

# Newsletter

Thursday, 8 February 2018

## Principal's Message

principal@olmcsunbury.catholic.edu.au

53 Macedon St

Sunbury 3429

☎ 9740 7344

### 2018 Term Dates

#### Term 1

January 29—March 29

#### Easter

( March 30—2 April)

#### Term 2

April 16— June 29

#### Term 3

July 16— Sept. 21

#### Term 4

October 8— Dec.21

### Labour Day

#### Holiday

March 12

Dear Parents,

We are back in full swing and what a great start to the year it has been. The children have all settled in well and I thank you and the teachers for helping to make a smooth transition.

Each family will have received a copy of our Child Safety Code of Conduct. If you have not already done so, please sign this document and return it to school over the next few days.

On Monday and Thursday next week you have the opportunity to meet with your child's teacher to touch base and open up the lines of communication. This is not a progress report, but an opportunity to speak to the teacher about anything you feel it is important for them to know about your child.

Bookings are online at [schoolinterviews.com.au](http://schoolinterviews.com.au). The code is p6mmh

Today we celebrated our Opening School Mass and presented the School Captains and Vice Captains with their badges. This afternoon at a special assembly we presented badges to the House Captains and Vice Captains and the SRC representatives. Congratulations to all of our leaders for 2018. At Mass this Sunday at 10:30 our student leaders and staff will be commissioned by Father Kevin. Everyone is welcome to attend.

#### Our SRC representatives for this year are:

Prep R - Adele Loft

Prep N - Mater Paterra

1/2JM - Mason Ellis

1/2MT - Jack De Bono

1/2H - Luke Bekker

3/4D - Myles Luca

3/4 TC - Chelsea Farrugia

3/4 CC - Ava Loft

5/6R - Fletcher Taranto

5/6ST - Ella McDonald

5/6S - Charlotte Loft

Congratulations to the McMahon family (Austin is in Prep this year) who welcomed their third son, Beau, into the family.

The Coles Sports for Schools Program has begun. If you shop at Coles or Shell please remember to collect your tickets and put in the box in the office foyer. We appreciate your support. Ask family members to do the same.

Our first School Advisory Board meeting will be held on Monday 5th March at 7pm in the staffroom. Our first PTFA meeting will be held on Wednesday 7th March at 7pm, also in the staff room. Our meetings will usually be held on a Monday night but this term is filling up quickly and we don't want to put it off any longer. We need new members of the PTFA so stay tuned for information regarding the AGM.

Attached are some photos from the *Brickvention* 2018 event held at the Royal Exhibition Building during the school holidays. Kai Fitzpatrick was chosen from an Australia-wide pool of LEGO-mad applicants to exhibit his own LEGO creation – 'Noah's Ark'. It took Kai almost 5 months, over 7,500 bricks and lots of mental maths, creativity and re-builds to achieve his end result. Not only was this his 1<sup>st</sup> time exhibiting, he was absolutely delighted to win the prize in the under 13yrs age category for his creation. Kai's LEGO build was judged by master LEGO builders (yes! there is such an occupation)

from America, U.K and Australia and seen by over 2,700 members of the public who attended the expo. It was massive, exhausting and wonderful. Kai engaged with and talk to people from all ages and backgrounds and share with them his enthusiasm for creativity and LEGO. Brickvention is Australia’s premier LEGO fan convention bringing together some of Australia best LEGO builds. <http://www.brickventures.org.au/brickvention>

**Congratulations, Kai!**



IMPORTANT DATES—2018	
<b>February</b>	<b>Term 1</b>
12	Parent/Teacher Interviews 3.30—5.30 pm
14	Ash Wednesday Mass 12.15pm
15	Parent/Teacher Interviews 3.30—7.30 pm
20	Eucharist Registration & Information Session - 7.30 pm
21	Eucharist Registration & Information Session—2.00pm
22	Zone Swimming Carnival
23	Prep Paraliturgy 10.30am
26	Athletics Trials
<b>March</b>	
2	Wellbeing Expo 4—7 pm
5	School Advisory Board Meeting—7pm
7	PTFA Meeting—7pm
12	Labour Day Public Holiday
13—14	Year 3/4 Camp
15	Zone Athletics Carnival
18	Prep Family Mass
19	School Photos
21	School Open Day for 2019 Enrolments
29	End of Term 1—3.15
30	Good Friday
31	Bunnings BBQ
<b>April</b>	
1	Easter Sunday
16	Term 2 begins

