



Newsletter

Term 2 Week 11 Thursday, 28 June

Principal's Message

principal@olmcsunbury.catholic.edu.au

Dear Parents,

I would like to thank our staff, students and parents for all the contributions they have made to a successful Term 2. I hope the staff and students have a restful break. For those families heading away, have a happy and safe trip and enjoy the time you have together as a family.

Next year, as part of our Japanese program, we will be welcoming some Japanese students into our school and we will be looking for some host families. Please think about becoming a host family and let me know if you are interested. More information will follow but this is what we know so far:

They are planning to visit Melbourne from July 27th to August 5th 2019.

They will be taking 14 students who are aged around 13/14 for this home stay trip.

They would like to have 14 families from our school for the students.

The students will stay with our host families the whole time and spend time with them and spend time at our school for 3 days. One reason for choosing to do their home stay at a primary school is because Japanese students can be a little shy and slow to open up.

Being around younger children for 3 days will immerse them in English and bring them out of their shells, because "little kids don't care about language ability and quickly make friends and welcome strangers. And they talk a lot!"

We are looking at having a working bee at school in the spring. In the mean time, if you are able to spare some time during school hours to help with some garden maintenance, please let me know. I am also looking for someone who would be interested in running a lunch time chess club. A Working With Children check is required for all volunteers.

Once upon a time there was a lovely teacher called Mrs Lethlean who taught the children how to be better readers. Mrs Lethlean taught the children all about Fairy Tales and they read and rehearsed every day. One day the children invited their parents and grandparents and other students to come and listen to the Fairytales. They performed Cinderella, Sleeping Beauty, The Elves and the Shoemaker and Little Red Riding Hood. They were wonderful. The families were very impressed and cheered and clapped. And they all lived happily every after.

53 Macedon St
Sunbury 3429
9740 7344

2018 Term Dates

Term 1

January 29—March 29

Easter

(March 30—2 April)

Term 2

April 16— June 29

Term 3

July 16— Sept. 21

Term 4

October 8— Dec.19

School
Closure Day
TERM 3
August 3



One of the best things we can promote in children is an optimistic attitude. Optimism is great for promoting positive wellbeing and inoculating children against depression, but we can go one better and promote a sense of hope. Optimism focuses on thinking, while hope focuses on action. Children without hope don't try, have poor relationships and appear helpless. Hopeful children set goals, work hard and experience success.

Further information can be found at:

https://www.parentingideas.com.au/2018/06/hopeful-kids-are-happy-kids/?utm_source=Blog+Subscribers&utm_campaign=c020529042-EMAIL_CAMPAIGN_2018_06_25_10_21&utm_medium=email&utm_term=0_f488c60967-c020529042-187842009&mc_cid=c020529042&mc_eid=098ed7d5e6

I found an article about online gaming that you may be interested in. While it was targeted at teenagers, there are many of our students who are big gaming fans:

Generation Next recently wrote an article on their blog highlighting the growing issues of addiction to gaming among young people. In the article, it was noted that 'gaming addiction, also known as gaming disorder, was recognised by the WHO

(World Health Organisation) for the first time in January this year and UK Addiction and Treatment Centres (UKAT) have seen a 300% rise in the amount of admissions where gaming addiction is part of an adult's reason for treatment since 2014.

With games like Fortnite and Minecraft growing in popularity among young people, how can parents know if their child's gaming has become a problem that needs addressing?

It is a major issue for parents when children are determined to play games on devices rather than spend time with friends and family, when they avoid doing homework or playing sport to play online or console games and generally withdraw completely due to the nature of the games and how often they are playing them.

Parents are often blamed for allowing children to play them too often and there are varying opinions on how often you should allow children to play games online.

The Generation Next article suggests, 'A teen developing an interest in gaming is not cause for alarm, as studies suggest that gaming disorder affects only a small proportion of people who engage in digital – or video – gaming activities. But parents should be vigilant for signs that gaming is becoming a compulsion.

According to psychologist Dr Linda Papadopoulos, "The problem arises when children and teenagers start to neglect other areas of their lives in order to play online games, or when the only way they can relax is by playing games – as over time a child may start to turn to video games as a way of coping with difficult life issues."

Another challenge is when children turn to games to combat boredom, their brains become so used to being stimulated that they don't cope when they have nothing to do. This is when parents can suggest other activities or down time to get them used to less stimulation and using their imaginations. This can then provide a balance between being entertained by the convenience of games to thinking of ways to entertain themselves in other ways that encourages them to think and be creative.

This Sunday we celebrate the 13th Sunday in Ordinary Time:

Mark 5:21-43

Young girl, I say to you, arise

When Jesus had crossed in the boat to the other side, a large crowd gathered round him and he stayed by the lakeside. Then one of the synagogue officials came up, Jairus by name, and seeing him, fell at his feet and pleaded with him earnestly, saying, 'My little daughter is desperately sick. Do come and lay your hands on her to make her better and save her life.' Jesus went with him and a large crowd followed him; they were pressing all round him.

