



# Newsletter

Term 4 Week 2 Thursday, 13 October 2022

## Principal's Message [principal@olmcsunbury.catholic.edu.au](mailto:principal@olmcsunbury.catholic.edu.au)

Dear Parents



Term 4 is well underway and we are already near the end of week 2. Just a reminder that we have Book Week Parade on Monday. Everyone is welcome to come along. We will meet on the basketball court or the green at 8:45 to give out the weekly Splash awards and sing Happy Birthday. Then each class will have their turn to 'parade' in front of the rest of the school. I look forward to seeing everyone and hearing about their costumes.

The Macedon Street service road project is coming along, although it has been set back by the amount of rain we have had. The project was due to be completed around mid December but I will keep you updated if this is going to be extended. I am grateful for all of the support in having to make different arrangements for drop off and pick up.



I met with the Landscape designer who has been appointed to work on the front entrance of the school. He has also designed sensory gardens and a revamp of the quite area. This design will soon go to tender and we expect the project to begin around May or June next year.



The adventure playgrounds will be upgraded in the coming months. Over the past few years our fundraising endeavours have been to support our playground and outdoor spaces and we are excited to finally be able to put these projects into action. Thank you for your generous support in our fundraising events.

Year 6 graduation will soon be upon us. If there are any year 6 parents who have suggestions on how this could look you are welcome to let me know and we will create a planning committee. When I first started here the evening began with Mass for parents and students and then supper where the parents were in the multipurpose room and the students were in their classrooms. The children ate pizza and the parent supper was supplied by and set up by year 5 parents. Due to covid restrictions in 2020 and 2021 we were forced to make some changes. Liturgy was celebrated during school time with the students and staff only. Families were invited to join in a picnic dinner (each family supplied their own dinner) on the green where we also gave out awards and graduation certificates. I think now is a great time to investigate new possibilities



Happy birthday to everyone for this week. May your day be filled with love and blessings.

Olivia Tranter Lucas Stevens Eli Afamasaga Ruby Parker

### School Address

53 Macedon St  
Sunbury 3429  
9740 7344

### School Closure Day

Monday 31st  
October  
Friday 2nd  
December

### Term 4 Dates

3rd October  
-  
16th December  
(1.30 finish)

## Something for the dads (*The Fathering Project*):



To show up as the best dad for your kids, looking after your mental and emotional wellbeing is a number one priority. Good mental health and wellbeing allows you to live your life in a positive and meaningful way and cope with life's changes and challenges.

### Top Tips

- 1. Have a broad range of interests.** Ensure you take the time to do things you enjoy, whether it's a hobby, sport or taking time out for self-care.
- 2. Develop a support group** of people you feel comfortable to talk to, you can trust, and nurture these relationships.
- 3. Don't think you have to do it alone.** Share issues with an empathetic listener and ask for help sooner rather than later.

### Dad joke of the week

I wanted to thank everyone for sticking with me while I figured out the meaning of "many". It means a lot...

[Read More](#)



### Podcast: The power of a positive mindset

This week we are joined by Dr Marny Lishman who shares her expertise on wellbeing and maintaining a positive mindset.

[Listen now](#)

### Gratitude prompts to explore with your kids

Recognising the things in your life to be grateful for supports your overall sense of wellbeing and happiness. Here are eight prompts to get you started with your children.

[Read more](#)

# SPLASH PUPIL OF THE WEEK AWARD



Class	Pupil of the week	Has demonstrated the 3 R's
Prep C	<b>Michael Kupresanin</b>	For using his prior knowledge and sharing his ideas with his classmates. Great thinking Michael!
Prep J	<b>Chloe Zabielski</b>	Congratulations on your enthusiastic approach towards Maths Chloe! You have diligently estimated, reasoned and compared - especially during our mass and capacity tasks these past weeks. Fabulous efforts!
1 H	<b>Malika Chand</b>	For being a caring and thoughtful friend and using the 3 R's when working in class. Your reading and writing is amazing! Congratulations Malika!
1 R	<b>Mason Clements</b>	For working hard on staying focused and becoming an independent learner.
2 R	<b>Adam Minaweih</b>	For demonstrating greater confidence, persistence and independence towards improving his handwriting and recording his ideas during writing tasks. Terrific effort Adam!
2C	<b>Emily Nation</b>	For being a risk taker and showing great courage to work outside her comfort zone and try challenging things.
3/4 C	<b>Teagan Stephens-O'Brien</b>	For stepping out of your comfort zone into the learning zone during Math sessions You have been eager to challenge yourself to learn more about fractions. Keep up the positive growth mindset.
3/4 M	<b>Nicola Borgese</b>	For her amazing display of confidence and courage when she presented her information report. You should be very proud Nicola that you were able to step out of your comfort zone. Well Done.
3/4 R	<b>Hannah Zudetich</b>	For displaying the learning disposition of determination when faced with challenging maths problems involving fractions.
5 D	<b>Mason Ellis</b>	For his enthusiastic attitude and magnificent story writing
5 T	<b>Alana Dixon</b>	For actively contributing to class discussions and working hard to develop the storyline in her narrative.
6 C	<b>Roman Stella</b>	For being an enthusiastic and self motivated learner who listens to feedback and always strives to do his best when working on tasks.
6S	<b>Kiara Anthony</b>	For rising to the challenge of improving the standard of all of her work and attempting all tasks.

Dear Parents and Caregivers

The students are getting all excited about the **Book Week parade on Monday 17<sup>th</sup> October at 9:00** on the Oval if dry, Multi purpose if not.

