

Newsletter

Term 2 Week 7 Thursday, 9 June 2022

Principal's Message principal@olmcsunbury.catholic.edu.au

Dear Parents



On Tuesday and Wednesday evenings we began the first step in preparation for the year 4s to receive the Sacrament of Eucharist. The Family Faith sessions were run by the three Religious Education leaders from the Sunbury Catholic Primary Schools: OLMC, Holy Trinity and St Anne's. Thank you to everyone who attended and to Nelson, David and Simon for the work that went into preparing for and presenting the evenings. Please note that if your child is receiving a Sacrament, it is expected that they take part in all of the preparation, including nights such as these and the various presentation Masses.



Happy birthday to everyone who is celebrating this week:

Clementine Tranter Mitchell Dagher Kieran Nevin
Patrick Hansen-Nguyen Marley Law

Just a reminder that the photographers will be here from 8:30 am on Monday 20th June for any student who was away on School Photo Day. Students will need to wear their full winter uniform for individual and sibling photos.

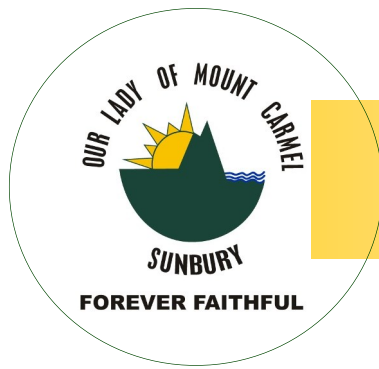


This next presentation from [The Resilience Project](#) is all about Empathy and Kindness. **Empathy is our ability to put ourselves in the shoes of others to feel and see what they do. We practise this through being**

kind and compassionate towards other people. Brain imaging data shows that being kind to others registers in the brain as more like eating chocolate than like fulfilling an obligation to do what's right (e.g. eating brussell sprouts)! Research shows that practising empathy, such as performing acts of kindness, taps into our brain's 'mirror neurons', builds compassion and our behaviour becomes more social and community-based.

School Address

53 Macedon St
Sunbury 3429
9740 7344



Newsletter

View Part 3 of the series here - Empathy <https://theresilienceproject.com.au/parent-and-carer-hub-hugh/>

Here's an activity to practise empathy and kindness:

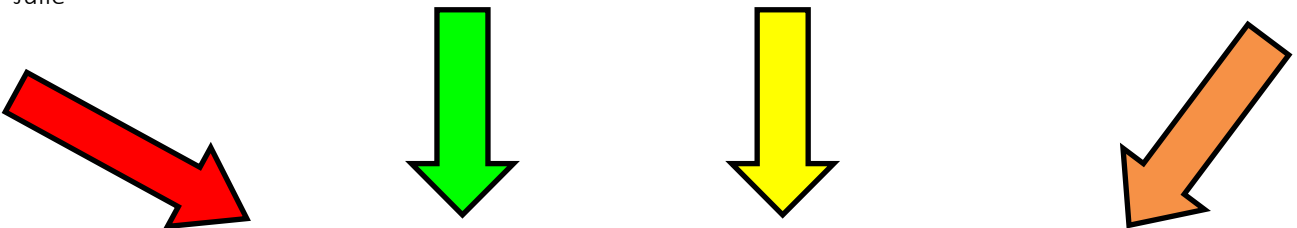
1. Reflect on someone in your life who could benefit from an act of kindness today. It could be a friend who would love some affirmation about their work, your pet who deserves an extra treat, or a family member who would love a phone call or text message.
2. Make a plan for who you are going to show an act of kindness to, and what you are going to do.
3. If you want to add accountability to your plan, share it with someone else and encourage them to do the same thing.
4. Follow up with each other in a few days time, to ask how it went!

