



# Newsletter

Term 1 Week 9 Thursday, 25 March 2021

## Principal's Message [principal@olmcsunbury.catholic.edu.au](mailto:principal@olmcsunbury.catholic.edu.au)

Dear Parents,

### School Address

53 Macedon St  
Sunbury 3429  
9740 7344

The Easter Raffle has been a huge success. Thank you to everyone involved in preparing and donating! Over \$1400 was raised. Our fundraising focus this year is our school grounds and creating gardens that can be used for a variety of purposes.

The Hot Cross Buns have also been popular with 120 packets being ordered. I will let you know our final profit once the figures come through. Thank you to everyone involved. Christine DeVeth has volunteered her time to be the P&F treasurer. Thank you Christine.

Tonight we are holding our very first "Buddy Picnic" for the year 5 and prep families. Thank you to everyone who is able to attend. The children are very excited and the response has been fantastic. Please remember to bring your own chairs and dinner. It looks as though we will not be able to use the green area so we will either be inside or outside on the quiet area.

### School Closure Days

#### Term 1

Friday 26th  
March

#### Term 2

Friday 25th  
June

#### Term 3

Thur 16th & Fri  
17th September

#### Term 4

Mon 1st  
November

Students from year 4-6 have been selected to represent OLMC at the Sunbury District Athletics Carnival. This was due to happen today but because of the weather will now take place next Tuesday. Good luck to all the team members.

Our next major events are the Bunnings BBQ on the 3<sup>rd</sup> April and the Colour Run on the 23<sup>rd</sup> April. If you haven't yet put your name down to help with the BBQ but would be able to assist, please let me know as soon as possible. We particularly need helpers for the afternoon sessions. Again, thank you to our wonderful parents for volunteering to run these events. They couldn't happen without you.



The Sunbury Little Athletics season ended last weekend and Zane Tomasini was awarded a trophy for coming 1st place overall in U10 boys for the season. Congratulations, Zane!

This week we celebrate Palm Sunday.

**Gospel**

Mark 14:1–15:47



Palm Sunday is the final Sunday of Lent, the beginning of Holy Week, and commemorates the triumphant arrival of Christ in Jerusalem, days before he was crucified.

During Palm Sunday Mass, palms are distributed to parishioners who carry them in a ritual procession into church. The palms are blessed and many people will fashion them into small crosses or other items of personal devotion. These may be returned to the church, or kept for the year. In the Gospels, Jesus entered Jerusalem riding a young donkey, and to the lavish praise of the townspeople who threw clothes, or possibly palms or small branches, in front of him as a sign of homage. This was a customary practice for people of great respect.

Palm branches are widely recognized symbol of peace and victory, hence their preferred use on Palm Sunday. The use of a donkey instead of a horse is highly symbolic, it represents the humble arrival of someone in peace, as opposed to arriving on a steed in war.

**A reminder that tomorrow is a school closure day. There is no school for the students. Staff will be onsite preparing for our school review.**

Happy Birthday to the following children who are celebrating in the coming week:

Alana Dixon

Cody Najda

Lenny Lepua

Bella Scerri

Hannah Zudetich

Isabella Camarano

Alan Liang



God bless

Julie

*The OLMC community is committed to the safety, wellbeing and protection of all children in our care. At OLMC we strive to maintain a child safe and inclusive environment where each child feels safe and free to enjoy the day to the full without any concern for their safety. The wellbeing of all children in our care will always be our first priority.*

**School Absences:** [absent@olmcsunbury.catholic.edu.au](mailto:absent@olmcsunbury.catholic.edu.au)

# SPLASH PUPIL OF THE WEEK AWARD



| Class          | Pupil of the week  | Has demonstrated the 3 R's  |
|----------------|--------------------|---|
| <b>Prep JR</b> | Kieran Nevin       | For showing our school values of responsibility and respect regularly in class. Well done Kieran!   |
| <b>Prep MR</b> | Annika Haines      | For being an outstanding reader for our Palm Sunday presentation. Amazing Annika  |
| <b>1H</b>      | Maggie McClafferty | For being a responsible learner when working on her spelling activities using the graph /y/ making the sound 'i'. Your sentences are amazing! Keep up the great work Maggie:) |
| <b>1R</b>      | Xavier Nannery     | For using expensive words in his writing to describe a Troll.   |
| <b>2AF</b>     | Charlie Dixon      | Asking questions and using his time wisely to complete learning tasks. Keep working hard and making good choices. Well done Charlie on a great week.                          |
| <b>2J</b>      | Tillie Kilkenny    | For showing resilience and going out of her comfort zone to give things a go.   |
| <b>3BC</b>     | Mater Paterra      | For being a determined and responsible learner who tries different ways to improve his learning   |
| <b>3CC</b>     | Abbey Nicholls     | For being a risk taker and challenging herself with her learning. Keep up that awesome effort Abbey!  |
| <b>4PS</b>     | Evie Lavelle       | For consistently putting in a terrific effort with her work and being willing to challenge herself with her learning.   |
| <b>4ST</b>     | Madilyn Grech      | For being a self-motivated learner by pushing herself to do her best  |
| <b>5/6C</b>    | Liam Russell       | For using the learning disposition of determination when creating models of 3D shapes to explain volume.  |
| <b>5/6MT</b>   | Roman Stella       | For his responsible nature and showing the disposition of self motivation by acting on feedback to improve his writing!   |
| <b>5/6 R</b>   | Isla Lavelle       | For showing her skills as a House Leader. Isla has collaboratively planned, executed and participated in the project compassion walkathon.                                    |

