Dear Parents,

Last night our swimming team headed to the Sunbury Aquatic Centre to participate in the interschool swimming carnival. OLMC finished second in the small schools division and all present had a wonderful time. The children are to be congratulated on the way that they gave their all and also the sportsmanship that they demonstrated during the event. Thanks also to all the parents and staff for their support ensuring that everything went smoothly.

School Wide Positive Behaviour Flow Chart

As most of you would be aware, last year, we were involved in an initiative, along with 16 other schools in the Arch Diocese to learn about and develop strategies and procedures based around creating a school wide positive behaviour culture in the school. Things are going well at the moment and the children are adapting very well. One aspect of the program was to develop a flow chart that identified minor and major behaviour issues and how we have a consistent way of dealing with these. Your children would have seen charts around the school which shows how deal with these matters. Attached to the newsletter is a copy of this chart which is pretty easy to read and self-explanatory. If you have any questions about this please feel free to contact me.

Concession Card Holders

A reminder that parents who hold concession cards are eligible for a discount on school fees. If you hold a concession card please let Melissa know and she will help you.

Bush Dance on 4th March

Notes came home on Monday with information about our upcoming Bush Dance. I understand that there has been some talk on the Facebook page that some families did not receive the notice. Please check your child’s bag but I am sending home a digital copy with the newsletter. To help us with the organisation of the night could you please return the note whether you are coming or not. We have also been able to get a Fairy Floss Machine as well as a Pop Corn Machine so we will really be able to hype the kids in to a frenzy.

Photocopying of Documents

Each year, around secondary enrolment time, we get many requests from parents to copy school reports and NAPLAN Reports. Each year when NAPLAN reports are sent home I remind parents that they will be needed by secondary schools and each year we have the same problem. At a recent Principal meeting that I attended this topic was raised and Principals shared what they do to discourage the practice. Most of the schools present said that they charge a fee to parents who ask for the reports to be duplicated. So from now on if you need reports and NAPLAN reports photocopied there will be a $5 fee.

Centenary Celebration this weekend

On Sunday we officially celebrate 100 years of involvement of the Sisters of St Joseph at Our Lady of Mount Carmel Parish. Sr Jose is looking forward to the day and the weather looks promising. The day will kick off with mass at St Anne’s at 10.30. From there the festivities will move to the convent at 12.00pm where there will be marquees set up and people will have the chance to tour the convent and enjoy refreshments. Our Lady of Mount Carmel School will be the next centre of activities with the school open from 2.00-3.00pm. Past pupils and parishioners will have a chance to have a look around the school. Lachlan and Aiko our school captains will be acting as tour guides.

Enrolments for 2017

The year has just started but already we are making plans for 2017. On Wednesday 23rd March there will be parish meeting at the Parish Centre where families from both schools will have the chance to hear from myself, Noelene and Fr Kevin about things that are going on in the schools and also to answer any questions that parents may have. These meetings will be at 2.00 or 7.30 pm. We also have an open day on 26th April where we will share some information and parents will have the chance for a tour of the school. These sessions will be at 9.30am and 7.30pm.
# SPLASH PUPIL OF THE WEEK AWARD

<table>
<thead>
<tr>
<th>Class</th>
<th>Pupil of the week</th>
<th>Has demonstrated the 3R’s</th>
</tr>
</thead>
<tbody>
<tr>
<td>FC</td>
<td>Ruby Parker</td>
<td>For being a respectful student and always following instructions with a smile!</td>
</tr>
<tr>
<td>FR</td>
<td>Madison Jarski</td>
<td>For being a responsible student and making good choices to help others.</td>
</tr>
<tr>
<td>1/2H</td>
<td>Royce Barnes</td>
<td>For being a resilient student when working in class by not giving up when things are difficult</td>
</tr>
<tr>
<td>1/2J</td>
<td>Callan Flinn</td>
<td>For always being a responsible class member</td>
</tr>
<tr>
<td>1/2M</td>
<td>Chelsea Farrugia</td>
<td>For bouncing back when she feels upset and sharing lots of smiles with her class.</td>
</tr>
<tr>
<td>3/4D</td>
<td>Grace Byrne</td>
<td>For being a responsible leader and SRC Representative in 3/4D</td>
</tr>
<tr>
<td>3/4R</td>
<td>Kaitlyn Portelli</td>
<td>For displaying resilience, respect and responsibility in the classroom.</td>
</tr>
<tr>
<td>3/4S</td>
<td>Lily Pucar</td>
<td>For showing respect to her classmates by being an attentive listener and always using her manners.</td>
</tr>
<tr>
<td>5/6E</td>
<td>Ashleigh Howard</td>
<td>For showing responsibility for her work and ensuring she hands her work in on time.</td>
</tr>
<tr>
<td>5/6R</td>
<td>Madalyn Brown</td>
<td>For showing resilience, making new friends and adjusting to new situations</td>
</tr>
<tr>
<td>5/6S</td>
<td>Jack McGann</td>
<td>For being a kind, friendly and respectful classmate.</td>
</tr>
</tbody>
</table>

