



# Newsletter

Term 4 Week 4 Thursday, 27 October 2022

## Principal's Message [principal@olmcsunbury.catholic.edu.au](mailto:principal@olmcsunbury.catholic.edu.au)

Dear Parents,



This week our year 3 students have received the Sacrament of Reconciliation for the first time. One of the key points that was explored at the Family Faith Evening was around 'missing the mark'. We all make decisions that are not always the right one and can affect others and our relationships. It is important to reflect on this, think about who may have been hurt, how we would do things differently next time and how we can show that we are truly sorry. This also links well with our Restorative Practices approach to behaviour in the school. We recognise that we all make mistakes and the focus is on making things right and acting differently next time.

**School Address**  
53 Macedon St  
Sunbury 3429  
9740 7344



It is important to remember that the Sacrament of Reconciliation is not a 'one off'. It is a way of continuing to reflect on our actions and build our relationship with God. Thank you to the year 3/4 teachers and Mr Graham for helping to prepare the children and for the support that has also been given at home.

None of us is immune to the stresses and demands of the challenging world we find ourselves living in, yet if we have hope it is easier to find a way to navigate the most turbulent of seas and to find a way forward. If we allow hopelessness and fear to dominate our internal narrative instead of hope, we have nothing left to hold onto or a light at the end of the tunnel to aim for; we become easily overwhelmed, struggle to see a way out of our troubles and tragically many give up.

We need to try to offer a balanced narrative. The world isn't as bad as the press and social media would lead us to believe. We just fail to share stories of people doing incredible things for their fellow men and women, examples of love, compassion and empathy. By being exposed to more of these stories we can offer people hope that things can get better and offer an alternative perspective to that which seems to be emanating from most media.

Having hope may not change what happens in each set of circumstances, however, it can give us the ability to navigate and cope better. If we can see even the faintest glimmer of hope in our darkest moments, it gives us something to aim for and head towards.

**School Closure Day**  
Monday 31st  
October  
Friday 2nd  
December

**Term 4 Dates**  
3rd October  
-  
16th December  
(1.30 finish)

According to the “hope theory”, hope can give people the will, determination and sense of empowerment that allows them to reach their goals. A large body of research on hope demonstrates its power to support wellbeing, even more so than optimism or self-efficacy (our belief in our own abilities). Hope serves as a buffer against negative and stressful life events.

Hope is about desiring an outcome that will make our life better in some way, and planning towards it, but with no assurance that the desired outcome will happen.

**Happy birthday to everyone who is celebrating this week. I hope you have a wonderful day.**



Oscar Casey, Molly O’Callaghan, Eadie Cacioli  
Taiyo Marshall, Connor Vella



It has come to my attention that there is a shortage of summer dresses at the uniform shop. I have spoken to Noone about this and the fact that the staff had been quite rude to parents. I apologise that this has happened and I have expressed my thoughts to the company. Hopefully the dresses are not too far away. If your daughter has outgrown her dress, she may her sports uniform until the dresses are in stock. Please provide a note to your child’s teacher if this is the case.

There seems to be an issue with children bringing chewing gum to school. We have reminded them not to bring or chew gum. Can you please reinforce this at home?



Just a reminder that there is no school on Monday and Tuesday due to a report writing day and the Melbourne Cup holiday. If you are going away for the week-end, please travel safely and enjoy the break.

God bless,  
Julie

# SPLASH PUPIL OF THE WEEK AWARD



Class	Pupil of the week	Has demonstrated the 3 R's
Prep C	Phoenix Phipps	For displaying resilience and participating in challenging Maths tasks and explaining his thinking. Terrific effort Phoenix !
Prep J	Luka Takac	For showing our school values of respect, responsibility and resilience during learning times and when interacting with peers - awesome efforts Luka!
1 H	Molly O'Callaghan	For helping Mr Devlin by suggesting a wonderful way to solve a problem on the playground.
1 R	Lucas Blume	For being a responsible and respectful member of Team 1R by looking after other students and helping them to solve their problems!
2 R	Sebastian Nurse	For his thoughtful contributions during Maths discussion.
2C	Ayden Storms	For displaying self motivation and incredible focus to improve all areas of his learning, especially his spelling words.
3/4 C	Mater Paterra	For continuing to be courageous when learning new strategies in Mathematics. You are not afraid to get out of your comfort zone into the learning zone to challenge yourself. Keep up the excellent growth mindset
3/4 M	Olivia Tranter	For demonstrating greater confidence and supporting others in their learning. Well done Olivia its great to see you sharing your wonderful insights with others.
3/4 R	Isabella Musone	For showing great confidence and an incredible use of time management skills when preparing for her presentation about snowy owls. Well done, Izzy!
5 D	Nina Filice	For writing a wonderful story called Trick or Treat. In this story we saw great character development and excellent editing skills. You are a brilliant writer Nina.
5 T	Jai Santos	For always demonstrating respect towards others and approaching all tasks with a positive attitude.
6 C	Leo Tait	For displaying the learning disposition of determination and always being ready to challenge himself when working on tasks.
6S	Christiano Luca	For using self-reflection and self-motivation to optimise his learning.