Sources: [Psychology Today](#), [UC Berkeley](#), [Greater Good Science](#)

For mental health resources and support information, visit [The Resilience Project's Support Page](#)

God bless and stay warm

Julie



Report School Absences : absent@olmcsunbury.catholic.edu.au

SPLASH PUPIL OF THE WEEK AWARD



Class	Pupil of the week	Has demonstrated the 3 R's
Prep C	Jessica Browning	For using the disposition of determination and showing resilience towards her learning by following instructions and bouncing back when faced with challenges.
Prep J	William Graham	For demonstrating the learning dispositions of creativity and risk taking when trying challenging tasks- Fabulous efforts William.
1 H	Grace Zudetich	For always being a responsible and respectful friend by helping others
1 R	Orlando Cole	For being a responsible class member by staying focussed on his learning especially during independent tasks.
2 A	Sebastian Nurse	For using the disposition of creativity to think of a ideas during writing time. He has worked so hard to independently write interesting narratives. Great work Seb.
2C	Liam Cahill	For the hard work and determination he has shown to give all learning tasks a go this week. So proud of you, Liam!
3/4 J	Amelia Wadden	For continuing to be a respectful member of the class, always looking out for the wellbeing of her friends and other members of the class. Thank you for being a positive role model!
3/4M	Lachlan Nott	For his excellent insight and comments when reading our story Girl on Wire. Lachlan added his ideas and made links to the pictures and the author's purpose. Super effort Lachlan
3/4 R	Taj McLaughlin	For his kind, polite and friendly nature. It is a pleasure having Taj in 3/4R.
5D	Evie Lavelle	For showing a great enthusiasm for her Reading and Writing and for working so well with her spelling.
5T	Alana Dixon	For showing responsibility and resilience when being met with a challenging task.
6 C	Ivey Lambert	For being able to explain her thinking when solving problems involving dividing a whole number by a fraction.
6S	Ellie Bonnitca	For using self motivation and success criteria to guide her learning.

Student's Writing

Last year we began a writing project with MACS, called Grammar In Context. We have studied rich picture stories to discover the way in which authors choose and use words.

One aspect is called Patterned Writing:

The text is Dog Lost by Jan Ramage and Brian Simmonds

The excerpt is:

"Dog wanders on...along the lonely road, where the earth beneath is dry and hot. Songless birds watch him pass, as lizard darts away."

Our author Ruby Lane wrote:

The wombat truds on the bare forest ground. Where ash and despair gathers in the shurb. The possums aren't flying and no trees are talking, as Wombat feels sorrow while the last kookaburra laughs in this silent forest, to be no more.

While Julian Caruana wrote:

The sun rose...in the blood red sky. Where the periwinkle moon had just left. Sydney plays with her younger brother, as her parents watch the sky dazed and hypnotised.

I would like to congratulate Ruby, Julian and their teachers on their great work.

Evelyn Pickering
Literacy Leader

School Aged Baptisms

If there are any parents who are wanting their children to be baptised please make contact with me so that I might be able to notify the Parish. There is a School-aged Baptism ceremony scheduled for next term.

ngraham@olmcsunbury.catholic.edu.au

Thank you

Nelson Graham

Deputy Principal- Faith & Mission

Here is a reminder of some important Term 2 dates:

10th June – Year 5 and 6 Winter Sports Day

Year 2 excursion

13th June - Queens Birthday Holiday

16th and 17th June – Year 3/4 Camp

20th June—School photo day for absent students

24th June – Feast of the Sacred Heart Mass 9.15am @OLMC

24th June – Term 2 ends at 1:30pm



2022 OLMC Bell Times

8.45 am : First bell / move to classroom

8.55 am : Classes commence

11.00 –11.30am Recess time

1.30pm: Eating time

1.40pm- 2.20pm Lunch time

3.15pm End of school day



Our Lady of Mount Carmel Canteen Roster: Term 2 2022

Thank you for volunteering to help in the canteen, it would be impossible without you! Please arrive at the canteen at 10.00am, your assistance will be required until around 2.00pm. If you have long hair please tie it up and remember to sign in at the office with your WWC and triple vaccinated certificate before coming to the canteen. We will now be working under COVID restrictions which may mean the wearing of masks and social distancing.