The term ends tomorrow at 3:15pm. Enjoy the holidays and I look forward to seeing you next term.

Julie

SPLASH PUPIL OF THE WEEK AWARD



Class	Pupil of the week	Has demonstrated the 3 R's
Prep N	Bradley Spark	For being a good friend and always including others.
Prep R	Amelia Wadden	For being a responsible learner and being determined to finish all set tasks.
1/2 H	Ava Lethlean	For showing a great mindset of collaboration throughout Term 2.
1/2 JM	Andrew Martinho	For an amazing effort in writing and challenging his personal best! Awesome effort Andrew!
1/2MT	Noah Smith	For working responsibly and using the disposition of curiosity to find out all about stars
3/4 CC	Henry Mentor	For showing self-motivation and being engaged in all classroom tasks and activities.
3/4 D	Jamie Lacy	For working hard to be a more respectful class member.
3/4TC	Steven Pucar	For always working cooperatively with others
5/6R	Luca Stella	For his valuable and insightful contributions to class discussions. Well done Luca!
5/6S	Harley DeTravers	For being a persistent and determined learner who willingly takes on feedback.
5/6ST	Olivia Barnes	For a super effort all this term.

BOOK WEEK PARADE!!

OLMC is having it's Annual Book Week Parade on **Monday the 27th of August**. Students have the choice to dress up as a book character. The holidays might be a good time to get costumes organised as the parade will sneak up on us. Look forward to seeing all the wonderful costumes.

Shelley Ellis

Connor's Superheroes Expo - June 21st 2018

Connor has read many Superhero books and written a lot of information that he has learned about them. He has so much knowledge of Superheroes and agreed to share this with other children from OLMC. He worked very hard to set up the expo and lots of children who share his interest in superheroes, came to join in the activities. It was great to see them having lots of fun together. **Mrs Lethlean**

The Superheroes Expo was great! I painted a picture of Spiderman. All you had to do is get a paintbrush and paint over the dots and colour comes up. The dress ups looked amazing and the posters looked real. Please do it again Connor! **by Henry**

It was great and please put it on again Connor! It was the best thing ever. It was as good as infinity! **by Nicholas**

The superheroes expo was sooooo good! PLEASE put it on again. It was... I can't say how good... **THAT** good!!! The costumes were so amazing! I dressed up in a Spiderman costume. Please do it again Connor. **by Nash**

Connor, the expo was amazing. You did a great job. It was so much fun. You did a lot. There were lots of things to do. The costumes were a lot of fun. **by Kiara**

I dressed up as Captain America and Superman. I also did a set of Spiderman. I played with Connor and Max and I matched names with your information. I loved it! Please do it again! **by Ben**

War Machine is Tony's friend. He was at the expo. I played with him. **by Paul**

When I was at the expo I played with the toys. It was awesome when I played with Spiderman. Spiderman was shooting webs at Batman. **by Jesse**

Batman goes in the shadows to capture the bad guys. To get close to the bad guys, he uses his grappling hook. **by Jack**



Please put the following dates to remember in your diary

IMPORTANT DATES—2018	
	Term 2
June	
28	Parent Teacher Interviews—3.30– 7.30pm Book Fair in the LRC - 3.15—7.00 pm
29	End of Term 2 — 3.15 finish
	Term 3
July	
16	Term 3 Commences
20	OLMC Feast Day Mass—9.30am
August	
3	School Closure Day
27	Book Week Parade

OUR LADY OF MT. CARMEL CANTEEN ROSTER TERM 2, 2018

29 Jun	Cathy Carter Caroline Dillon
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Thank you for volunteering to help in the Canteen, it would be impossible without you! Please arrive at Canteen at approximately 10.45, and your assistance will be required until around 2.15pm. If you have long hair, please tie it back, and remember to sign in at the office before coming to the Canteen. Your lunch will be provided on the day.

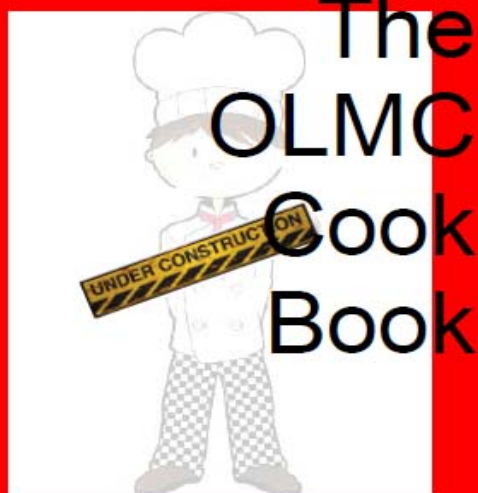
If you are unable to attend on your rostered day please ring Sally on 0400 384 403, as soon as possible so a replacement can be arranged.

