

Newsletter

Term 3 Week 7 Thursday, 3 September 2020

Principal's Message principal@olmcsunbury.catholic.edu.au

Dear Parents,

Spring has finally arrived. It is my favourite season for many reasons including the way it gives us renewed hope for what is ahead – longer days and better weather. The sight of blossoms on the trees and flowering bulbs reminds me that there is something to look forward to.

On Sunday we will celebrate Fathers' Day. I would like to wish all the dads, grandpas and other special people in our lives a day filled with love. Thank you for everything you do.



A Father's Day Prayer

God,
Bless all the fathers in the world. Father, we ask that You guide them to be good role models and loving to their children. We also ask that You help them to be a father like You are. Give them grace and patience to handle situations in a loving way.
Amen

I also take time to stop and think about those who have lost their dad or who will not be able to be with them on Sunday.

I am blessed to have the most wonderful dad who has been my rock. We don't agree when it comes to football but we have learned to agree to disagree!

Also on Sunday we should hear some news from Premier Daniel Andrews that we are all waiting for – a roadmap or plan that will see us out of stage 4 lockdown and will hopefully bring back many of the things we are looking forward to. I know you will be longing to hear what will happen with schools, as I am. As I have done in the past, as soon as there is definite information for me to share I will pass that on to you straight away. Be mindful that the Premier will announce plans for government schools and I will need to wait to hear from Catholic Education Melbourne as Catholic schools and government schools can differ. The School Advisory Board is meeting next week to discuss our priorities for term 4. We won't be able to do everything so we want to prioritise within the boundaries of what term 4 may look like.

There is a great deal in the media at the moment about children falling behind, preps repeating and the pressures on families and schools. I just want to remind you that the best place to source information about education is from schools, Catholic Education Melbourne and the Department of Education. There are a lot of opinions out there and not all of them are useful.

As is always the case in term 3, we have had a number of sick students and staff in the past couple of weeks. You may have received a message from your child's teacher that they are unwell and have rescheduled google meets. Where possible, the Learning Support Officers are running some of these meetings but it is not always possible as they also have their own students to work with. Please be patient with us.

Just to clarify, a check in at a morning meeting is not enough for a child to be marked as present. They must complete work throughout the day and share it with their teacher. We understand that this may not take place until later in the day. Otherwise it would be like a child coming to school at 9am and leaving at 9:15. This does not constitute being present at school. Teachers need to see the children are engaged. If your child is not engaging in a school day please let the teacher know early in the day. This includes specialist days. We have a number of families using this as their family wellbeing day. That is ok but just let us know please.

School Address

53 Macedon St
Sunbury 3429
9740 7344

Term Dates

Term 3:

Mon 13th July -
Fri 18th September

Term 4:

Mon 5th October -
Fri 16th December

A reminder that if you or your child are feeling overwhelmed, you can let your child's teacher know they will not be participating in remote learning. It is really important that your wellbeing and the wellbeing of the children comes first.

<https://theconversation.com/to-safeguard-childrens-mental-health-during-covid-19-parents-must-look-after-their-own-143897>

R U OK? Day is next Thursday 10th September. The teachers have a range of activities to use with the students. We are asking students to wear yellow on the day. Feel free to upload photos on Seesaw and remember to ask your friends and family members, "R U OK?". A conversation could save a life.

Ask "R U OK?"

Listen

Encourage Action

Check in

Free resources are available on the website - <https://www.ruok.org.au/>

OLMC Film night is on Friday. I hope you are excited about choosing a movie together. I look forward to seeing your reviews and photos.

I would like to extend a warm welcome to Olivia Laird who has started in 3BC in the past couple of weeks. We are excited to have you in the OLMC community.

Happy birthday to the following children who have a birthday this week. September is the best month for a birthday!

Matilda McKay

Mason Cahill

Cooper Shalders

Vianne Falzon Pout

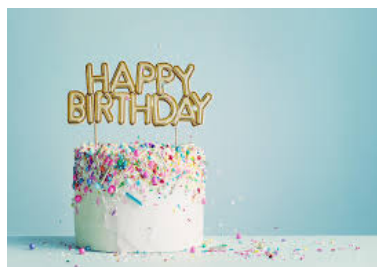
James Formosa

Andrew Martino

Mater Paterra

Ellie Bonnitcha

Emily Browning



On Sunday we celebrate the 23rd Sunday in Ordinary Time:

Gospel

Matthew 18:15–20

If your brother listens to you, you have won back your brother.

God Bless,

Julie



WE'RE TAKING IT IN OUR STRIDE ON FRIDAY, 11 SEPTEMBER 2020

Dear Parents

National Walk Safely to School Day 2020 on Friday the 11th of September is a reminder to all Victorians that **ACTIVE KIDS ARE SMARTER KIDS**.

