

Newsletter

Term 3 Week 2 Thursday, 28 July 2022

Principal's Message principal@olmcsunbury.catholic.edu.au

Dear Parents

I hope you are all keeping safe and warm. It has been a challenging couple of weeks with up to 10 staff absences a day and many students also unwell. I am extremely appreciate of the support from families and staff and we juggle every day to ensure we can cover as many classes as we can in the best way possible. The Preps and 3/4s have been hit the hardest and we are hoping all is well so the 5/6s can enjoy their camp next week.

Most of the leadership team are attending an Evidence Based Learning conference today and tomorrow as we continue to examine best practice and what that can look like at OLMC. There are 3 other schools in our cluster – St Mary's Lancefield, School of the Good Shepherd in Gladstone Park and St Augustine's in Keilor. Our facilitator is Daniel Birch who is a principal in Auckland. Daniel has visited our school many times and had spent the last two days visiting planning and learning spaces across the school. His feedback has been very positive with regard to the school climate and the work we are trying to archive.

CANTEEN IS CANCELLED FOR TOMORROW DUE TO ILLNESS/LACK OF VOLUNTEERS

Please ensure your child brings their own lunch tomorrow

Unfortunately we have had to make the decision to cancel Canteen for tomorrow. Any orders already placed will be refunded

Happy Birthday to everyone for this week. I hope your day is filled with love and joy:



Pippa Kilkenny Oliver Long
Georgia Walters Mahika Chand

I just want to clarify something around the wearing of beanies and scarves. They are available from the uniform shop and bottle green beanies can also be sourced from shops such as Big W. They must only be worn outdoors. From next year all beanies and scarves will need to be bottle green, in line with our uniform.



Please remember to keep up to date with school fees and let me know if there are any issues with payments.

This Sunday we celebrate the 18th Sunday in Ordinary Time: Luke 12:13-21

This is certainly a parable for our own times, where seeking money and more money often turns us into fools who prepare our own downfall. Jesus tells us, 'A man's life is not made secure by what he owns, even when he has more than he needs. I pray that our world may grow in wisdom and choose solidarity and respect for one another and for the earth, our common home.

Stay safe and warm. God bless,

Julie



© CanStockPhoto.com

School Address

53 Macedon St
Sunbury 3429
9740 7344

School Closure Day

Term 3
Monday
August 8th
Osh Club running
a day program
book in on
0401 850 518

The period of time for exemption from isolation and covid testing is now for 4 weeks after having covid (the end of your isolation period), it is no longer 12 weeks. Household contacts can attend school but MUST wear a mask and test daily.

A reminder of the following :

- Masks are **highly recommended** indoors for anyone over 8 years of age
- Household contacts can attend school but **must** wear masks indoors
- RATs are available upon request – one pack per child per fortnight



Dear parents and carers

We are writing to you as parents/carers of a child or children in government, Catholic and independent schools across Victoria.

The Victorian Department of Health strongly recommends that face masks are worn in indoor settings.

As a result, we are asking all students aged 8 and over and all staff in all schools across Victoria to wear masks when in class (except where removing a mask is necessary for clear communication) from now to the end of winter.

Students won't be required or expected to wear masks when outdoors, and this expectation won't stop student participation in the full range of school activities, including music, sport and performances.

We are asking for your support in explaining to your child or children the importance of this simple step that will help keep our schools as safe as possible.

We also ask that you make sure your child (or children) takes a mask to school (and wears it if they are travelling on public transport) or collects a mask when they arrive at school.

We all appreciate how important it is for students to be back at school. This action will help make sure as many students and staff as possible are protected from COVID and other winter illness.

Thank for your help with this collective effort to keep our communities safe and healthy.



