

# Newsletter

Term 3 Week 5 Thursday, 11 August 2022

## Principal's Message [principal@olmcsunbury.catholic.edu.au](mailto:principal@olmcsunbury.catholic.edu.au)

Dear Parents,

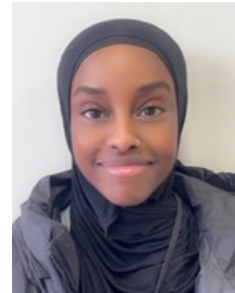
Believe it or not, we are now half way through term 3! I am not sure where that time has gone and I thank you for all of your support over some challenging weeks, especially with staff shortages. Let's hope and pray that the second half of the term sees warmer weather and less illness.

### School Address

53 Macedon St  
Sunbury 3429  
9740 7344



This week we begin our partnership with School Pathology for Schools. The aim is to increase oral language and other literacy skills in our students. Kadija will be onsite on Wednesday and Fridays supporting our teachers and Learning Support Officers and we welcome her to OLMC.



Congratulations to Cooper Sellwood for being awarded runner-up Best & Fairest in the EDFL (Essendon District Football League) last week at the EDFL awards night on 29 votes for the season. He also won the league goal kicking and finished on 31 goals for the season. Well done, Cooper! Congratulations also to Jesse Cutajar for finishing third in the Best and Fairest in his competition. Some future AFL stars are in our midst.



On Monday 15<sup>th</sup> August we will celebrate The Feast of the Assumption with Mass at 12pm. You are welcome to join us in the church. This feast day is one of only two Holy Days of Obligation remaining in the Catholic Church. The Assumption signals the end of Mary's earthly life and marks her return to heaven to be reunited with Jesus. There is little described of Mary in the Scriptures. What we do know, however, is that she was a woman of deep faith, trust and service. In the Gospel of Luke, we see Mary chosen by God to bring Christ into the world. She is with Jesus at his birth, nurtures him in childhood, is present during his ministry, witnesses his death, and stands with the early Church as it grows and proclaims the Good News. In the Gospel of Luke, Mary gives these words, which we call the Magnificat:

*"My soul glorifies the Lord  
and my spirit rejoices in God my Saviour,  
for he has been mindful  
of the humble state of his servant.  
From now on all generations will call me blessed,  
for the Mighty One has done great things for me—  
holy is his name."* (Luke 1:46-49)



Nicola Borgese	Isaac D'Agostino	Aaliyah Abou-Eid
Mason Clements	Gabriel Harrison	Jessie Irvine
Alyssa Wright	Marco Francese	Leo Tait
Quincy Stephens-O'Brien		

As you would be aware, the whole school is involved in The Resilience Project. One of its pillars is KINDNESS. The positive effects of kindness are experienced in the brain of everyone who witnessed the act, improving their mood and making them significantly more likely to “pay it forward.” This means one good deed in a crowded area can create a domino effect and improve the day of dozens of people. Here are a few evidence based facts:

1. Engaging in acts of kindness produces endorphins, the brain’s natural painkiller.
2. Doing acts of kindness leads to an increase in relationship satisfaction and a decrease in social avoidance in socially anxious individuals.
3. Helping others helps you to feel stronger and more energetic as well as feeling calmer and less depressed, with increased feelings of [self-worth](#).
4. People who volunteer live a longer more satisfied life.
5. Giving makes us feel happy. One study found that giving money to someone else lifted happiness more than spending it on themselves.

#### How to be kind

Being kind isn’t rocket science – we all do it every day. But as it’s so beneficial, and so contagious, we thought we’d come up with a few tips and ideas so you can incorporate even more kindness into your day:

Organise a ‘rescue package’ for a friend who needs a pick me up

Give a smile away.

Give someone a call or send an old school letter

While driving, stop to let a car into the traffic.

Offer to mow the grass of your neighbour.

