

Newsletter

Term 3 Week 8 Thursday, 2 September 2021

Principal's Message

principal@olmcsunbury.catholic.edu.au

School Address

53 Macedon St
Sunbury 3429
9740 7344

School Closure Days

Term 3

Thur 16th & Fri
17th September

Term 4

Mon 1st
November

Dear Parents,

This week has been a particularly tough week for the OLMC community with the passing of Cassie O'Keefe, who has worked as a Learning Support Officer here for 12 years. While Cassie had been unwell for some time, knowing that has not prepared us for the shock of losing her and the empty feeling in our hearts. Staff gathered in a Google Meet on Tuesday afternoon where we shared prayers and memories of the many ways Cassie had touched our lives. Her love of the children and her gratefulness that she had the opportunity to work with them is what really stands out in my mind. I will be forever grateful to have known Cassie.

On the very first day of the school year we worked with an external presenter. We had to share with the group and I clearly remember Cassie telling us that she was just so grateful to God for allowing her to return to work with us this year. Thank you to the parents who have contacted me throughout the week with their beautiful thoughts and words. Those emails mean more than you know. Please keep Cassie's family and friends in your prayers, especially her husband, Alan, and sons Matt and Damien.

GRATITUDE

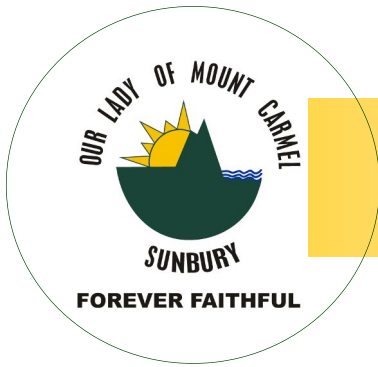
The events of this week have again reminded of the importance of gratitude and how through expressing it to others, it not only helps them to feel good, it lightens our own hearts and minds. In a time where it is easy to be critical and short tempered, remember we are all doing our very best and kindness and gratitude are the keys to happiness.

Hannah Zudetich in 3BC wanted to make her classmates smile this week and thought she would run a class 'Discoteca' using her DJ set!! Over the week Hannah worked with Miss Cristini and Hannah designed a poster to invite her grade. Hannah organised the entire thing and they danced for nearly 40 minutes. Miss Cristini told me that Hannah learnt the joy that you can receive by acting with kindness and making others happy. What a beautiful, beautiful lesson.



SPRING

How lovely to see that Spring has arrived! It is amazing what a difference a blue sky and warmth in your bones can make. While we can't travel far from home, I encourage you and the children to get outside as much as you can.



Newsletter

Term 3 Week 8 Thursday, 2 September 2021

BOOK WEEK

Last Friday I tuned into the Google Meets across the school to celebrate Book week. It was great to see so many students dressed up and sharing their favourite books. Thank you for taking the time out to put together something special for the children. A special mention to Jacob Cunsolo in Prep JF who wrote his own book called “My Hero Skeleton” and dressed up as a skeleton. Well done, Jacob!.



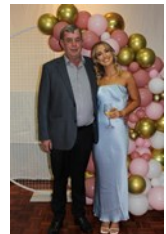
FEEL GOOD FRIDAY

Thank you for the feedback regarding “Feel Good Friday”. A reminder this is a day to take a breath and use the time for whatever is going to make the biggest difference for mental health and your family (exercise, mindfulness, catching up on work, cooking). I have heard from a lot of families who are struggling for so many reasons. This is why many schools like ours have re-evaluated what is most important at this time.

Feel Good Friday will continue this week. After Premier Daniel Andrews’ announcement yesterday, we know that remote learning will continue until the end of term, the 17th September. As a staff, we will discuss how we are delivering remote learning. If anything needs to be altered we will communicate this with you.

FATHER’S DAY

Tomorrow the focus of the Google Meets will be Father’s Day. Students have been asked to invite dad or another special person into the class meet. We are unable to run the Father’s Day stall or breakfast so this is our way of acknowledging those who play a special role in our students’ lives. I would like to wish all the dads, including my own dad and my husband, a very Happy Father’s Day.