Dr David Howes
Deputy Secretary

Victorian Department of
Education and Training



Michelle Green
Chief Executive

Independent Schools
Victoria



Jim Miles
Executive Director

Catholic Education
Commission of Victoria

SPLASH PUPIL OF THE WEEK AWARD



Class	Pupil of the week	Has demonstrated the 3 R's
Prep C	Raphael Aphram	For putting himself in the learning pit when faced with new mathematical challenges Great work Raphael!
Prep J	Marley Afamasaga	For her enthusiasm shown during writing sessions and working diligently towards her goal Excellent efforts Marley!
1 H	Malika Chand	Malika Chand for being a respectful friend and always helping others in a kind and caring way. Malika, Mrs Harper is so proud of the way you are a responsible learner, especially when 'Reading to Self' and finding the digraph for the week while you are reading. Keep shining bright Malika.
1 R	Leo Plummer	For having a positive mindset and trying different strategies when decoding unknown words. Keep up the amazing work Leo!
2 A	Adam Minaweih	For displaying a positive mindset towards his learning and showing independence to give things a go and be the best learner he can be. Thank you for all of your hard work this week. Keep up the great work.
2C	Robby Mand	For asking questions and taking on feedback to improve his maths skills and understanding
3/4 C	Ruby Stepanoski	Displaying the dispositions of determination and risk taking in your learning, and showing self-motivation towards your time management and organisational skills.
3/4M	Ambrosia Caruana	For being an independent learner who asks questions and works on making improvements to her work. You are a super star Ambrosia!
3/4 R	Ella Thompson	For her focus and hard work in class. Ella has great attention to detail that she applies to all tasks. Well done!
5D	Mason Searle	Who through his writing explained how God is in our lives and how God is present in a crisis.
5T	Emily Vasey	For seeking feedback on her writing and asking questions to clarify her understanding.
6 C	Roman Stella	For having a growth mindset when investigating different ways to solve Maths problems and being willing to share his thinking with others.
6S	Lacy Urbon	For working collaboratively and well with others to solve problems and share ideas.

Justice in July- Food Drive

This July, the grade 6's are running a food drive for Justice in July. We are asking grades to please bring the food or items listed down below. These will be given to refugees and people seeking safety in Australia. These people have no income and no work rights and they need our support.

Prep	Canned tuna in oil 400g, Tinned tomatoes 400g
1	Dried fruit Raw unsalted nuts
2	Spices, turmeric, cumin and chili
3/4	Disposable razors Shampoo+conditioner 350/400ml
5	Laundry powder 500/ 750ml
6	Dishwashing liquid and soap.

Please note that the drive **does not** need baked beans, tinned soup or tinned spaghetti. Students can take their donation item to the box in the classroom or a box in the office foyer.



REMINDER

August

1/2/3 – Year 5 &6 Camp
3 – First Eucharist reflection day (more info to follow)
4 – Teeth on Wheels dental program
5 – Miss Amanda’s last day
6&7 – First Eucharist Masses
8 – School Closure Day
15 – Feast of the Assumption Mass
19 – PTFA Trivia Night
30/31 – family Faith evening for year 6s (Confirmation)

September

1 Father’s Day Stall
2 Fathers Day Breakfast 7:30-9:00am
2 – Summer sports round robin for years 5&6
9- School disco
10&11 – Year 3s to attend one Mass for prayer companion
14 Whole school Cyber safety Incursion
16 End of term 1:30 finish

School Closure Day—Osh Club will be running a full day program on August 8th please contact Osh Club directly to book in on 0401 850 518



OLMC PRESENTS



TRIVIA NIGHT

WITH A TWIST...



Friday, August 19th

Bring your family & friends - BYO nibbles & drinks

Tickets \$20 each

(available through CDFPay)

Book a table - Max. 10 per table

THIS IS AN ADULTS ONLY EVENT

Doors open at 7pm

Starts at 7.30pm SHARP

Concludes at 10.30pm

Parish Centre, St Anne's Church

101 Riddell Rd, Sunbury

RSVP - Strictly August 12th

via CDFPay

DON'T FORGET YOUR COINS FOR THE RAFFLE PRIZES

HEAPS OF PRIZES TO BE

WON ON THE NIGHT

INCLUDING BEST THEMED / DRESSED TABLE

Teeth on Wheels

Dear Families,

Just a reminder that we have Teeth On Wheels visiting our school for dental visits starting on the 4/08/2022.

Please click on the link below to complete your child's consent form.

<https://teethonwheels.com.au/consent-forms/consent-eform/>

Complete your form today and the Teeth On Wheels team will be in contact to schedule your child's appointment and notify you on your eligibility. If you are not eligible, Teeth On Wheels will offer you a special deal of \$99 for the full check-up, clean, fluoride treatment and any x-rays if required (this can be claimed back through your private health insurance).

For any further questions, please contact the Teeth On Wheels team on (03) 9338 1191.



DONT MISS OUT
Complete your Teeth on Wheels E-form

PAPER FREE FROM 2022- ONLINE FORMS ONLY

At Teeth On Wheels, we provide the highest quality dental treatment while making it fun, positive and memorable for children.