# SPLASH PUPIL OF THE WEEK AWARD



Class	Pupil of the week	Has demonstrated the 3 R's
<b>Prep N</b>	All Prep N	For showing resilience toward their work
<b>Prep R</b>	All Prep R	For the wonderful start to the prep year !
<b>1/2 H</b>	Sabrella Aphram	For making a great start to 1/2 H
<b>1/2 JM</b>	Ben White	For his awesome effort with all his tasks
<b>1/2MT</b>	Jai Santos	For being a responsible class member & a great start to year 1
<b>3/4 CC</b>	Kiara Vella	For being amazingly resilient and responsible!
<b>3/4 D</b>	Lindsay Irvine	For a responsible start to the school year
<b>3/4TC</b>	James Formosa	For showing respect to his classmates by offering to assist them.
<b>5/6R</b>	Madeline Dunkley-Price	For her enthusiastic attitude and for being a kind and helpful class member.
<b>5/6S</b>	Franco Pedersoli	For having a responsible and organised start to Year 6!
<b>5/6ST</b>	Ella McDonald	For always exemplifying the 3R's in all that she does.

## PRAYER ROSTER—Term 1

Monday 2.45 pm OLMC Church—ALL WELCOME

Date	Class Presenting Prayer
February 14 (Wed)	Ash Wednesday Mass 12.15
February 19	3/4CC
February 26	1/2 JM
March 19	5/6 S
March 26	3/4TC

# Introducing the OLMC Learning Dispositions

With new technology rapidly advancing the way in which people work and live, children's place in the world is changing very quickly. How do we as parents and teachers prepare our children for a world that is unknown to us?

Education used to be based upon rote learning content. This was a focus upon learning and retaining facts that were thought to be useful for children throughout their lives. Today if you'd like to know the answer to many things you can simply use Google and whilst knowing a certain amount of facts is useful, for example, being able to say the alphabet or recall multiplication facts, our children also need to understand the skills for how they learn and what they can do when faced with something new. This is where the 'Dispositions for Learning' come in.

Learning dispositions are characteristics or attitudes to learning that are life skills. In consultation with parents, students and teachers the dispositions that we have chosen to embed at OLMC are:

**Curiosity   Self motivation   Creativity   Determination   Collaboration**

**Making connections   Reflection   Taking Risks**

As a school we will be learning about these over the term and highlighting when we see them being used in our classroom and school community. Each week we will unpack a disposition a little more in the newsletter.

## ***How can parents help to teach the dispositions at home.***

Parents are powerful teachers of learning dispositions for their children. Rather than give your child the answer to a question help your child to find an answer for themselves. Accept that finding an incorrect answer and recognising that this is not quite correct, is as important as finding the right solution. As a parent it is important to show your child you are learning too. You can learn with and from your child. Parents can model how to cope with trying something new and not quite getting it right first time. For example cooking something new or learning a new skill for work. Model how to celebrate challenge as well as success. If you show a "can do" attitude then your child will do the same. Children who see themselves as someone who tries new things, keeps going when it is hard, knows when to stop and ask for help, and learns from making mistakes are children who will be successful in an unknown world.



## Waste-Free Lunch CHALLENGE

Just a reminder that we have **Waste free Wednesdays** at OLMC. Of course it's even better for the environment if we can do it other days

Please help support us to be environmentally friendly by packing lunches and snacks in reusable containers in order to consume less waste.

Remember this cool rule: Everything in a Waste- Free Lunch can be **EATEN, REUSED, RECYCLED OR COMPOSTED**....there's nothing left over to throw out!



