

#### <mark>Newsletter</mark>

Term 2 Week 10 Thursday, 22 April 2021

Principal's Message principal@olmcsunbury.catholic.edu.au

Dear Parents,

#### **School Address**

53 Macedon St

Sunbury 3429

9740 7344

Welcome back to term 2. I hope you had a lovely Easter and were able to spend some time relaxing as a family. Our first big event of the term is the working bee on Saturday morning between 9 and 11am. Many hands make light work so please come along with your shovel, blower vac, etc.

This Sunday is ANZAC Day: A national day of remembrance held in Australia and New Zealand on 25th April every year. The day commemorates the soldiers who served and died at Gallipoli in World War I. We come together, in person and in spirit, to commemorate the men and women who have served our nation in all wars, conflicts, and peacekeeping operations.

#### School Closure Days

#### Term 1

Friday 26th March

Term 2

Friday 25th June

Term 3

Thur 16th & Fri 17th September

Term 4

Mon 1st November The President and members of the Sunbury RSL and invited as to attend their Commemoration and Wreath Laying Ceremony on Sunday 25th April. We will meet at the Post Office at 9:40am to begin the march. Everyone is welcome. The School Captains will lay the wreath during the ceremony.



Congratulations to Mitchell Lane in Year 6 who has advanced to the State/Territories Finals of the Prime Minister's Spelling Bee! The next round is on April 29<sup>th</sup>. Good luck, Mitchell.

We have a new member of our OLMC community, a baby sister to Harry Cronk in year 2 Congratulations, Nadia and David on the arrival of Emma Elizabeth.

A reminder that we will transition into the winter uniform over the coming weeks. Please ensure your child is not wearing runners on days they do not have sport.

Three of our students had their artwork on display at the MACS Creative Arts Exhibition a few weeks ago. Xavier Nannery, Matilda Griffiths and Emma Derriman's work can be seen below. Congratulations on having your art work exhibited!





#### <mark>N e w s l</mark> e t t e r

Term 2Week 10 Thursday, 22 April 2021

Principal's Message - continued

What an exciting term we have planned. Please remember to register for the Colour Run. Here is a calendar of events:

#### **APRIL**

24th April – Working Bee at school 9-11am

25<sup>th</sup> April – ANZAC Day March and ceremony – families to meet at the post office at 9:40am.

#### MAY

3<sup>rd</sup> May – District Cross Country

4<sup>th</sup> May and Thursday 6<sup>th</sup> May – School Review

5<sup>th</sup> May – Reconciliation for year 3 and 4 students

6<sup>th</sup> May – Mothers Day Stall

7<sup>th</sup> May – Mothers Day breakfast – TBA

10<sup>th</sup>, 11th and 12<sup>th</sup> May – NAPLAN for year 3 and 5 students

14<sup>th</sup> May – Colour Run

24<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup> May – Year 5/6 Camp

#### JUNE

14<sup>th</sup> – Queen's Birthday holiday

15<sup>th</sup> and 16<sup>th</sup> – Parenting in Faith for Year 4 Eucharist

22<sup>nd</sup> and 24<sup>th</sup> June – Parent teacher conferences

24<sup>th</sup> June – End of term 3 – 3:15pm finish

25<sup>th</sup> June – School closure day – Staff professional learning day



Happy Birthday to the following children who are celebrating this week:

Teagan Stephens-O'Brien Jake Nicholls Tyler Vitaljic

Harvie Paterra

On Sunday we celebrate the 4<sup>th</sup> Sunday of Easter.

John 10:11-18

The good shepherd is one who lays down his life for his sheep.

#### Reflection:

I am being invited to trust Jesus in all the events of my life. I think about those areas of my life where I find it hard to trust God. I talk to Jesus about these things, and I listen to what he says to me.



The OLMC community is committed to the safety, wellbeing and protection of all children in our care. At OLMC we strive to maintain a child safe and inclusive environment where each child feels safe and free to enjoy the day to the full without any concern for their safety. The wellbeing of all children in our care will always be our first priority.

**School Absences:** absent@olmcsunbury.catholic.edu.au

#### Scholastic Book Club News

Hi Parents and caregivers

I would like to thank all those parents who ordered books from Scholastic Book Club for their children last term. For each order the school gains points and is able to buy rich texts for the children to borrow from the library.