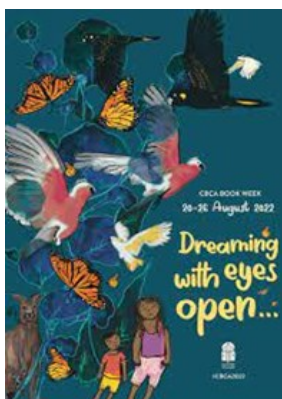
Donate old toys, books, sports equipment, clothes etc to a local charity.

Help out others with their work tasks.

Offer to help an older neighbour with their wheelie bins on rubbish/recycling days.

Give a compliment – acknowledge what someone in your life has done well.

Give away some baking.



We would normally celebrate Book Week in term 3 but due to the number of illness we have had, we have moved this to term 4. Please see further information from our Literacy Leader, Evelyn Pickering, in this newsletter. The Book Week Parade will be held on the 17<sup>th</sup> October.

Have a lovely weekend.

God bless,

Julie

# SPLASH PUPIL OF THE WEEK AWARD



Class	Pupil of the week	Has demonstrated the 3 R's
Prep C	Peiggy Boland	For always demonstrating our school values, by treating her friends and teachers with kindness and respect and including others in her games.
Prep J	Kaius Cacioli	Showing kindness and compassion to friends and staff in Prep, by offering to help and showing care when others are hurt.
1 H	Ashanti Mayom	For trying hard to use the learning disposition of collaboration when working with others. Keep up the great work Ashanti.
1 R	Tyler Bishop	For showing resilience, focus and determination everyday. Tyler you are giving everything a go and doing such a fantastic job staying focused. Keep up the great work! You are a superstar!
2 A	Blake Brincat	For putting in a tremendous effort with his handwriting. Keep up the great effort
2C	Ryan McKenna	For his outstanding focus and positive attitude. Well done for giving all activities a go independently! So proud of you Ryan!
3/4 C	Mason Pedder	For listening to and accepting teacher feedback during Writing sessions and using it to improve the quality of his work. Excellent work Mason!
3/4M	Jonah Crook	For working collaboratively with others and demonstrating the 3 R's in everything that he does. Super effort Jonah
3/4 R	Charlotte Graham	For always being willing to give things a go showing a growth mindset and help and bring joy to all those around her by being a kind and supportive class member.
5D	Lachlan Kiss	For living out the 3R's of OLMC by reinforcing positive behaviour in Year 5D.
5T	Andrew Martinho	For his enthusiasm and wonderful whole class contributions towards our life and faith unit "God in a crisis".
6 C	Asta Derriman	For writing a very descriptive snapshot about her experience on the Giant Swing at camp.
6S	Kiara Anthony	For using the disposition of self-reflection and acting on feedback to improve her learning.







**OLMC PRESENTS**



# **TRIVIA NIGHT**

**WITH A TWIST...**



**Friday, August 19th**

Bring your family & friends - BYO nibbles & drinks

**Tickets \$20 each**

(available through CDFPay)

Book a table - Max. 10 per table

**THIS IS AN ADULTS ONLY EVENT**

**Doors open at 7pm**

Starts at 7.30pm SHARP

Concludes at 10.30pm

Parish Centre, St Anne's Church

101 Riddell Rd, Sunbury

**RSVP - Strictly August 12th**

via CDFPay

DON'T FORGET YOUR COINS FOR THE RAFFLE PRIZES

**HEAPS OF PRIZES TO BE**

**WON ON THE NIGHT**

INCLUDING BEST THEMED / DRESSED TABLE

Thank you to our Sponsors for our major fundraiser

The image displays a collection of logos for various sponsors. The logos are arranged in a grid-like fashion. Some logos are in white on a black background, while others are in color on white backgrounds. The sponsors include:

