainder if the masses were well attended. If you happened to have missed one of these masses you are invited to come along to the 5.30pm mass at OLMC Church this Sunday. A reminder for the children to bring along their card.

Chocolate Drive
A reminder from the PTFA for parents to return money or unsold chocolate as soon as possible. As of Monday we still had 71 families who had not returned their money or chocolates. Thank you to those families who have returned the money and thanks to those who took extra boxes as well. It is a fundraiser that makes good money for the school but can get a little uncomfortable if we have to start chasing up the money.

Art Show
Next Tuesday we have our Art Show and Open Night. A letter was sent home last week to get an indication of numbers as there will be a sausage sizzle and drinks available for purchase and we would like to get an idea of how many we need to purchase. If you have not yet returned the reply slip please do so as this is a great community event and the children are really looking forward to showing off their work.

Fathers Day Activities
We have a couple of things coming up in our preparation to celebrate Fathers Day on 6th September. On Friday 28th August we have our Footy Night in the Multi-Purpose Room starting at 7.00pm. Food and refreshments are available for the cost of $30 per head. Collingwood will be playing Geelong on the big screen and it also gives our dads a chance to catch up and maybe meet some new members of the community. Then on Thursday 3rd September we will have our Fathers Day Stall when children have the chance to purchase a little gift for their dad. A reminder will come home shortly with the cost of the gifts.

PTFA Meeting
Next Wednesday 26th August we have our final PTFA meeting for the term. It will start at 7.30 at the Valley Wine Bar across the Road and all are welcome to attend.

Reconciliation Parenting in Faith
Next week parents of children in Year 3 who will be making their reconciliation shortly are invited to attend one of two sessions being held at the Parish Centre. The guest speaker is Paul Spence who has done some work with the staff from both schools as well as previous Confirmation sessions. Paul is an ex primary School Principal who now does a lot of work in Uganda and is the head of the Cotton On Foundation which supports those most in need. He is also a faith leader and quite an inspirational speaker. The sessions will be on Tuesday at 2.00pm or Thursday at 7.30pm.

Padua Walkathon
Tomorrow the children will be taking part in a walkathon organised by Padua House. I am very proud of the work that all the houses do in relation to social justice. Money raised via the walkathon will go towards ongoing maintenance of the well in Kenya that we paid for along, with Catholic Ladies College in Eltham. Last year we had a representative of the foundation that supports Brother Beausang School in Kenya who told us of the wonderful things are happening due to the support of school like ours.

Recall of Cosmic light key ring
I saw on the news last night a concern about the prize that The Commonwealth Bank has given out through the school banking program. The Cosmic Light Key ring has a button battery that may cause issues with toddlers so if you have received one of these key rings and you have toddlers who may be tempted to put the battery in their mouths I would urge you to put it aside safely. Please refer to note on page 5 of this newsletter from the bank.

Take Care
Paul Hogan
# Terrific Kid

<table>
<thead>
<tr>
<th>PC</th>
<th>Addison Gardner</th>
<th>For showing respect and following instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>PR</td>
<td>Micah Healy</td>
<td>For working hard to improve his reading and writing</td>
</tr>
<tr>
<td>1/2 H</td>
<td>Luca Stella</td>
<td>For being resilient and being an awesome reader</td>
</tr>
<tr>
<td>1/2 J</td>
<td>Henry Bordon</td>
<td>For his enthusiastic efforts in everything he does</td>
</tr>
<tr>
<td>1/2 M</td>
<td>Whole Grade</td>
<td>For respectful and responsible behavior on our excursion</td>
</tr>
<tr>
<td>3/4 P</td>
<td>Jack Gerdsen</td>
<td>For being an enthusiastic learner and sharing his great knowledge with the class</td>
</tr>
<tr>
<td>3/4 R</td>
<td>Riley Podger</td>
<td>For making responsible decisions in all aspects of her schooling</td>
</tr>
<tr>
<td>3/4 S</td>
<td>Alexandria DeVeth</td>
<td>For taking the responsibility for her own learning</td>
</tr>
<tr>
<td>5/6 D</td>
<td>Darcy Kuypers</td>
<td>For awesome contributions in his reading group</td>
</tr>
<tr>
<td>5/6 E</td>
<td>Elyse Muster</td>
<td>For working extremely hard on all her school work</td>
</tr>
<tr>
<td>5/6 R</td>
<td>Callum Chatfield</td>
<td>For showing reverence and diligence in class</td>
</tr>
</tbody>
</table>

School Banking Day is Tuesday.

This week 54 students deposited $391.20

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**Grade 1/2**

Maths Games Day

Monday 31st August

Starts at 10am in MPR.
Visual Arts / Open School Expo

Tuesday 25th August. 6:00pm-7:30pm

As a celebration of your child’s learning experiences at OLMC, we will be holding an Art Exhibition in conjunction with an Open School night.