Even last year with the Covid lockdown, we were able to get \$500.00 worth of great picture books. Reading aloud to your children is one of the indicators of success in school and then in life. It improves not only their vocabulary, teaches them how to read like an experienced reader and by discussing the book, you build your children's comprehension. I used to like doing all the voices.

I would also like to encourage you to order via the Loop and pay by card. The Loop can be reached at https://mybookclubs.scholastic.com.au/parent/login.aspx

There is a document for parents. Or you could ring Scholastic on 1800 021 233

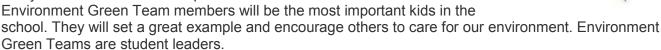
This reduces the time involved for ordering and ensures that the books are paid for.

Thank you for supporting the school through the Scholastic Book Club.

**Evelyn Pickering** 

## OLMC Primary School Environment Green Team





Students in this team will also have the responsibility of taking care of the recycling and organics at our school. If you would love to be involved, please write a short paragraph explaining what you could do to help the environment and send your application to Mrs Freeman. Mrs Sfyris will coordinate the team.

#### 2021 Important Dates

| ı | 2021 important bates |  |  |  |  |
|---|----------------------|--|--|--|--|
|   | 2021 Term Dates      |  |  |  |  |
|   | Term 1               | 27 January — 1st April (Easter 2—5 April)        |  |  |  |
|   | Term 2               | 19 April — 25 June                               |  |  |  |
|   | Term 3               | 12 July — 17 September                           |  |  |  |
|   | Term 4               | 4 October — December 15 (students finish 1.30pm) |  |  |  |
|   |                      |  |  |  |  |

|                    | Prep 2022 Enrolment Timeline       |   |  |  |  |
|--------------------|------------------------------------|---|--|--|--|
| April 30th         | Prep Enrolments close              |   |  |  |  |
| May 12th 14th 18th | Prep Interviews— new families only | Upon application families can book a time |  |  |  |
| May 28th           | Prep letters of offer sent out     |   |  |  |  |



1800 FUN RUN (386 786)
INFO@SCHOOLFUNDRAISING.COM.AU
SCHOOLFUNDRAISING.COM.AU

The Fundraising Group (Australia) Pty Ltd ABN 44 090 756 488

Dear Parent/Guardian,

We will be holding the *School Fun Run* as a major fundraising event this year on **Friday 14th May, 2021.** We're doing it to raise much needed money for Improving the gardens and landscaping at Our Lady of Mount Carmel.

#### **About the Day**

The School Fun-Run BIG SHOW is all about Fun! There will be huge inflatables, and you will get to meet Chase the Cheetah! Think of it as a Fun Run carnival! This will be one of the most exciting days on our school's calendar, with everyone's participation the aim, so please make sure they attend of the day and cheer the other kids on!

#### **How Does My Child Fundraise?**

Firstly, go to <u>schoolfunrun.com.au</u> and create a student profile page. Everything to do with your fundraising revolves around this page.

Students who raise just \$10 will be able to choose a prize! The more they raise, the better their reward – don't forget to check these out in the sponsorship form! We have educated students on the dangers of door knocking without supervision, and we encourage you to reiterate this at home. The great thing about online fundraising is that you can share the link to your child's profile with friends and family via email, SMS and Social Media.

#### **Online Fundraising**

The easiest way to help your child raise money is through online fundraising, where students raise an average of \$120. On top of raising more money, it's also safer and easier than doorknocking and you don't have to worry about handling money! To start fundraising online, go to your student profile page at <a href="schoolfun-run.com.au">schoolfun-run.com.au</a> and share your online fundraising link.

#### **Competition Time**

To get our event off to a flyer, we're starting our BIG SHOW with a super easy competition! The class with the most online profiles registered by **Sunday 2nd May, 2021** will get to colour Mrs Freeman in powder on the day! To help your child's class win, simply create your profile at <u>schoolfunrun.com.au</u>.

#### **Ordering Prizes – ALL PRIZES MUST BE ORDERED ONLINE**

Please contact your school's coordinator if this isn't possible.