- Abi B Photography
- NATURALLY BERRY ARTISAN PRESERVES
- Spartan TYRE & SERVICE CENTRE
- Lustrum BATH & BODY
- oh! so good foods
- KELLYS Candy Co. (EST. 1981)
- VICS
- HUME CITY COUNCIL CLUB
- TEA OF EARTH
- HomeGrown Gifts (INSPIRING GIFTS SINCE 2017)
- SUNBURY
- SHUTTER AND I PHOTOGRAPHY
- Poosum and Frog
- coles
- NATALIE BUTLER BOOKS
- Wanderlust Scarves
- FERGUSON PLARRE BAKEHOUSES Since 1901
- Sunbury Florist
- MUCKY DUCK
- earthbox Handmade
- WONDERjungle
- Two Hearts Crafts
- WAX inajar soy candles

At the bottom of the image, there is a black box containing a list of the sponsor names in white text, organized into three columns:

Abi B Photography	Vics Food & Wine	Coles
Naturally Berry Artisan Preserves	Sunbury Aquatic & Leisure Centre	Natalie Butler Books
Spartan Tyre & Service Centre	Tea Of Earth	Poosum & Frog
Lustrum Bath & Body	Home Grown Gifts	Earthbox Handmade
Oh So Good Foods	Shutter & I Photography	Wonderjungle
Kellys Candy Co.	Sunbury Bowls Club	Ferguson Plarre Bakehouses
Sunbury Florist	Mucky Duck	Wanderlust Scarves
	Two Hearts Crafts	Waxinajar Soy Candles



OLMC INVITES YOU TO OUR SCHOOL

# DISCO

**FRIDAY 9 SEPTEMBER**

**PREP – YEAR 2**

**5 – 6:30pm**

**YEAR 3 – YEAR 6**

**7 – 8:30pm**

**\$5 Entry via CDF Portal**

**Includes Pizza, bottled water and lots of fun**

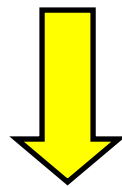
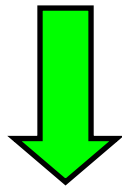
**Pizza options – Hawaiian / Margherita / Plain / Pepperoni (mild salami) / Gluten free option**

**RSVP and CDF Payment due by Friday 2 September**

**Lots of prizes to be won!**

**Bring your \$1 coins to guess how many lollies are in the jar**





Report School Absences : [absent@olmcsunbury.catholic.edu.au](mailto:absent@olmcsunbury.catholic.edu.au)

### Term 3 Dates

11th July—16th September  
(1.30 finish)

### Term 4 Dates

3rd October—16th December  
(1.30 finish)

### 2022 OLMC Bell Times

8.45 am :	First bell / move to classroom
8.55 am :	Classes commence
11.00 –11.30am	Recess time
1.30pm:	Eating time
1.40pm- 2.20pm	Lunch time
3.15pm	End of school day



### School Uniform News

The new **Noone school uniform shop** is up and running. Located at the top of the Salesian college drive way at 1 Macedon Street Sunbury .PH 9740 4831

Here are the opening hours:

Monday – 8.00am – 12.00pm

Wednesday – 8.00am – 12.00pm

Friday – 9.00am to 12.00pm & 1.00pm to 5.00pm

Green socks — \$5 per pair & school hats — \$10 now available from the school office .

### Cash only please

**A reminder** to label all school uniform items especially rugby tops/school jumpers and food /drink containers with your child's name. Lost Property is located in the MPR

12th August	Caroline Dillon Danielle Wadden Cathy Carter
19th August	Belinda Falzon-Pout Shelley Sparke Louise Vasey
26th August	Michelle Shalders Erin Thompson Irene Wishart
2nd September	Emma Clements Kelly Xerri Renee Ridington
9th September	Sylvana Doricic Simone Fawcus Vacancy
16th September	<b>Early finish</b> <b>No Canteen</b>

## OLMC Canteen Roster—Term 3

Thank you for volunteering to help in the canteen, it would be impossible without you!

Please arrive at the canteen at 10.00am, your assistance will be required until around 2.00pm. If you have long hair please tie it up and remember to sign in at the office with your WWC check before coming to the canteen.

If you are unable to attend on your rostered day please ring Sally on 0400384403 as soon as possible so a replacement can be arranged.

I look forward to seeing you all.