10th June	Sylvana Doricic Simone Fawcus Tracey Kilkenny Michelle Shalders
17th June	Emma Clements Kelly Xerri Simone Fawcus
24th June	Early finish No Canteen

If you are unable to attend on your rostered day please ring Sally on 0400384403 as soon as possible so a replacement can be arranged. I look forward to seeing you all.

Sally Hewitt-Tacey

Official Term Dates 2022

Term 1:	28th January—8th April (Easter 15th April—18th April)
Term 2:	26th April —Friday 24th June (1.30 finish)
Term 3:	11th July—16th September
Term 4:	3rd October—20 December

LOST PROPERTY located in the MPR is overflowing with numerous items especially rugby tops/school jumpers and food /drink containers , many unnamed.

If your child is missing school items please check lost property.

Any unclaimed/un named items will be included in our pre loved school clothing sale coming soon !!

School Uniform News

Green socks — \$5 per pair and school hats — \$10 now available from the school office

Cash only please

A reminder to label all school uniform items especially rugby tops/school jumpers and food /drink containers with your child's name—Thank you !

The new **Noone school uniform shop** is up and running. Located at the top of the Salesian college drive way at 1 Macedon Street Sunbury .PH 9740 4831

Here are the opening hours:

Monday – 8.00am – 12.00pm

Wednesday – 8.00am – 12.00pm

Friday – 9.00am to 12.00pm & 1.00pm to 5.00pm

SchoolPix is returning to Our Lady of Mount Carmel School this year due to the high number of absent children.

Your absentee day will be:

Monday 20th June 2022

ORDER ONLINE AT WWW.SCHOOLPIX.COM.AU

Orders close Monday 27th June 2022

If you've already ordered you don't need to do anything. Once the absentee day is complete all orders will be processed and delivered to the school.

Misplaced your order flyer? Please visit www.schoolpix.com.au and use the student search to find your child's order number or contact our Customer Service team on 1300 766 055.



YOU'VE MADE THE WISE CHOICE.

1300 766 055 • www.schoolpix.com.au • help@schoolpix.com.au



Community News

YEAR 7 2024 APPLICATIONS Salesian College Sunbury



TO PARENTS OF STUDENTS CURRENTLY IN GRADE 5

Here at Salesian College Sunbury we are proud of our relationship with our neighbouring schools and communities. We work together to provide a quality Catholic education to the young people of Sunbury and surrounds. We celebrate life and faith, prepare students to contribute positively, and provide opportunities to achieve excellence.

We would love to see you as part of our Salesian family.

Did you know that now is the time to apply for a place at Salesian College Sunbury in Year 7 2024? Applications are being accepted and close on Friday 19 August 2022.

[Visit our website, or click here to apply.](#) The online application form can be started, saved, and completed at any time. I invite you to visit our College website for all other information.

Our website also features a [virtual tour](#) where you can explore what makes us so unique and 'A Home that Welcomes'.

First round interviews for Year 7 2024 places will be conducted in early September 2022 and offers will go out in October 2022. An interview booking link will be supplied to all applicants soon after the closing date.

If you require further information, please contact our College Registrar (details below).

Mark Brockhus
Principal - Salesian College Sunbury

BOOK A TOUR



MEET & GREET



CATHOLIC SCHOOLS, ONE COMMUNITY

salesiansunbury.vic.edu.au | 03 9744 0000 | registrar@salesiansunbury.vic.edu.au

Description of activities:

Eagles Basketball clinics	Basketball tricks, games & skills.
Swim fun and games	Fun times in the water.
Bricks for kids (lego fun)	Get creative with loads of lego.
Kayak fun and games	Fun in the water with our Kayaks.
Singstars	Learn the basics of singing.
Hume Tennis clinic	Technique, skills and fun with Hume Tennis club.
Inflatable fun times	Fun times in the pool with our large inflatable.
Raised salt painting	Creating a master piece you can take home using salt...
Taekwondo Just for fun	A fun and exciting introduction of a Taekwondo class.
Hip Hop Dance fun	Learn basics of hip hop in a safe environment.
Soccer clinic	Learn new skills and moves.
AFL clinic	Enhance skills and make friends in our fun AFL clinic.
Craft Fun Times with Deb	Creating art using paper and other objectives.
Basketball clinic	Basketball and games galore.
\$3 slide fun	Enjoy some time on our fun slides.
\$2 pool entry	Come in and have some fun times in the pool.