Prizes MUST be ordered between the Friday 21st May, 2021 and Friday 28th May, 2021 Simply visit schoolfun-run.com.au to create / log into your Profile Page between these dates. Then click on the 'CLAIM YOUR PRIZE' button and follow the prompts. If you have any questions, please contact the School Fun Run team on 1800 FUN RUN and they will gladly assist!

#### SPLASH PUPIL OF THE WEEK AWARD







| Class   | Pupil of the week           | Has demonstrated the 3 R's  |  |
|---------|-----------------------------|---|--|
| Prep JR | Murray Billinghurst         | For his great efforts in home reading and working on his sight words. Superstar reading Murray!   |  |
| Prep MR | Alexander Mitanidis         | For sharing his amazing maths strategies and being a determined learner. Excellent Alexander  |  |
| 1H      | Quincy Stephens-<br>O'Brien | For being a responsible and enthusiastic reader.  |  |
| 1R      | Lucille Caruana             | for showing respect to others by waiting her turn and listening to others while they speak.   |  |
| 2AF     | Ellana Qoriniyasi           | For always showing confidence in giving things a go and sharing ideas during class discussions. She is great at making connections between what she knows and what we are learning in the class |  |
| 2J      | Teagan Stephens-<br>O'Brien | for displaying the learning disposition collaboration by actively listening to others and sharing her own ideas.  |  |
| звс     | Mae Russell                 | for displaying the disposition of self motivation to seek new ways to direct and challenge herself in her learning.   |  |
| 3ВС     | Amelia Wadden               | For being a risk taker in performing as narrator in our Holy Week performance in Term 1 and reading with such beautiful expression.   |  |
| зсс     | Molly Russell               | For her enthusiastic attitude towards learning and for being a respectful and collaborative class member!   |  |
| 4PS     | Emily Browning              | For outstanding resilience and confidence when adjusting to her new teachers and routine. Well done!  |  |
| 4ST     | Zac Hills                   | For his positive attitude to learning and giving all activities a go.   |  |
| 5/6C    | Liam McKay                  | For displaying the learning disposition of collaboration by actively listening to others and being willing to share his thoughts and ideas  |  |
| 5/6MT   | Sabrella Aphram             | For making a positive start to term 2 and being responsible for her learning.   |  |
| 5/6 R   | Alessia Squatrito           | For displaying resilience and a positive growth mindset when completing a challenging mathematical task this week. Keep up the good work, Alessia!  |  |

**School Banking News:** School Banking day is Tuesday

This week students banked a total amount of \$155.00 Well done!!

#### **School Colour Fun Run**

We're holding the *School Fun Run* as a major fundraising event this year! The event will be held on Friday 14<sup>th</sup> May, 2021 with lots of colour, water squirts and inflatables! We are really hoping to raise much needed funds to improve the gardens and grounds of the school this year.

The sponsorship forms were sent home with children earlier in the week. Once you have the form, you need to sign up for a Student Profile Page at <a href="schoolfunrun.com.au">schoolfunrun.com.au</a>. You'll be able to access online fundraising and send a link to the fundraising page to family and friends. It is very important that all children participating **register online**. We will still take cash donations via the sponsorship booklets, but all prize orders are to be submitted online by the student/parent.

Students who raise \$10 or more will receive a reward, and the more money you raise the better the reward, and the more you help the school!

One of the best prizes this year will go to the class that created the most online profiles by Sunday 2<sup>nd</sup> May- they get to colour Mrs Freeman on the event day! So, jump online and create your profile if you haven't yet done so.

We're looking for all students to participate and we're organising a great day for our community, so we'd love everyone to come down to support the kids. This is a very fun and successful fundraiser and we really want to see all students registered and involved in this event.

If you have any questions about the Fun Run please contact the School Fun Run Office on 1800 FUN RUN.

Thank you for your ongoing support. Exciting times ahead!

#### **School Uniform News**

School Hats (\$10) and Bottle Green socks (\$5) are available for sale from the school office.

Correct money appreciated please.

**A reminder** to label all school uniform items especially jumpers & rugby tops and food/drink containers with your child's name. This will help stop the vast amounts of these items that end up in lost property.