## 2021 Important Dates

|            |                                    |
|------------|------------------------------------|
| March 25   | Prep & Yr 5 buddy picnic           |
| March 26   | <b>School Closure Day—Tomorrow</b> |
| March 30   | Interschool Athletics carnival     |
| April 1    | End of Term 1—3.15 pm finish       |
| April 3    | OLMC Bunnings sausage sizzle       |
|            | <b>Term 2</b>                      |
| April 19th | Term 2 starts                      |

## Prep 2022 Enrolment Timeline

|                    |                                    |   |
|--------------------|------------------------------------|---|
| April 30th         | Prep Enrolments close              |   |
| May 12th 14th 18th | Prep Interviews— new families only | Upon application families can book a time |
| May 28th           | Prep letters of offer sent out     |   |

### 2021 Term Dates

|        |  |
|--------|--|
| Term 1 | 27 January — 1st April (Easter 2—5 April)        |
| Term 2 | 19 April — 25 June                               |
| Term 3 | 12 July — 17 September                           |
| Term 4 | 4 October — December 15 (students finish 1.30pm) |

### School Banking News:

School Banking day is Tuesday  
This week 7 students banked a total amount of \$45.00.  
Well done !!

## School Uniform News

School Hats (\$10) and Bottle Green socks (\$5) are available for sale from the school office.

Correct money appreciated please.

**A reminder** to label all school uniform items especially jumpers & rugby tops and food/drink containers with your child's name. This will help stop the vast amounts of these items that end up in lost property.



ABN: 53 317 404 573

**AGS Pty Ltd**  
Wholesalers of Quality Schoolwear & Uniforms  
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PHONE: 03 9354 8345  
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E-MAIL: [info@agsprints.com.au](mailto:info@agsprints.com.au)

## Project Compassion Water Walk

On the 22nd of March, we had a Project Compassion water walk. We had buckets, milk cartons and juice bottles and walked around the school. The goal was to reach 30 laps because that is the distance people have to walk everyday just to get water. The house leaders would just like to thank the parents, students and teachers for participating in the water walk and also the parents for the generous donations. We raised \$409.60c... how amazing is that!!!!

We hope you enjoyed this event and learnt more about the struggles people face everyday.



# YEAR 7 2023 APPLICATIONS

Salesian College Sunbury



Salesian College  
SUNBURY

## TO PARENTS OF STUDENTS CURRENTLY IN GRADE 5

Here at Salesian College Sunbury we are proud of our relationship with Our Lady of Mount Carmel Primary School. We work together to provide a quality Catholic education to the young people of Sunbury and surrounds. We celebrate life and faith, prepare students to contribute positively, and provide opportunities to achieve excellence.

We would love to see you as part of our Salesian family. Did you know that now is the time to apply for a place at Salesian College Sunbury in Year 7 2023? Applications are being accepted and close on Friday 20 August 2021.

[Visit our website, or click here to apply.](#) The online application form can be started, saved, and completed at any time. I invite you to visit our College website for all other information.

Our website also features a [virtual tour](#) where you can explore what makes us so unique and 'A Home that Welcomes'.

First round interviews for Year 7 2023 places will be conducted in early September and offers will go out in October. An interview booking link will be supplied to all applicants soon after the closing date.

If you require further information, please contact our College Registrar (details below).

**Mark Brockhus**  
Principal - Salesian College Sunbury

## BOOK A TOUR



## MEET & GREET



**CATHOLIC SCHOOLS, ONE COMMUNITY**

[salesiansunbury.vic.edu.au](http://salesiansunbury.vic.edu.au) | 03 9744 0000 | [registrar@salesiansunbury.vic.edu.au](mailto:registrar@salesiansunbury.vic.edu.au)



## BUTTERFLY MINDFULNESS

*Butterfly mindfulness provides mindfulness for all. Mindfulness and meditation are wonderful skills to assist minimising and better managing stress and anxiety. Butterflies symbolise transformation, hope and change.*

**Cost: \$300**

**Commencing: Thursdays,  
29th April 2021**

**Time: 4 pm.**

**Please contact Joanne for more  
information on  
0403 877 809**

## PEACEFUL KIDS PROGRAM

The Peaceful Kids Program is an 8 week evidence based program for a small group of 4-6 primary school aged children. (8 - 12 years)

A group of selected children participate each week for approximately 1 hour.

Sessions are facilitated and children learn a range of mindfulness strategies as well as meditations and positive psychology exercises.

They work through many different activities each week and are also provided with links to information and specialised mindfulness activities and meditations to practice at home.

## PROGRAM CONTENT

During the 8 week program some of the children will learn:

- Basic theory on Mindfulness and how it affects the brain
- Different ways to practice and integrate mindfulness into their lives
- How their feelings relate to anxiety and stress levels
- How to understand anxiety and how it relates to them personally
- Understanding triggers of stress and how to calm down when feeling this way
- Different types of thinking that increase or lessen anxiety
- Creating a balanced lifestyle including chill out time and being in the flow.

**Goonawarra Neighbourhood House  
8 Gullane Drive, Sunbur  
9740 6627**



The program cost includes a preliminary parent session that will explain what children will experience each week.

**OPEN FOR REGISTRATION**

# FUTSAL TRAINING TERM 2

**FUN PROGRAMS WITH FREE TRIALS UPON REQUEST**

**AGES 3-16**

**BEGINS 24TH OF APRIL**  
8 SESSIONS FOR TERM REGISTRATION

**TRAINING PROGRAMS**

- Tiny Tots (3 - 6 year olds)
- Under 8
- Under 10
- Under 12
- Under 14
- Under 16
- Goal Keeper Training

**SUNBURY FUTSAL**

CALL SIMON 0431368631 | SUNBURYFUTSAL.COM