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## MYSTERY DEPOSIT INTO SCHOOL BANK ACCOUNT

We received a bank deposit into the school bank account on 11th January with no identifying name. If you deposited a sum of money into our bank at this time please contact the office of any updates to student/ family contact details and a timely reminder to label all clothing items and food/drink containers with your child’s name in order to minimise the vast amounts of unnamed items in lost property.

Please remove ex student names from clothing items if necessary.
MANAGING DISRUPTIVE BEHAVIOUR at O.L.M.C.

1st Instance
Redirect student and/or intervention

2nd Instance
Redirect
Re-teach expectation
Verbal warning

3rd Instance
Redirect
Re-teach expectation
Final warning
Parent/s notified via email
Record behaviour on the minor behaviour tracker

4th Instance
Send to/or a member of the Leadership Team.
NB Excessive repetitive minor behaviours – Purple Concern Form and it becomes a Major Behaviour

When students are not being RESPECTFUL, RESPONSIBLE OR RESILIENT...

Is the Misbehaviour MINOR? MAJOR?

TEACHER MANAGED WITHIN THE CLASSROOM or YARD
- Moving throughout the school in an inappropriate manner.
- Not following instructions
- Littering
- Throwing/playing in out of bounds areas
- Invading someone’s space
- Not wearing proper school uniform/Hat
- Punctuality when at school
- Distracting others
- Not sitting in a correct manner
- Name calling/putdowns
- Tackling – when they know the Green rules
- Exclusion.

EXTERNALLY MANAGED BY MEMBER/s OF LEADERSHIP
- Lying
- Stealing
- Inappropriate physical contact or violence
- Offensive language or gestures
- Using ICT inappropriately
- Vandalism/Graffiti
- Throwing objects
- Exposing oneself
- Inappropriate behaviour in and use of the toilets
- Being disrespectful to adults
- Bullying
- Leaving/entering classroom/school without permission
- Entering unsupervised areas during recess and lunch.

FIRST
Send to/or a member of the Leadership Team.

SECOND
Minimise risk to student/s, staff or property if safe to do so.
School Leader removes student/s from classroom/play area
Restorative Conference with student/s

THIRD
Teacher to complete a Behavioural Report Form
Loader to notify parents
Behavioural PSS to discuss any issues, need for referral or to create an Individual Behavioural Management plan (if deemed necessary.)
Conveyance Allowance Program

The conveyance allowance is a form of financial assistance to help families in rural and regional Victoria with the cost of transporting their children to their nearest appropriate school/campus. The conveyance allowance is available to eligible students travelling by public transport, private car and private bus. The conveyance allowance is also available to eligible students whose nearest school is not serviced by a free school bus.

Eligibility criteria

The eligibility criteria varies depending on the type of school attended and where it is located.

Students attending a government or non-government school must:

- attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible
- be enrolled at a school/campus outside Melbourne’s metropolitan conveyance boundary
- reside 4.8km or more by the shortest practicable route from that school/campus attended
- be of school age (5 to 18 years old at time of application) and reside in Victoria.

Application forms are available from the School Office. Applications close 04/03/2016

Swimming 2016 – ‘Encouraging results in ‘16’

I’d like to take the opportunity to thank our many talented swimmers for their efforts last night at the Zone Swim carnival. The many hours of swim lessons and laps in the pool showed that OLMC is building towards a first place finish in the Small Schools Division.

We were only 9 points shy of the top spot in small schools, something I am keen to adjust in 2017. (Sunbury West 94, OLMC, 85)

Congratulations to St.Anne’s, who won the overall competition and Mr. Sean Quigley for organising the event.

I would also like to strongly encourage all Our Lady of Mount Carmel parents to enrol in swimming classes. It is my firm believe that all children should learn to swim and be confident in water. It is both a positive boost to their fitness as well as improving self-confidence and an opportunity to socialise with other children.

We look ahead to the 2017 Swim Carnival. This year 60 children tried out for our swim team. This was a record number; thankyou to those children. Enjoy the water safely over what is left of summer and the possibility of enrolling in swimming lessons.