AGS Pty Ltd

Wholesalers of Quality Schoolwear & Uniforms In house Design & Printing

www.aplusschoolwear.com.au

ADDRESS: 133 BAKERS ROAD NORTH COBURG VIC. 3058

PHONE: 03 9354 8345 FAX: 03 9354 5777 E-MAIL: info@agsprints.com.au

#### **Our Lady of Mount Carmel Canteen Roster**

#### Term 2 2021

| 23rd April | Jade Grech<br>Danielle Wadden<br>Christine De Veth    | 28th May  | Belinda Falzon-Pout<br>Nance Carlyle<br>Louise Vasey  |
|------------|---|-----------|---|
| 30th April | Nicole Petrie<br>Anita Blume<br>Sylvana Doricic       | 4ht June  | Caroline Dillon<br>Cathy Carter<br>Skye Hewatt        |
| 7th may    | Nat Grant<br>Erin Thompson<br>Joanne Borghese         | 11th June | Emma Clements<br>Shelley Sparke<br>Antoinetta Preston |
| 14th May   | Danni Caruana<br>Adele Dichiero<br>Alex D'Agostino    | 18th June | Kelly Xerri<br>Simone Fawcus<br>Fran McKay            |
| 21st May   | Sylvana Doricic<br>Tracey Kilkenney<br>Anna Marinacic | 25th June | School Closure Day                                    |
|            |   |           |   |

Thank you for volunteering to help in the canteen, it would be impossible with you! Please arrive at the canteen at 10.00am, your assistance will be required until around 2.00pm. If you have long hair please tie it up and remember to sign in at the office with your WWC before coming to the canteen. We will now be working under COVID restrictions which may mean the wearing of masks and social distancing.

If you are unable to attend on your rostered day please ring Sally on 0400384403 as soon as possible so a replacement can be arranged.

I look forward to seeing you all.

Sally Hewitt-Tacey

### YEAR 7 2023 APPLICATIONS



Salesian College Sunbury

#### TO PARENTS OF STUDENTS CURRENTLY IN GRADE 5

Here at Salesian College Sunbury we are proud of our relationship with Our Lady of Mount Carmel Primary School. We work together to provide a quality Catholic education to the young people of Sunbury and surrounds. We celebrate life and faith, prepare students to contribute positively, and provide opportunities to achieve excellence.

We would love to see you as part of our Salesian family. Did you know that now is the time to apply for a place at Salesian College Sunbury in Year 7 2023? Applications are being accepted and close on Friday 20 August 2021.

<u>Visit our website</u>, or <u>click here to apply</u>. The online application form can be started, saved, and completed at any time. I invite you to visit our College website for all other information.

Our website also features a <u>virtual tour</u> where you can explore what makes us so unique and 'A Home that Welcomes'.

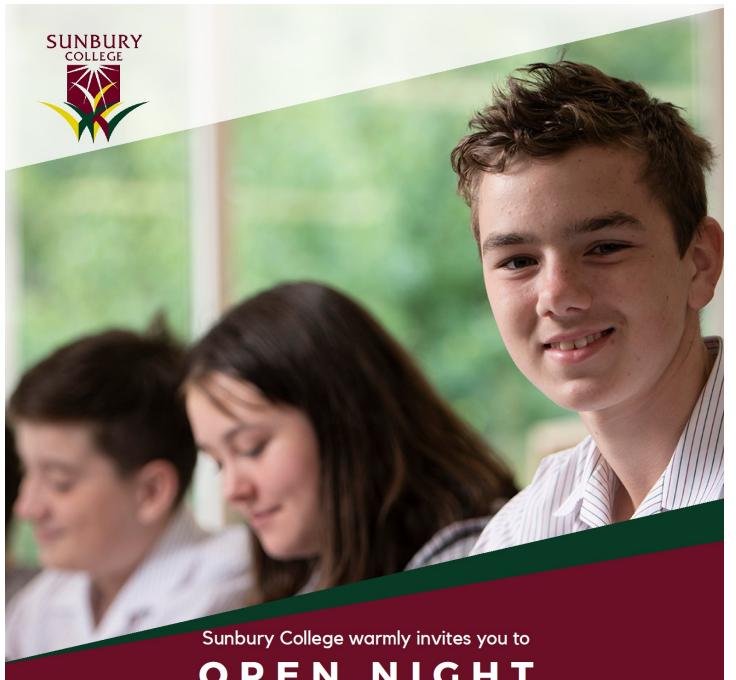
First round interviews for Year 7 2023 places will be conducted in early September and offers will go out in October. An interview booking link will be supplied to all applicants soon after the closing date.