### Pack

- Snacks in reusable containers
- Drinks in reusable bottles
- Food in a reusable lunchbox
- Reusable forks and spoons



### Avoid

- Food packed in plastic bags or clingwrap
- Disposable bottles, cartons and poppers
- Disposable forks and spoons
- Pre-packaged or small serve items such as biscuits, chips, chocolates

# OUR LADY OF MT. CARMEL CANTEEN ROSTER

## TERM 1, 2018

9 <sup>th</sup> Feb	Jodie Sheedy Nicole Petrie Vacancy	9 <sup>th</sup> Mar	Trudy Law Raquel Handley Anna Marinacic
16 <sup>th</sup> Feb	Louise Vasey Rhonda Searle Cathy Carter	16 <sup>th</sup> Mar	Margaret Pietromonaco Leanne Urbon Paula Jarksi
23 <sup>rd</sup> Feb	Michele Shalders Nat Grant Liz Fahy	23 <sup>rd</sup> Mar	Adele Dichiero Dani Caruana Renee Ridington
2 <sup>nd</sup> Mar	Denise Debrincat Vacancy Vacancy		

Thank you for volunteering to help in the Canteen, it would be impossible without you! Please arrive at Canteen at approximately 11.00, and your assistance will be required until around 2.30pm. If you have long hair, please tie it back, and remember to sign in at the office before coming to the Canteen. Your lunch will be provided on the day.

**If you are unable to attend on your rostered day** please ring Sally on 0400 384 403, as soon as possible so a replacement can be arranged.

I look forward to seeing you,

**Sally Hewitt-Tacey**

### SCHOOL UNIFORM NEWS

**SCHOOL HATS** Slouch & Legionnaire styles - \$10 each \*\*limited sizes

**SCHOOL SOCKS** Anklet style sizes 9-12 & 13-3 - \$4.00

Are available for sale from the school office

Cash only—correct money appreciated



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Our Lady of  
Mt CARMEL PARISH PRIMARY SCHOOL

# Health & Wellness EXPO

## We need your **HELP**

The OLMC Student Wellbeing Committee is organising a Health and Wellness Expo to be held early next year to promote physical wellness and offer healthy lifestyles tips.

### SAVE THE DATE

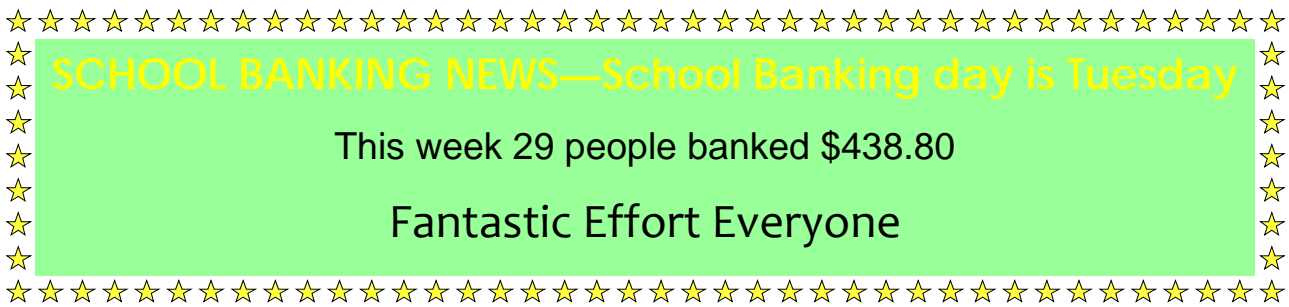
Friday the 2<sup>nd</sup> March 2018 4:00 pm- 7pm

We are now seeking expressions of interest from our school community for anyone who may like to assist in the organisation, marketing, or planning of the Expo. We are also seeking expressions of interest from stallholders in the following areas of interest:

- \* Healthy Eating \* Mindfulness \* Exercise \* Mental Health
- \* Tobacco and Drug Education \* Oral Health \* Sporting Groups
- \* General Health and Wellbeing \* Healthy Options Food Vans

Please contact the Wellbeing Committee at  
[olmcfair2018@gmail.com](mailto:olmcfair2018@gmail.com) for further information.





**SCHOOL BANKING NEWS—School Banking day is Tuesday**

This week 29 people banked \$438.80

Fantastic Effort Everyone



Dear Parents,

The first issue of Ashton Scholastic Bookclub has been sent home today with your child. Throughout the year there will be approximately 8 Bookclub issues. These catalogues provide the opportunity for you to purchase books and other learning related materials at a very reasonable price. Purchases made by our parent community also earn ‘bonus points’ for our school. These points can then be redeemed to obtain books and a wide variety of educational materials for classroom use.