Colin Healy PE


Congratulations and salutations to Sr.Jose to the Sisters of St.Joseph who celebrate 100 years in Sunbury this year.

May the celebrations this Sunday the 21st March be a time of great fervour and fond memories of the great work done by the Josephites for our community since 2016.

Colin Healy REL
SISTERS OF ST JOSEPH CENTENARY IN SUNBURY

The Parish of Our Lady of Mount Carmel cordially invite you to join us in Thanksgiving celebration for a Hundred Years of service of the Sisters of St Joseph since 1916.

Commemorative Mass will be celebrated at St Anne’s Church on Sunday 21 February 2016 at 10.30am.
Light refreshments served at the convent to renew acquaintances and share memories from 12 noon
Our Lady of Mount Carmel Church and School will be open from 2.00pm-3.00pm.

Please bring a plate to share.
Tea and coffee will be provided.
RSVP by 8 February 2016 to Parish Office 9744 1060

SCHOOL BANKING NEWS

Congratulations to Alexis Jarski who has registered as our 200th banking student. Alexis will receive a small prize for this honour!

WANTED: Helpers! We are parent volunteers who spend about 1.5hrs of a Tuesday morning doing the children’s banking. Last year we lost one of our regular bankers and at the end of this term we are going to lose another. We really need a couple more people to train up and be regular helpers. It is very much a case of many hands make light work. School banking is a nice little earner for our PTFA and a great programme for the children’s banking and savings, it would be a shame if we had to let it fold. If anyone can dedicate a couple of hours of a Tuesday morning, please come along next week and see what we do. Your help would be greatly appreciated.

Some points to remember:

Send your banking books (not individual deposit slips) with your child to hand in to their teacher at the start of the day

Deposit slips and stubs need to be filled out in FULL
Please ensure correct money is safely secured in the wallet
No international coins
Deposits only need to be as much as 5c!
Cheques are allowed
We don’t give change
Sibling money can be bundled together
Tokens from last year carry over and there is an electronic record of how many tokens your child should have, so even if they get lost or misplaced we know where they should be up to.

78 children banked
$817.10 this week
(2 new deposits)
WELL DONE !!!
Dear Parents,

OLMC Bush Dance Friday 4th March

The Bush Dance is being conducted by Michael Quarrell and Phil Smurthwaite from ‘The Billy Tea Bush Band’ and the experience is broken in to 2 main parts.

The students will get the opportunity to participate in ‘Bush Dance’ workshops throughout the day. They will also be involved in a ‘Welcome Concert’ after lunch on the day where there will be sing-along's and a couple of fun dances.

We are suggesting that the students come to school on this day dressed as ‘country folk’ in their best bush dancing gear- hats, boots, jeans, overalls, vest or braces. (Please do not go to any expense for this)

We then invite all the students and their families back to school from 5:30pm for a 6pm start of the evening Bush Dance. The night will begin with a sing-along to set the atmosphere. The children’s classroom teachers will then demonstrate ‘The Heel and Toe’, then the students will be up to display their new dancing skills before it’s all in for young and old.

We encourage families to bring a picnic dinner (no glass please). The PTFA will also be holding a raffle and a sausage sizzle selling sausages, drinks and icy poles on the night.

To continue the theme into the evening we encourage everyone to have a go at dressing up.

There is a small cost to this event, we are asking for a payment of $5 per family to be returned to school along with the slip below as soon as possible.

We hope that the day and night is a huge success getting the whole school community together to create some fun memories.

Thank you and we look forward to seeing you there.

OLMC Staff and The PTFA.

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BUSH DANCE 4TH MARCH - PLEASE RETURN THIS SECTION TO SCHOOL

Family Name: .............................................................................................................

Eldest Child:.....................................................   Class:........................................

Please circle preferred option:

Our family will / will not be returning to school to participate in the evening Bush Dance

We will / will not be intending to purchase sausages on night

We have included our $5 family payment
IMPORTANT INFORMATION REGARDING HEAD LICE.: Back to school for another year and unfortunately this often means the start of the head lice season too. We see an increase in the number of head lice cases in the February to March period, particularly amongst school aged children.

Head lice are extremely contagious. Early treatment is recommended to kill head lice and their eggs and to limit school and family contamination.

95% of lice are transmitted through close head to head contact and by sharing objects such as hats, hair brushes, head bands, pillows and towels.