Please don't forget to dress your child as a character from a book. It does not have to be a very fancy expensive costume. Just something to show a character from a book. Please send the book if you have it. I have to say that some of the teachers are just as excited to get dressed up too.

**Scholastic Book Club orders are due by 24th October, 2022.**

Thanks for your support in supporting your children. You have got to love children when they are full of the joy of learning.

Cheers Evelyn  
Literacy Leader

**Report School Absences : [absent@olmcsunbury.catholic.edu.au](mailto:absent@olmcsunbury.catholic.edu.au)**

### 2022 OLMC Bell Times

8.45 am :	First bell / move to classroom
8.55 am :	Classes commence
11.00 –11.30am	Recess time
1.30pm:	Eating time
1.40pm- 2.20pm	Lunch time
3.15pm	End of school day



### School Uniform News

The new **Noone school uniform shop** is up and running. Located at the top of the Salesian college drive way at 1 Macedon Street Sunbury .PH 9740 4831

Here are the opening hours:

Monday – 8.00am – 12.00pm

Wednesday – 8.00am – 12.00pm

Friday – 9.00am to 12.00pm & 1.00pm to 5.00pm

Green socks — \$5 per pair & school hats — \$10 now available from the school office .

### Cash only please

**A reminder** to label all school uniform items especially rugby tops/school jumpers and food /drink containers with your child's name. Lost Property is located in the MPR

OCTOBER DATES	NOVEMBER DATES	DECEMBER DATES
17 Book Week costume Parade 9am 19 – Prep Fire Ed session 21 – Whole school athletics day at Salesian College 26 – Sacrament of Reconciliation 5pm and 7pm OLMC Church 27 – Whole school photo 31 – No school	1 – Melbourne Cup Day holiday 3 – 2023 Prep Orientation session 1 4 – Year 3/4 excursion to the zoo 4 – Year 5 Incursion – politics 14 – Year 5s visiting Salesian College 15 - 2023 Prep Parent Information Night 15 - 2023 Prep Orientation session 2 20 – Prep Family Mass 10:30 (TBC) 24 - OLMC Choir- Christmas Cheer at Sunbury Global Learning Centre 28 – Year 2-6 swimming carnival 30 - 2023 Prep Orientation session 3	1 – OLMC Carols Night 2 – School closure day 9 – Year 6 Big Day Out 9 – 2023 House captain elections 15 – End of year reports will be available online 15 – Year 6 Graduation 16 – Thanksgiving Liturgy 9:15 16 – Students finish at 1:30 16 – 1:30 – Year 6 guard of honour

### Our Lady of Mount Carmel Canteen Roster—Term 4 2022

7 <sup>th</sup> Oct		18 <sup>th</sup> Nov	Sylvana Doricic Andrea Stevens Tracey Kilkenney
14 <sup>th</sup> Oct	Danielle Wadden Cathy Carter Sylvana Doricic	25 <sup>th</sup> Nov	Emma Clements Esther Kuscus-Harrison Renee Ridington
21 <sup>st</sup> Oct	<b>School Sports Day No Canteen</b>	2 <sup>nd</sup> Dec	<b>School Closure Day</b>
28 <sup>th</sup> Oct	Emma Clements Renee Ridington Sylvana Doricic	9 <sup>th</sup> Dec	Michele Shalders Erin Thompson Irene Wishart
4 <sup>th</sup> Nov	Shelley Sparke Simone F Belinda Falzon-Pout	16 <sup>th</sup> Dec	<b>No canteen 1.30pm finish</b>
11 <sup>th</sup> Nov	Nicole Petrie Nat Grant Genevieve Billingham		

Please contact Sally if you can fill a vacancy 0400 384 403 / olmccanteen@hotmail.com

# Cyber Safety Project UPCOMING

## EVENTS

Free webinar series for  
parents & children  
aged 10 - 15 years.



Oct  
11

### Cyber Security for Families

*Hear from cyber safety experts as they uncover just how easy it is for cyber criminals to scam and hack us!*

Nov  
09

### My First Mobile Phone

*Is your child about to get their first mobile phone or personal tablet? Learn helpful tips to level up your mobile phone security and create a safe digital environment for the whole family.*

Nov  
22

### Online Gaming Safety

*Uncover how gaming platforms are hooking us in and learn how to take control by managing screen time and creating healthy gaming habits.*

Nov  
28

### Digital Balance & Wellbeing

*Tune in, wake up and take control. Practical strategies to find a balance and learn to thrive in a digitally-connected world.*

CYBER SAFETY PROJECT

**FREE REGISTRATION**  
[cybersafetyproject.com.au/events](https://cybersafetyproject.com.au/events)







**\$500 to help with education costs for you or your children**

saverplus.org.au  
 1300 610 355  
 Like us on facebook 



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with The Smith Family, Berry Street and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



## TERM 4 IS UNDER WAY...BUT YOU CAN STILL JOIN US!

Check our availabilities here;



<https://www.sunburyhouse.com.au/snh-programs-2022/>



Drop in and see us at the counter



Give us a call on 9740 6978



Cash, Card (attracts a fee), Bank Deposit all accepted



 [enquiries@sunburyhouse.com.au](mailto:enquiries@sunburyhouse.com.au)  [@sunburyneighbourhoodhouse3](https://www.facebook.com/sunburyneighbourhoodhouse3)  
 [sunburyhouse.com.au](http://sunburyhouse.com.au)  9740 6978  531 Elizabeth Drive Sunbury