VACCINATIONS

It appears the only way out of lockdown is vaccinations. I have received the following information from MACS to share with you:

The Victorian Government is pleased to announce that anyone aged 16 years and above in Victoria are eligible to book and receive their COVID-19 vaccine. The Victorian Government is encouraging everyone aged 16 and above to book their vaccine appointment. Appointments can be made through the Victorian Government's COVID-19 vaccine online booking system or at local GPs and pharmacies. The Premier has recently announced a call to action for Victoria to achieve one million vaccine doses by September 19 and for 70% of Victorians to have received at least one dose by the 23rd September. To support this goal, capacity has been significantly scaled up across the state-run system. Getting vaccinated is important for your own safety, as well as the safety of our school community.

MENTAL HEALTH

Mental Health continues to be a major concern. Please reach out and talk to someone if you or someone close to you is struggling.



24/7 Mental Health Services

Is it an emergency? If you or someone you know is at immediate risk of harm, call **triple zero (000)**

Suicide Call Back Service Anyone thinking about suicide suicidecallbackservice.org.au 1300 659 467	Lifeline Anyone having a personal crisis lifeline.org.au 13 11 14
Beyond Blue Anyone feeling anxious or depressed beyondblue.org.au 1300 22 4636	Kids Helpline Counselling for young people aged 5 to 25 kidshelpline.com.au 1800 55 1800
MensLine Australia Men with emotional or relationship concerns mensline.org.au 1300 78 99 78	Open Arms Veterans and families counselling openarms.gov.au 1800 011 046

healthdirect

BIRTHDAYS



Happy birthday to the following students who have a birthday this week. September is a great month for birthdays:

Mason Cahill Emily Browning Andrew Martinho Ellie Bonnitcha Steven Pucar

SCRIPTURE

This week we celebrate the 23rd Sunday in Ordinary Time:

Gospel - Mark 7:31–37

Reflection

Most of Jesus' life is about the ordinary and is lived among people who are sick, depressed, worried about the future, hiding their shame of the past, losing faith and getting it back. People who lose a loved one in death, or who are involved in family misunderstandings, hungry and thirsty people etc. Imagine Jesus touches your ear. He clears resistance and you hear love, for the touch of Jesus on your ear is the touch of love, of life, of new hearing. His touch on the tongue gave the life of new speech and new freedom to a stammering man.

God bless,

Julie

PIE DRIVE REMINDER

TONY'S PIE DRIVE - *Some to eat and some to freeze for later!*

PTFA are running a Pie Drive and we need your support. Tony's Pies are renowned for being delicious homemade pies and in the past this drive has been very well supported. If you would like some yummy pies to have an easy dinner in lockdown, put your order in as soon as possible. Orders and payments close Wed 8th September.

Please send payments to

PTFA Account: BSB 083-347 Account 823860423 before 8th September. Email the order form to Julie Freeman
principal@olmcsunbury.catholic.edu.au

Your support is greatly appreciated

Order form is attached to this newsletter



SPLASH PUPIL OF THE WEEK AWARD



Class	Pupil of the week	Has demonstrated the 3 R's
Prep JF	Marco Antonio Francese	Congratulations Marco! You have been working so hard to improve your reading and writing stamina and skills. You should be so proud of your efforts!
Prep MR	Daisy Crook	For her participation and enthusiasm during home learning. Thank you for always smiling and having a go. Well done Daisy
1H	Quincy Stephens-O'Brien	For always showing determination and responsibility when completing her work. She also shines bright with her beautiful smile each day. Keep up the great work Quincy
1R	Oliver Breese	For showing determination and persistence to improve his handwriting. You're a star Oli, keep up the positive mindset!
2A	Isabella Musone	For risk taking and going out of her comfort zone to explore different concepts in maths. It has been wonderful to see her apply different strategies and show determination when learning new strategies. Keep up the great work Izzy.
2J	Lachlan Nott	for challenging himself in all learning areas and always having a smile on his face.
3BC	Mae Russell	for her amazing effort in refining her information report on The Amazing Octopus and sharing her new knowledge with others.
3CC	Sam Preston	For having a growth mindset and displaying creatively when approaching his set work tasks. Keep up the amazing effort Sam!
4PS	Zane Tomasini	For showing determination and an excellent work ethic. Zane completes his Learning Activities with enthusiasm and detail. Zane, you have worked so hard during Lock Down. Well done.
4ST	Julie Saloman	For using deep thinking skills and the disposition of questioning to improve her learning.
5/6C	Aiden Walters	For putting 110% effort into his work and trying to challenge and extend himself.
5/6MT	Lauren DeVeth	For taking on feedback about her work throughout remote learning and striving to improve
5/6 R	Henry D'Couto	For his enthusiastic approach to all learning activities. Henry is always eager to increase his Knowledge. Well done, Henry!