Ensure that you and your household is protected from head lice this season by taking the necessary preventative steps to keep head lice away;

Below are 4 crucial steps to keep your school head lice free:

Avoid sharing clothing, especially hats, ribbons, head bands and helmets
Discourage children from playing with each other's hair
Don't share brushes, combs, towels and pillows
Keep long hair plaited or firmly tied back to prevent contact from other kids

The above tips will help limit the outbreak of head lice at your school. For further information click [download the KP24 head lice fact sheet here](#).

The team at KP-24
KP24.com.au
webenquires@pharmacare.com.au

**OUR LADY OF MT.CARMEL CANTEEN ROSTER :Term 1**

| 19th Feb | Anita Bumell  
| Caroline Dillon  
| Lesley Spiteri | 11th Mar | Alicia Weir  
| Barb O’Brien  
| Teresa Paoly | 26th Feb | Raquel Handley  
| Bec Pietromonaco  
| Trudy Law | 18th Mar | Liz Fahy  
| Bec Pietromonaco  
| Trudy Law | 4th Mar | Michele Shalders  
| Lucy Lavelle  
| Denise Debrincat |

Thank you for volunteering to help in the Canteen, it would be impossible without you! Please arrive at Canteen at approximately 11.00, and your assistance will be required until around 2.30pm. If you have long hair, please tie it back, and remember to sign in at the office before coming to the Canteen. Your lunch will be provided on the day.

**If you are unable to attend on your rostered day** please ring Sally on 0400 384 403, as soon as possible so a replacement can be arranged.

I look forward to seeing you,

Sally Hewitt-Tacey
Getting Kids into Bed

Bedtime and children’s sleep habits can cause nightmares – for parents. Sleep is important for children as it promotes health, wellbeing and learning. Getting bedtime right is also vital so parents get their space and time for themselves and each other. Around nine to 10 hours sleep seems to be a minimum requirement for most ages, even teenagers. Here are some tips that might help get your kids into bed, and keep them there!

1. Decide on a bedtime with your children and stick to it –
   There are no hard and fast rules about appropriate bedtimes – however they should suit parents and children. Discuss appropriate bedtimes with children. Some fail to see it as a biological need – they see it as something opposed on them. You may be amazed by how reasonable children can be when they had the chance to participate in the decision-making process.

2. Establish a 30-minute routine that signals the end of the day – A known routine such as quiet time, drink, toilet and story let children know what is expected of them and enables them to plan accordingly.

3. Reduce over-stimulation – Ensure children engage in passive activities like reading and not computer or video games.

4. Temporary remove distractions at bedtime – Sometimes turning off the TV can be enough to send children and bedtime resistors to bed.

5. For procrastinators, focus on your behaviour – not theirs – Begin reading a bedtime story whether your child is in bed or not – this may encourage them into bed

6. Distinguish between being ‘in bed’ and ‘being in the bedroom’ – Children differ in the amount of sleep they need; it may be more realistic to expect some kids to be in their bedrooms at a set time, rather than in bed. Once away from the adult world, children generally fall asleep fairly quickly. Young children may remain on their beds with a favourite toy or books to keep them occupied before they fall asleep.

7. Resist children’s efforts to involve you – Ignoring calls for assistance with forgotten homework at bedtime. Once they are in bed, ignore requests for ‘one more story’ or drink and demonstrate that you are unwilling to play their ‘keep you busy with them’ games.

8. Avoid sitting with your children until they fall asleep – This may be alright once in a while, but habits are difficult to break.

9. Ignore or return boomerang children to their rooms – Do this with minimum attention. Children will tire of being jack-in-the-boxes when they get little feedback or attention for their behaviour.

10. Make sure you wake them up at the same time each day – If you over compensate by allowing them to sleep later to make up for lost sleep you are encouraging a late sleep pattern.
FINANCIAL ASSISTANCE
INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government’s commitment to breaking the link between a student’s background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

• $125 for primary school students
• $225 for secondary school students.

HOW TO APPLY

Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

MORE INFORMATION

For the CSEF application closing dates and more information about the fund visit www.education.vic.gov.au/csef
Kinda Kinder 2016

In Parish Centre at 101 Riddell Rd, Sunbury
Victoria University students lead children from infant to pre-school with fun, imaginative educational games.
All are welcome to attend.
The program is free to all families.
Please call the Parish Office on 9744 1060 for further information (no bookings required)

Free Community Event

Power by: HumeGreen Events and Sunbury Community Health Centre

Grab a picnic and a blanket and watch a latest release movie on the Village Green

When: Saturday 20th February, 2016
Time: 6:30pm
Food trucks will be on the Village Green if you wish to purchase your food at the venue

Twilight Movie on the Green