If you wish to place an order there are two ways of doing this. You can fill in the form on the catalogue and return it and the correct money for the item to school (to your child’s teacher) in an envelope marked with your child’s name and grade. If you wish to order online and pay by credit card there are instructions on the order forms for this. If paying by cheque please make all cheques payable to ‘Scholastic Australia’.

All orders for Issue 1 need to be returned, or finalised online, by recess on Thursday 15th February.

If you wish to make a purchase as a gift for your child and do not want them to be given the books to bring home themselves, please write a note and a contact number on the envelope in which you place your order and I will contact you to arrange collection when the materials come in. If ordering online there is a box to tick to indicate it is a gift. These orders can also be given directly to me or left at the front office. (If leaving at the office please make sure that you write details on the envelope if the item is for a gift).

Towards the middle of the year we will also be holding a Book Fair at our school – details regarding this will be sent home closer to the date.

Thankyou

Trish Cairns





## Our Lady of Mount Carmel school Parent-Teacher Interviews

Parent/Teacher Interviews for all students will be held at  
**3.30pm to 5.30pm on Monday 12th February, 2018.**

**3.30pm to 7.30pm on Thursday 15th February, 2018.**

Bookings will open today, Monday 5th February, 2018.

You can book interviews at times that suit your family.

Follow the instructions below

**Bookings will close: Friday 9th February at 4.00pm**

**This a brief meeting with the teacher to discuss your child. Please be aware that each interview is 10 minutes only. If you feel you need more time with the teacher you must make a separate appointment.**

**If you will have a PSG Appointment for your child you do not need to book a Parent Teacher Interview.**

GO TO  
[www.schoolinterviews.com.au](http://www.schoolinterviews.com.au)  
Enter school event code. Then

Enter School Event Code

**p6mmh**



1. Enter your details



2. Choose teachers



3. Choose times



When you click finish, your interview timetable will be emailed to you automatically—check your junk mail folder. If you do not receive your email immediately.

You can return to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) at any time and change your interviews—until bookings close.

*For parents who don't have access to the internet at home, at work, at a friend's house or on their phones, you may send a note to school with the approximate times required, or phone the school on 9740 7344. Interviews are strictly 10 mins and spaces are limited. If you require more time, please contact your teacher directly to make an alternative appointment.*

*Parents can change their interview bookings, any time prior to the closing date, by revisiting the [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) website, and using the event code.*

*Parents wishing to change their interview times after the closing date should contact the school*

# OSHClub

*Before & After School Care*



Dear Families,

Happy New Year and welcome back for another year of OSHClub!

I would love to welcome all the new families who have enrolled into the program. We look forward to meeting you!

I would like to introduce our new permanent after school care assistant, Jodie.

Jodie helped out in term 4 in 2017 and we are so glad she is back.



There are several children with health and allergy requirements at the service. We ask all Parents/Guardians to please make sure updated action plans are given to the Coordinator to copy. If your child requires an

Epi-pen, please make sure the Epi-pen is stored at the service. If you would like a copy of JAG's Anaphylaxis Policy, please feel free to ask the Coordinator.

As it is Term 1 children are still required to wear a hat while being outdoors. OSHClub children have been encouraged to bring a spare sun smart hat and to leave it at the program.

### **Service Contact Details:**

OSHClub customer service & billing team: **1300 395 735**

Service mobile: **0401 850 518**

Email: **[ourladyofmtcarmel@oshclub.com.au](mailto:ourladyofmtcarmel@oshclub.com.au)**

Coordinator: **Chelsea Millardship**

Assistant: **Jodie Harris**



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**\$7**

# BEACH PARTY DISCO



**16TH FEBRUARY  
6 - 8PM**

## SUNBURY MEMORIAL HALL

INT BARKLY & MACEDON STS, SUNBURY  
PRIMARY AGE CHILDREN WELCOME  
CONTACT SUNBURY POLICE STATION 9744 8111



SUNBURY BLUE LIGHT DISCO  
ASK YOUR PARENTS TO LIKE THE PAGE IF YOU ARE UNDER 13



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CONDITIONS OF ENTRY ARE AVAILABLE FROM THE WEBSITE AT [HTTPS://WWW.BLUELIGHT.ORG.AU/CONDITIONS\\_OF\\_ENTRY/](https://www.bluelight.org.au/conditions_of_entry/)



## ENROL NOW TERM CLASSES

**LEARN TO DRAW PORTRAITS**  
Class Level: Beginner  
Tuesdays · 7.00 pm - 8.30 pm

**TO ENROL PHONE: (03) 9740 6978**  
Sunbury Neighbourhood House  
531 Elizabeth Dr, Sunbury 3429



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**YOGA SAVVY**—Find your happy place with yoga at OLMC!