I look forward to seeing you,

Sally Hewitt-Tacey

SCHOOL BANKING NEWS—School Banking day is **Tuesday**
 This 34 students banked \$166.00
SUPER SAVINGS EFFORT EVERYONE
 The School receives 5% of all deposits from the Commonwealth Bank, so thank you to all who bank regularly and we encourage new deposits so we can raise more funds for our School!

OLMC Special Christmas Fundraiser



'Calling all avid OLMC Chefs & Passionate Cooks,'

We are in the midst of producing our very first OLMC cookbook that will be published & ready in time for purchase for Christmas.

The success of this book heavily relies on our school community's involvement & without your input, this cookbook will not succeed.

Recipes of all types & yumminess, old & new are needed. Each recipe submitted will be showcased in a superbly published keepsake cookbook & will be treasured for years to come.

It's time to dust off your tried, tested & loved recipe's & don't hold back on those really good, secret one's either!

We will be ready to roll in the 1st week back in term 3, so put those Chef Thinking Hats on & WATCH THIS SPACE.....

Have a happy & safe school holidays

Lauren & Olivia

****SAVE THE DATE****



OLMC PARENTS & FRIENDS SOCIAL NIGHT
'Rock of Ages'

SATURDAY 13TH OCTOBER
7pm- St Anne's Parish Centre

Featuring 'Colorblind' The Band
Games & Prizes
Tables of 10- \$5 Per Person
BYO Nibbles & Drinks
More information to follow

GreetingsIsland.com

OUR LADY OF MT. CARMEL CANTEEN ROSTER

TERM 3, 2018

20 th Jul	Belinda Falzon-Pout Danielle Wadden Skye Hewatt	24 th Aug	Adele Dichiero Danni Caruana Vacancy
27 th Jul	Cathy Carter Rhonda Searle Caroline Dillon	31 st Aug	Nicole Petrie Melissa Misiti Vacancy
3 rd Aug	School Closure Day	7 th Sept	Michele Shalders Nat Grant Erin Thompson
10 th Aug	Melanie Caccamo Paula Jarski Vacancy	14 th Sept	Emma Clements Antoinetta Preston Liz Fahy
17 th Aug	Jade Grech Renee Ridington Rebecca Luca	21 st Sept	Louise Vasey Nance Carlyle Kelly Loft

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I look forward to seeing you,

Sally Hewitt-Tacey

SCHOOL UNIFORM NEWS

SCHOOL HATS Slouch & Legionnaire styles - \$10 each

SCHOOL SOCKS Anklet style sizes 9-12 & 13-3 - \$4.00

Available for sale from the school office **Cash only**—correct money appreciated



ABN: 53 317 404 573

AGS Pty Ltd
Wholesalers of Quality Schoolwear & Uniforms
In house Design & Printing
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ADDRESS: 133 BAKERS ROAD
NORTH COBURG
VIC, 3058

PHONE: 03 9354 8345
FAX: 03 9354 5777
E-MAIL: info@agsprints.com.au

COMMUNITY NEWS

New/returning Programs for Term 3 - Sunbury Neighbourhood House
Ring us on 9740 6978 to secure your spot now!




Messy Play



***NEW* Monday 10-11:30**
***FULL* Tuesdays & Friday 10-11:30**
Facilitated group.
Messy, sensory & fun play for children and parents!
Cost- \$75 per family

PH: 9710 6978
Booking required with payment




LEARN TO DRAW PORTRAITS

TERM 3 CLASSES
8 Week course starting 31 JULY
Class Level: Beginner
\$120.00 Term

TUESDAYS
7.00 pm - 8.30 pm

TO ENROL PHONE: (03) 9740 6978
Sunbury Neighbourhood House
531 Elizabeth Dr, Sunbury 3429



WACKY WINTER CARTOON WORKSHOPS

KIDS - TEENS - ADULTS (BYO sketch book and pencil case AND snack)

GET READY TO DRAW!

with Cartoonist Brett Cardwell (Cardytoons)



1 Day Only! Tues. 10th July Book now

1# Learn to draw CARTOON BASICS
10am-11am Cost \$15

2# Learn to draw CARTOON CHARACTERS
11:30am-12:30pm Cost \$15




Dromkeen Gallery & Tearoom
1012 Gibberne-Kinnere Rd
Riddell's Creek Vic 3431
Bernadette Joiner
dromkeen.com.au mc 0432 282 704 ph: 5428 6799

Cardytoons
Little Owl BOOKSHOP

Bookings Essential:
Brett Ph: 0411 351921
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bernadette@dromkeen.com.au