Sally Hewitt-Tacey



<p><b>August</b></p> <p>15 – Feast of the Assumption Mass 12 noon</p> <p>19 – PTFA Trivia Night</p> <p>30/31 – Family Faith evening for year 6s (Confirmation)</p>	<p><b>September</b></p> <p>1 Father's Day Stall</p> <p>2 Fathers Day Breakfast 7:30-9:00am</p> <p>2 – Summer sports round robin for years 5&amp;6</p> <p>9- School disco</p> <p>10&amp;11 – Year 3s to attend one Mass for prayer companion</p> <p>14 Whole school Cyber safety Incursion</p> <p>16 End of term 1:30 finish</p>
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## Literacy News

Dear Parents and Caregivers

### Scholastic Book Club

Thank you for all your support with the Scholastic Book Club, I am happy to announce that we have obtained over \$800.00 worth of books so far due to the rewards that come from you purchasing books for your children.

This is such a great help to the school as library books need replenishing all the time and this allows money for other books to be purchased.

For students to be able to read, they need to read.

### Book Week

As you are aware, there have been many absentees both teachers and children due to Covid. There are also many things crammed into the last half of the term. So it has been decided that Book Week Activities will be held in Term 4.

The parade will be on **Monday, Week 3 Term 4, the 17th October at 9:00.**

This gives you more time to get the book character costume ready and hopefully this wave of Covid will have passed and we will already know the winner of the CBCA Book contest.

Evelyn Pickering  
Literacy Leader

Coming in September to OLMC Parish...



# Family Mass



An invitation for you to come to celebrate Mass together as a family.

An opportunity for young people to...

- Join the choir
- Read at Mass
- Join Children's Liturgy
- Lead the Our Father
- Bring up the offertory
- Alter Serve



More information to follow. To express your interest in attending or volunteering, please click here:

<https://forms.gle/K2oevTXsfF4EPaNaA>

# YEAR 7 2024 APPLICATIONS

Salesian College Sunbury



## TO PARENTS OF STUDENTS CURRENTLY IN GRADE 5

Here at Salesian College Sunbury we are proud of our relationship with our neighbouring schools and communities. We work together to provide a quality Catholic education to the young people of Sunbury and surrounds. We celebrate life and faith, prepare students to contribute positively, and provide opportunities to achieve excellence.

We would love to see you as part of our Salesian family. Did you know that now is the time to apply for a place at Salesian College Sunbury in Year 7 2024? Applications are being accepted and close on Friday 19 August 2022.

[Visit our website, or click here to apply.](#) The online application form can be started, saved, and completed at any time. I invite you to visit our College website for all other information.

Our website also features a [virtual tour](#) where you can explore what makes us so unique and 'A Home that Welcomes'.

First round interviews for Year 7 2024 places will be conducted in early September 2022 and offers will go out in October 2022. An interview booking link will be supplied to all applicants soon after the closing date.

If you require further information, please contact our College Registrar (details below).

Mark Brockhus  
Principal - Salesian College Sunbury

## BOOK A TOUR



## MEET & GREET



## CATHOLIC SCHOOLS, ONE COMMUNITY

[salesiansunbury.vic.edu.au](http://salesiansunbury.vic.edu.au) | 03 9744 0000 | [registrar@salesiansunbury.vic.edu.au](mailto:registrar@salesiansunbury.vic.edu.au)



# SUNBURY NETFIT CLINIC

Powered by  The Athlete's Foot

**DATE:** TUESDAY 27TH SEPTEMBER

**TIME:** 9AM-3PM

**WHERE:** ERIC BOARDMAN STADIUM  
120 WILSONS LN, SUNBURY

**WHAT'S ON**  
MATCH PLAY  
SKILLS  
NETFIT FITNESS  
MINDTIME  
NUTRITION

**AGE:** 7 - 14YRS

**PRICE:** \$90  
+ NETFIT T-SHIRT



**BOOK NOW**  
[netfitnetball.com](https://netfitnetball.com)