Scholastic Book Club News

Issue 6 catalogue will be online only and you can look at it on <https://www.scholastic.com.au/media/6421/bc621web.pdf>

Please note the home delivery option to your home, can be selected by parents at the time of ordering at a cost of \$7.50.

Date due:3/9/2021

Stay well and take care of yourselves.

Evelyn Pickering

School Uniform News

School Hats (\$10) and Bottle Green socks (\$5) are available for sale from the school office.

Correct money appreciated please. Cash only.

A reminder to label all school uniform items especially jumpers & rugby tops and food/drink containers with your child's name. This will help stop the vast amounts of these items that end up in lost property.



ABN: 53 317 404 573

AGS Pty Ltd
Wholesalers of Quality Schoolwear & Uniforms
In house Design & Printing
www.aplusschoolwear.com.au

ADDRESS: 133 BAKERS ROAD
NORTH COBURG
VIC, 3058

PHONE: 03 9354 8345
FAX: 03 9354 5777
E-MAIL: info@agsprints.com.au

IMPORTANT DATES

Term 3 12th July— Wed 15th September

Term 4 3rd October—Wed 15th December—Students finish at 1.30pm

OUR LADY OF MOUNT CARMEL



PIE DRIVE



We have organised with **TONY'S PIES OF ESSENDON** to conduct a Pie Drive.

Tony's Pie's will supply us with a range of their freshly baked pies, pasties, quiches and sausage rolls on **Tuesday, 14th of September**

All the products will be freshly baked and will be suitable to go straight into the freezer if you wish.

So order up BIG. Remember, the more you order the more we make. Make your choice from the list below and return your order with the correct money or cheque by **Wednesday, 8th of September**.

We need the support of everyone to make this fundraising a success.

PRODUCT PER ½ DOZEN	QTY	PRICE PER ½ DOZEN	TOTAL	PRODUCT FAMILY SIZE.	QTY	PRICE EACH	TOTAL
Chunky Steak		\$30.00		Chunky Steak		\$13.00	
Steak & Mushroom		\$30.00		Steak & Mushroom		\$13.00	
Steak & Cheese		\$30.00		Steak & Cheese		\$13.00	
Chicken & Vegetable		\$30.00		Chicken & Vegetable		\$13.00	
Bacon, Tomato & Cheese Quiche		\$30.00		Bacon, Tomato & Cheese Quiche		\$10.00	
Spinach, Onion & Cheese Quiche		\$30.00		Spinach, Onion & Cheese Quiche		\$10.00	
Pasties		\$30.00		Pasties		\$13.00	
Sausage rolls		\$18.00		Apple Pie		\$10.00	
Party Pies		\$8.00		Blueberry & Apple Pie		\$10.00	
Spinach & Cheese Rolls		\$23.00					
Cauliflower & Cheese Rolls		\$23.00					
Lasagna Rolls		\$23.00					
Apple Pies		\$30.00					
Blueberry & Apple Pies		\$30.00					
SUB TOTALS							

TOTAL \$	\$
NAME:	
MOBILE CONTACT NO:	
ELDEST CHILD'S NAME:	
CLASS:	

PLEASE MAKE CHEQUES PAYABLE TO "OUR LADY OF MOUNT CARMEL PRIMARY SCHOOL"

www.tonyspies.com

OLMC RECYCLING CENTRE



PENS, TEXTAS AND WHITE OUT PRODUCTS, USED BATTERIES, PLASTIC BREAD BAGS AND ORAL PRODUCT PACKAGING CAN ALL BE RECYCLED AT OLMC.

We are actively recycling a number of products to reduce the impact on our planet. Please continue to send your recyclable items to the School Office.

The boxes are located in the School Office Foyer



THE WONDER BREAD RECYCLING PROGRAM HAS NOW ENDED BUT PLEASE CONTINUE TO RECYCLE ALL SOFT PLASTIC, INCLUDING BREAD BAGS BY COLLECTING THEM AND PUTTING THEM IN THE REDCYCLE BIN AT COLES AND WOOLWORTHS SUPERMARKETS. LOCATED NEAR THE CHECKOUT.