Children under 5 years:

Must be accompanied into the centre and the water by a responsible parent/guardian (16 years or older) and must stay within arm's reach before and after aquatic programs have finished and during any recreational play activities. Must wear a pink wrist band that will be provided upon entry at reception.

Children under 10 years:

Must be accompanied into the centre by a responsible parent/guardian (16 years or older) and constantly actively supervised. Parents/guardians must position themselves to have a clear view of the child with no physical or structural barriers between them and the child/children and must wear a yellow wrist band that will be provided upon entry at reception.

* inflatable fun times and Kayak fun & games children must be 7 years and over.



Price : \$12 per activity

Date	Time	Broadmeadows Aquatic and Leisure Centre (BALC)	Sunbury Aquatic and Leisure Centre (SALC)	SPLASH Aqua Park and Leisure Centre (SPLASH)	Craigleburn Sports Stadium (CSS)	Things to remember - *Drink bottle *Art smock for craft and food activities. *Swimming attire and towel for all water activities *Comfortable attire for all sporting activities
Mon 27 June	10am to 11.30am 1pm to 2.30pm	Hip Hop Dance Fun Kayak fun and games	Inflatable fun times Hip Hop Dance Fun	\$2 pool entry Swim Fun and games		
Tue 28 June	10am to 11.30am 1pm to 2.30pm	\$2 pool entry Bricks for kids (Lego fun)	\$2 pool entry Taekwondo Just for fun	Kayak fun and games Taekwondo Just for fun	Eagles Basketball clinic	
Wed 29 June	10am to 11.30am 1pm to 2.30pm	Hume Tennis clinic Swim fun and games	Craft fun times with Deb Inflatable fun times	\$2 pool entry Craft fun times with Deb	Hume Tennis clinic	
Thur 30 June	10am to 11.30am 1pm to 2.30pm	Kayak fun and games AFL clinic	Swim fun and games Raised salt painting	\$3 slide fun Singstars		
Mon 4 July	10am to 11.30am 1pm to 2.30pm	Swim fun and games Soccer clinic	\$2 pool entry	Swim fun and games \$3 slide fun		
Tue 5 July	10am to 11.30am 1pm to 2.30pm	Inflatable fun times Basketball clinic	Bricks for kids (Lego fun) \$2 pool entry	Swim fun and games Bricks for kids (Lego fun)	Eagles Basketball clinic	
Wed 6 July	10am to 11.30am 1pm to 2.30pm	Raised salt painting Taekwondo Just for fun	Swim fun and games	Kayak fun and games Hip Hop Dance Fun	Soccer clinic	
Thur 7 July	10am to 11.30am 1pm to 2.30pm	Kayak fun and games Singstars	Singstars \$2 pool entry	Kayak fun and games Raised salt painting		

ALL BOOKINGS AND PAYMENTS MUST BE MADE by the 24 June 2022 onsite or via online portal
<https://envibe.hume.vic.gov.au/Course/Enrol>

HUME WINTER LIGHTS FESTIVAL

SATURDAY 18 JUNE

TOWN HALL BROADMEADOWS PRECINCT

6PM – 10PM

hume.vic.gov.au/hwlf

FEATURING

**THE
PRESETS**
(DJ SET)

**SNEAKY
SOUND
SYSTEM**

**LIGHT
PROJECTIONS
ART & FOOD**



Fellow
@discovershane



VICTORIA
UNIVERSITY

Centre for
Projection Art

TimeOut



VICTORIA
2022
The Year of the Artist