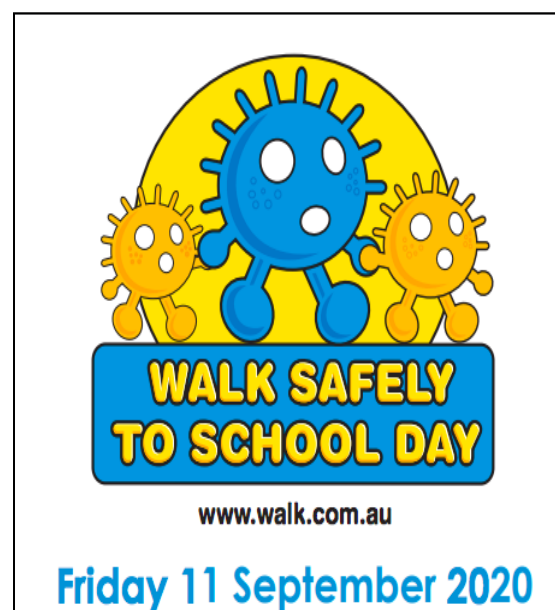
While the event can't go ahead as it previously has in Victoria due to Stage Three and Four restrictions, the event's objectives are a timely reminder to all children and adults that walking regularly significantly improves physical and mental health and general well-being and can also benefit the environment.

Next week, as part of their learning, students will have the opportunity to learn about the benefits of walking for both themselves and the earth. As Catholics, we are called live out the message of Pope Francis' Laudato Si letter which states "The environment is God's gift to everyone, and in our use of it we have a responsibility..." and walking instead of driving (if possible) is a great way to help the earth as well as keep active.

On Friday the 11th of September, the community of Our Lady of Mount Carmel is invited to participate in this event. To join in all you need to do is go for a walk with your child. It could be walking around the block, in the park, up and down the stairs, to the shops or with your dog (if you have one). There will be a See-Saw activity for you to post a photo to on the day.

All participants will receive a certificate.

Have fun, be safe and walk plenty in 2020!





Father's Day

Please send through photos, artwork, poems and special messages to celebrate our fathers to -

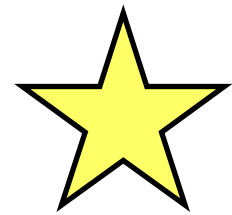
jfreeman@olmcsunbury.catholic.edu.au – by the 3rd September.



OLMC'S Got Talent

Please send through OLMC'S Got Talent submissions by September 3rd to -

jfreeman@olmcsunbury.catholic.edu.au



OLMC Family Film Night - Friday September 4th

Walk Safely to school Day - Friday September 11th (see flyer in newsletter)

DYSLEXIA DEMYSTIFIED PRESENTS

DYSLEXICS CONQUERING ONLINE LEARNING

Ashleigh Brooks and Jemima Hutton are two highly successful dyslexic students who have developed many unique strategies to navigate their academic difficulties. Both graduated with ATARs above 95 and while attending university, are passionate about helping younger students to embrace their dyslexia and utilise their strengths to achieve their goals. In this webcast, they are excited to share with you their top study strategies and organisational tips for success with online learning.

Thursday 10th September
7pm - 8pm
Hosted on Zoom

BOOK NOW!
<https://www.trybooking.com/BLGKT>

FREE 15 MINUTE CONSULTATION

- FIRST SESSION: \$80 PER HOUR
- ALL SUBSEQUENT SESSIONS: \$60 PER HOUR

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HAMISHROWLAND@OPTUSNET.COM.AU

BOOK JEMIMA: <https://dyslexiademystified-jemima.youcanbook.me>

BOOK HAMISH: <https://dyslexiademystified-hamish.youcanbook.me>

DYSLEXIA DEMYSTIFIED

DYSLEXIA MENTORING

HELPING STUDENTS SOLVE THE 10-PIECE EMPOWERMENT PUZZLE

Dyslexia Demystified's mentoring program has been developed to provide flexible sessions (via telephone or zoom) for students and/or parents.

You will be assisted along your journey by dyslexic individuals who have survived and thrived in the current education system. We provide support for students in year 4 & above.

TAILORED LEARNING STRATEGIES
METACOGNITION LEARNING ABOUT LEARNING
SELF-ADVOCACY
BUILDING CONFIDENCE & RESILIENCE
FINDING YOUR PASSIONS
ACCESSING SCHOOL SUPPORT
ORGANISATION
ASSISTIVE TECHNOLOGY
GOAL SETTING
PLANNING FOR YOUR FUTURE