If you require further information, please contact our College Registrar (details below).

Mark Brockhus Principal - Salesian College Sunbury







TUESDAY 4 MAY 2021 6:30 PM ONWARDS

**6:30 pm**: Information Session and Principal's Message 7:00 pm: Explore Sunbury College

Register your interest using the QR code



30 Racecourse Rd, Sunbury 3429 | 9744 1066 | www.sunburysc.vic.edu.au RESPECT · RESPONSIBILITY · RESILIENCE · ENDEAVOUR

#### **Community News**

Secondary School Open Nights

Sunbury Down College Monday May 3rd

Sunbury College Tuesday May 4th

Salesian College—Online 25th May



'Confidence to Achieve'



# BUTTERFLY MINDFULNESS

Butterfly mindfulness provides mindfulness for all. Mindfulness and meditation are wonderful skills to assist minimising and better managing stress and anxiety. Butterflies symbolise transformation, hope and change.

Cost: \$300

Commencing: Thursdays,

29th April 2021

Time: 4 pm.

Please contact Joanne for more

information on

0403 877 809

# PEACEFUL KIDS PROGRAM

The Peaceful Kids Program is an 8 week evidence based program for a small group of 4-6 primary school aged children. (8 - 12 years)

A group of selected children participate each week for approximately 1 hour. Sessions are facilitated and children learn a range of mindfulness strategies as well as meditations and positive psychology exercises.

They work through many different activities each week and are also provided with links to information and specialised mindfulness activities and meditations to practice at home.

# PROGRAM CONTENT

During the 8 week program some of the children will learn:

- Basic theory on Mindfulness and how it affects the brain
- Different ways to practice and integrate mindfulness into their lives
- How their feelings relate to anxiety and stress levels
- How to understand anxiety and how it relates to them personally
- Understanding triggers of stress and how to calm down when feeling this way
- Different types of thinking that increase or lessen anxiety
- Creating a balanced lifestyle including chill out time and being in the flow.

Goonawarra Neighbourhood House 8 Gullane Drive, Sunbui

The program cost includes a preliminary parent session that will explain what children will experience each week.





Bring your kids, we supply the Lego (and tea & coffee)

This group session is for the builders! And is run by SNH parent volunteers. Each week we will have a build theme to follow or just go with your creativity. Working with mixed Lego, we aim to encourage social connections, inspire creativity and most importantly, have fun!

When: Wednesday

Time: 4pm - 5.30pm (includes set up & pack up)

Who: Primary school children, aged 6-11

Cost: 10 sessions, \$25 per child

Note: Caregiver participation is welcomed or just hang out in our kitchen

and have a cuppa while the kiddos create (children must have a

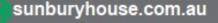
caregiver with them at all times) All equipment is provided.

Snacks are welcome, please keep food to allocated snack zone

enquiries@sunburyhouse.com.au



@sunburyneighbourhoodhouse3









#### NEW webinar: eSafety's guide to parental controls

Our new webinar, **eSafety's guide to parental controls**, will look at how parents and carers can set up devices and apps to help keep young people safer online.

This webinar is targeted to parents and carers of 5 to 13-year-olds.

Encourage your parent community to register for the webinar. Share this with your school community using the sample text (below), ready for your next email, newsletter, blog post or on your social media channels.

Register for the free webinar, eSafety's guide to parental controls, for parents and carers from the eSafety Commissioner.

The webinar will look at how parents and carers can set up devices and apps to help kids and young people stay safe online.

It will cover:

- the benefits and limitations of parental controls
- how to set up iOS and Android devices for safety
- how to set up popular games and apps like YouTube and Roblox for safety
- using family tech agreements and other parenting strategies to manage online risks
- how eSafety can help when things go wrong.

This webinar will include practical tips, demonstrations and advice. To register, visit: <u>esafety.gov.au/parents</u>.