Yoga isn't about everyone else. Yoga is just for you. Your body. Your mind. Your breath. Your spirit.

Term 1 Yoga is underway at OLMC every Monday evening from 7.15-8.15.  
Beginners and casual attendance welcome.

For enquiries ring Joan on 0413 853 797 or go to [www.facebook.com/yogasavvy1](https://www.facebook.com/yogasavvy1)



# Information

# Day



SUNDAY 11 FEBRUARY | 11-2pm

LANGAMA PARK  
MITCHELLS LANE | SUNBURY

*Come down and find out everything  
you need to know about playing for  
Sunbury United FC in 2018!*

- Information on how to register
- Small-sided games
- Meet the committee
- BBQ sausage sizzle!

# WE'RE IN TOWN

Roll up your sleeves  
and give blood



## Sunbury Mobile Donor Centre

Memorial Hall, Barkley Street, Sunbury 3429

Appointments available:

<b>Monday 5 March</b>	12.00 pm – 7.30 pm
<b>Tuesday 6 March</b>	12.00 pm – 7.30 pm
<b>Wednesday 7 March</b>	1.00 pm – 7.30 pm
<b>Thursday 8 March</b>	12.00 pm – 7.30 pm
<b>Friday 9 March</b>	8.00 am – 3.30 pm

**Make an appointment today.**

Call 13 14 95 or visit  
[donateblood.com.au](http://donateblood.com.au)

 Australian Red Cross  
**BLOOD SERVICE**





**PARENTS BUILDING SOLUTIONS**  
**ENJOY THE COMPANY OF OTHER PARENTS BEFORE SCHOOL PICKUP**

**ARE YOU TIRED OF YELLING?**  
How to get kids to listen without having to yell?

**DEALING WITH ANGER**  
Helping parents, helping kids deal with frustration and anger.

**STRATEGIES**  
Discuss and share strategies that work.

**CHILDREN'S SCHOOL**  
Understand the challenges your kids face in School.

**SELF CARE**  
How to cope with stress and emotions?

**WHEN:** Starting Friday 23rd February – 29th March

**TIME:** 1pm – 3pm

**WHERE:** Sunbury Heights Primary Hub, Charter Road East, Sunbury

**COST:** FREE

**For bookings & enquiries contact:**  
For bookings and enquires contact:  
Sharon Ramunno from Sunbury Heights Primary Hub on 97443377

This program is conducted in partnership between Parentzone Northern.



03 9744 3377 | [anglicarevic.org.au](http://anglicarevic.org.au)

BETTER  
TOMORROWS



**PARENTS BUILDING SOLUTIONS - TERM 1 2018**  
**LIVING WITH AUTISM**

**Are you a parent of a child/ren aged 6-12 years who has a diagnosis of autism?**

Join in with this free 6 week parenting program where you will have the opportunity to ask questions about autism spectrum and how this impacts on your child. Parents will be assisted to consider different approaches/strategies to help with parenting.

During the 6 weeks you will:

- Meet with other parents to share ideas and strategies
- Develop skills to further support your child
- Find out about other resources and funding
- Take time to think about how to care for yourself and others in your family

**WHEN:** Monday 19th February - Monday 26th March 6 weeks, one week off for Queen's Birthday

**TIME:** 10am - 12pm

**WHERE:** Coolaroo South Primary School - 52 Bushfield Cres, Coolaroo

**WHO:** Parents and carers of children with autism aged 6 – 12 years

**For bookings & enquiries contact:**  
Joanne 0447 113 513 or 9465 0322

**BOOKINGS ARE ESSENTIAL**



9465 0322 | [anglicarevic.org.au](http://anglicarevic.org.au)

BETTER  
TOMORROWS