We will proudly showcase your child’s artistic talents from Yr. Prep to 6 in the Visual Arts, and at least two pieces of your child’s art/craft work will be on display. The Prep to Year 2 children will also be allowed to collect their clay sculptured necklace on the night (which they are very excited about), as it is delicate and would be more safely transported home with parental care.

The school will be open for you to roam around to see the wonderful work the children have also been doing in class. You are invited to view your child’s classroom where their learning takes place, and to share some of their experiences and learning achievements.

A sausage sizzle will also be available for a gold coin donation, please fill out the detachable form below to help with catering. So bring your family along and enjoy a night of celebrating the wonderful learning community of OLMC.

\[........................\]

Return to School Office - Visual Arts/Open School Expo

The ......................... family will be attending, and will require .............. sausages from the sausage sizzle.

☐ I can assist with catering duties on the night    Contact Number................................................

☐ I cannot assist with catering duties on the night

REMINDER

ALL STUDENTS ARE TO WEAR SPORTS UNIFORM TOMORROW 21 AUGUST FOR THE PADUA BUCKET WALK A THON
Strategy Games

Great Teamwork

Engaging and Fun

Problem Solving

Tuesday 4th August 2015
MINI VINNIES STALL

Dear Parents,

We would like to say a huge thank you to everyone who has either donated goods or purchased items from our stall this term. All of the money raised will go to the Sunbury Conference of St Vincent de Paul and to buy produce to be used at the Sunbury Rotary Community Kitchen.

Members of the OLMC Mini Vinnies Conference

BOOK CLUB

Dear Parents,

Thank you for your continued support of Book Club. Issue 6 of Book Club has been sent home earlier this week with orders closing on Monday 24th August (at recess). Please remember, if your purchase is intended for a present and you do not want it to be given to your child let me know and I will contact you and arrange for you to pick it up when the item arrives.

Trish Cairns

WOOLWORTHS EARN AND LEARN

Dear Parents,

Thank you for your support with collecting stickers for our school during this promotion. You can send stickers to school with your child, put them directly into the collection box in the foyer near the office or put them in the box we have at Sunbury Woolworths.

You do not need to put the stickers on to a sticker sheet – we are more than happy to do that for you. Sticker sheets are available at Woolworths stores and there will also be a supply available at school.

Cheers

Trish Cairns

Commonwealth Bank School Banking Update – Please Read

Concerns have been raised regarding the ‘Cosmic Light Beam Torch’ reward item due to the inclusion of four button batteries that can be accessed by unscrewing the back of the torch. Whilst this reward has been independently tested and deemed to meet relevant product standards the Commonwealth Bank have made the decision to proactively withdraw this item from the School Banking Rewards Program.

Parents/Guardians are requested to dispose of any ‘Cosmic Light Beam Torches’ their child may have already received as part of the Rewards Program. Students who have previously received a ‘Cosmic Light Beam Torch’ are welcome to redeem an alternative reward item.
TOMORROW IS OUR BUCKET WALK A THON

It looks like the weather is going to be nice to us tomorrow and our Walk a thon will be able to go ahead.

If you haven’t brought back your pledge sheets yet, its not too late, they can come back tomorrow.

**Children will need to wear their Sports Uniform tomorrow!**

<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Walking Area</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/2s</td>
<td>Running track and behind courthouse</td>
<td>10.00 – 11.00</td>
</tr>
<tr>
<td>3/4s</td>
<td>Running track netball court and behind courthouse</td>
<td>11.30 – 12.30</td>
</tr>
<tr>
<td>5/6s</td>
<td>Running track netball court behind courthouse</td>
<td>12.30 – 1.30</td>
</tr>
<tr>
<td>Preps</td>
<td>Running track</td>
<td>2.20- 3.15</td>
</tr>
</tbody>
</table>

Students will proceed around the Walk-A-Thon course carrying a plastic bottle filled with water or a bucket half filled with water. Each time around is considered one lap. If possible could you please send along plastic 2 litre milk bottles with lids for the children to use.

**Parent Volunteers** - We need some parent assistance both on the day with the running of the Walk-a-thon, especially marking lap cards and afterwards with collecting and counting of donations. If you are able to assist please see your child’s classroom teacher.

Should you have any questions or need additional information, please don't hesitate to contact your child’s teacher.
So by now, you should all be trying to catch your children being good and providing them with plenty of emotion rich interactions for behaviour you would like to see repeated. For behaviours you would like reduced, you should be responding with emotion neutral interactions. If you’re having trouble remembering to catch the children being good, or struggling to respond in an emotion neutral manner, don’t be stressed, just keep going. It does get easier!

Another strategy for getting your children to do what you want is to give ‘effective instructions’. It sounds simple and but most of us, at one time or another, do it quite poorly. Some parents mumble instructions as they walk past their children, others throw the instruction over their shoulder as they are walking out of a room, and finally some of us in frustration yell out instructions. While a great deal of this is normal, it isn’t effective.