With the help of the government your child might be eligible for **FREE** dental care.

Our dental services include:

- ✓ Check-ups
- ✓ Scale, Clean and Fluoride Treatments
- ✓ Fissure Sealants
- ✓ X-rays
- ✓ Fillings
- ✓ Extractions

Proud Partners with

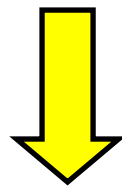
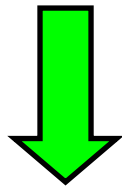


ACCREDITED

CLICK HERE TO COMPLETE YOUR FORM

 TeethOnWheelsAustralia  #teethonwheels

Phone: VIC (03) 9338 1191
Email: info@teethonwheels.com.au



Report School Absences : absent@olmcsunbury.catholic.edu.au

Official Term Dates 2022

Term 1:	28th January—8th April (Easter 15th April—18th April)
Term 2:	26th April —Friday 24th June
Term 3:	11th July—16th September (1.30 finish)
Term 4:	3rd October—16th December (1.30 finish)

School Uniform News

The new **Noone school uniform shop** is up and running. Located at the top of the Salesian college drive way at 1 Macedon Street Sunbury .PH 9740 4831

Here are the opening hours:

Monday – 8.00am – 12.00pm

Wednesday – 8.00am – 12.00pm

Friday – 9.00am to 12.00pm & 1.00pm to 5.00pm

Green socks — \$5 per pair & school hats — \$10 now available from the school office . **Cash only please**

A reminder to label all school uniform items especially rugby tops/school jumpers and food /drink containers with your child's name. Thank you !

Our Lady of Mount Carmel Canteen Roster—Term 3

		19th August	Belinda Falzon-Pout Shelley Sparke Louise Vasey
		26th August	Michelle Shalders Erin Thompson Irene Wishart
29th July	cancelled	2nd September	Emma Clements Kelly Xerri Renee Ridington
5th August	Danni Caruana Alex DiAgostino Fran McKay	9th September	Sylvana Doricic Simone Fawcus Vacancy
12th August	Caroline Dillon Danielle Wadden Cathy Carter	16th September	Early finish No Canteen

Please note due to increase costs of food produce there is a slight increase in some canteen items. Thank you for your understanding

Thank you for volunteering to help in the canteen, it would be impossible without you!

Please arrive at the canteen at 10.00am, your assistance will be required until around 2.00pm. If you have long hair please tie it up and remember to sign in at the office with your WWC check before coming to the canteen.

If you are unable to attend on your rostered day please ring Sally on 0400384403 as soon as possible so a replacement can be arranged.

I look forward to seeing you all.

Sally Hewitt-Tacey

2022 OLMC Bell Times

8.45 am :	First bell / move to classroom
8.55 am :	Classes commence
11.00 –11.30am	Recess time
1.30pm:	Eating time
1.40pm- 2.20pm	Lunch time
3.15pm	End of school day



YEAR 7 2024 APPLICATIONS

Salesian College Sunbury



TO PARENTS OF STUDENTS CURRENTLY IN GRADE 5

Here at Salesian College Sunbury we are proud of our relationship with our neighbouring schools and communities. We work together to provide a quality Catholic education to the young people of Sunbury and surrounds. We celebrate life and faith, prepare students to contribute positively, and provide opportunities to achieve excellence.

We would love to see you as part of our Salesian family. Did you know that now is the time to apply for a place at Salesian College Sunbury in Year 7 2024? Applications are being accepted and close on Friday 19 August 2022.

[Visit our website, or click here to apply.](#) The online application form can be started, saved, and completed at any time. I invite you to visit our College website for all other information.

Our website also features a [virtual tour](#) where you can explore what makes us so unique and 'A Home that Welcomes'.

First round interviews for Year 7 2024 places will be conducted in early September 2022 and offers will go out in October 2022. An interview booking link will be supplied to all applicants soon after the closing date.

If you require further information, please contact our College Registrar (details below).

Mark Brockhus
Principal - Salesian College Sunbury

BOOK A TOUR



MEET & GREET



CATHOLIC SCHOOLS, ONE COMMUNITY

salesiansunbury.vic.edu.au | 03 9744 0000 | registrar@salesiansunbury.vic.edu.au



Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:



(07) 3735 3351



cadrp@griffith.edu.au



griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council



Queensland, Australia

GU Ref No: 2019/146