If you were to ask your children to list a few school rules, they would rattle off any number of them perfectly! From the day your children arrive at school, they are taught and constantly reinforced what behaviour is considered acceptable and what behaviour is not. However at home, we expect our children to simply know, ‘it’s common sense!’ The only time children are aware of rules in the home, is when they get into trouble breaking them!

Establishing Family Rules is a great idea because it helps children understand what they are not allowed to do, and what they should be doing. Telling children what not to do, does not always give them enough information about what they should be doing.

Writing Family Rules should be not a punishment or consequence, but rather could be introduced when the whole family is present and getting along well. When creating your Family Rules suggest titles that make the children proud to be part of the family, such as The Falcone family is fabulous! The Burnish Bunch is Brilliant! Or The Andersons Are Absolutely Amazing!

Consider the following when establishing your Family Rules:

- Have a small number of rules (no more than 5 – children and parents can’t remember more!)
- Involve children in making up the list and the consequences if rules are broken
- State the rules in positive terms –tell children what to do, rather than what not to do. Eg In the Anderson Family: We listen to each other, We speak nicely to each other
- Rules should be easy to follow and easy to enforce – there is no point in having rules that are too difficult to follow or too hard to enforce.
- The last Family Rule should be a general one instructing children to do what they are instructed to do.
- When children break a rule, refer to the Family Rules to remind them, and use an agreed consequence.
- Do not negotiate the consequence with your child – what you say goes!
- Do not forget to use labelled praise and rewards when your child is following the rules.

Place the rules in a prominent area, so everyone can see them and refer to them but do not forget to praise them if they are following the rules. If a family rule is, We speak nicely to each other, then something as simple as saying “thanks” or “please” should be praised and that rule referred to. This reminds children of what behaviours we want to see more of.

Good Luck with this and feel free to share your outrageous family titles with us!

If you have any further questions about the SWB team, the CASEA program or anything else mentioned today please don’t hesitate to contact Ann Douglas (adouglas@olmcsunbury.catholic.edu.au)

Regards SWB Team
OUR LADY OF MT. CARMEL CANTEEN ROSTER
TERM 3, 2015

<table>
<thead>
<tr>
<th>Date</th>
<th>Names</th>
<th>Date</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>21st Aug</td>
<td>Michele Shalders, Lucy Lavelle, Kelly Boyd</td>
<td>11th Sept</td>
<td>Bec Pietromonaco, Kieran Lavelle, Kelly Boyd</td>
</tr>
<tr>
<td>4th Sept</td>
<td>Nikki Taranto, Rochelle Hope Lane, Paula Jarski</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

COMMUNITY NEWS

BREASTSCREEN VICTORIA mobile screening service will soon be visiting Sunbury and open for appointments from August 11th until December 10th. Bookings are now open and can be booked online at www.breastscreen.org.au or by calling 13 20 50. The mobile service will once again be located in the Harris Scarfe car park on the corner of Station and Evans Street. The program specifically targets women between the ages of 50-74 with a written invitation and women from 40 and over 74 are also eligible to attend our FREE service.

BLUE LIGHT DISCO: Friday August 28th, Sunbury Memorial Hall from 6pm—8pm. Primary School Age. Contact Senior Constable Kimberley Hunting on 9744 8111 for more details.

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SCHOOL CROSSING SUPERVISORS NEEDED

Do you enjoy being outdoors, working with children and giving back to the community while you get paid?

We have vacancies in the Hume Municipality
- Uniform and training provided
- Casual work and region travel style
- Multiple positions available for an immediate start

To be successful you must:
- Be available Monday – Friday 8am-3pm and 3-4pm
- Be willing to obtain an Employee WHOC
- Have a current Victorian Drivers Licence and own reliable car
- Be willing to travel to surrounding suburbs

CALL NOW!

Phone: 9326 3200 Fax: 9326 3299 Email: laverton@hoban.com.au
Program Update—
Cooking has been very popular with the children resulting in some pretty fabulous things coming out of the kitchen! If you have any great recipes at home we welcome you to bring them in to share.

This week 17th -21st August we are making cupcakes to raise money for the RSPCA. We are hoping to buy some toys to donate to the dogs and cats that are waiting to find a loving home. **Cupcakes will be sold for $1.00 each.**

Our grass seeds are shooting now with some great sunshine helping them along the way.

**Next Week’s Activities commencing the 24th of August.**
*These activities are offered to children as an extra experience. Free choice is always on offer for the children throughout the play spaces.*

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Before Care Activities</strong></td>
<td>Adding up our fund raising.</td>
<td>Balloon Tennis</td>
<td>Making orange juice</td>
<td>Lego</td>
</tr>
<tr>
<td><strong>After Care Activities</strong></td>
<td>Treasure hunt</td>
<td>Group games</td>
<td>Design a shop</td>
<td>Dodge ball</td>
</tr>
</tbody>
</table>

**Parent Information**

OSH program phone: 0401 850 518
Coordinator: Brodie Barratt
Assistants: Marissa Allen, Alana Moule
OSHClub Head Office: 03 85649000

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at [www.oshclub.com.au](http://www.oshclub.com.au) all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.