**Report School Absences : [absent@olmcsunbury.catholic.edu.au](mailto:absent@olmcsunbury.catholic.edu.au)**

### 2022 OLMC Bell Times

8.45 am :	First bell / move to classroom
8.55 am :	Classes commence
11.00 –11.30am	Recess time
1.30pm:	Eating time
1.40pm- 2.20pm	Lunch time
3.15pm	End of school day



### FOUND

Children's reading glasses. Dark brown colour. Karen Millen Brand



Please see school office .

## School Uniform News

The new **Noone school uniform shop** is up and running. Located at the top of the Salesian college drive way at 1 Macedon Street Sunbury .PH 9740 4831 / [salesian@noone.com.au](mailto:salesian@noone.com.au)

Opening hours:

Monday – 8.00am – 12.00pm

Wednesday – 8.00am – 12.00pm

Friday – 9.00am to 12.00pm & 1.00pm to 5.00pm

Green socks — \$5 per pair & school hats — \$10 now available from the school office .

**Cash only please**

**A reminder** to label all school uniform items especially rugby tops/school jumpers and food /drink containers with your child's name. Lost Property is located in the MPR

OCTOBER DATES	NOVEMBER DATES	DECEMBER DATES
31 – <b>No school</b>	1 – Melbourne Cup Day holiday  3 – 2023 Prep Orientation session 1 9.30—10.30am 4 – Year 3/4 excursion to the zoo 4 – Year 5 Incursion – politics 14 – Year 5s visiting Salesian College 15 - 2023 Prep Parent Information Night 7.00pm 15 - 2023 Prep Orientation session 2 9.30 –10.30am 20 – Prep Family Mass 10:30 (TBC) 24 - OLMC Choir- Christmas Cheer at Sunbury Global Learning Centre  28 – Year 2-6 swimming carnival  30 - 2023 Prep Orientation session 3 9.30—10.30 am	1 – OLMC Carols Night  2 – <b>School closure day</b>  9 – Year 6 Big Day Out  9 – 2023 House captain elections 12—2023 Prep orientation session 4 & Whole school orientation 12.00 — 1.00pm  15 – End of year reports will be available online  15 – Year 6 Graduation  16 – Thanksgiving Liturgy 9:15  16 – Students finish at 1:30  16 – 1:30 – Year 6 guard of honour

### Our Lady of Mount Carmel Canteen Roster—Term 4 2022

Please contact Sally if you can fill a vacancy 0400 384 403 / olmccanteen@hotmail.com

28 <sup>th</sup> Oct	Emma Clements Renee Ridington Sylvana Doricic	2 <sup>nd</sup> Dec	<b>School Closure Day</b>
4 <sup>th</sup> Nov	Shelley Sparke Simone Fawcus Belinda Falzon-Pout	9 <sup>th</sup> Dec	Michele Shalders Erin Thompson Irene Wishart
11 <sup>th</sup> Nov	Nicole Petrie Nat Grant Genevieve Billinghamurst	16 <sup>th</sup> Dec	<b>No canteen 1.30pm finish</b>
18 <sup>th</sup> Nov	Sylvana Doricic Andrea Stevens Tracey Kilkenney		
25 <sup>th</sup> Nov	Emma Clements Esther Kuscus-Harrison Renee Ridington		

# Cyber Safety Project UPCOMING

## EVENTS

Free webinar series for  
parents & children  
aged 10 - 15 years.



Oct  
11

### Cyber Security for Families

*Hear from cyber safety experts as they uncover just how easy it is for cyber criminals to scam and hack us!*

Nov  
09

### My First Mobile Phone

*Is your child about to get their first mobile phone or personal tablet? Learn helpful tips to level up your mobile phone security and create a safe digital environment for the whole family.*

Nov  
22

### Online Gaming Safety

*Uncover how gaming platforms are hooking us in and learn how to take control by managing screen time and creating healthy gaming habits.*

Nov  
28

### Digital Balance & Wellbeing

*Tune in, wake up and take control. Practical strategies to find a balance and learn to thrive in a digitally-connected world.*



CYBER SAFETY PROJECT

**FREE REGISTRATION**  
[cybersafetyproject.com.au/events](https://cybersafetyproject.com.au/events)





## Come and Try Guide Night

Girls currently in Grades Prep – 2 are invited to come and try a night at a Girl Guides meeting for free.

Monday November 14<sup>th</sup>, 2022

4.30 – 6.00pm

To book a place, contact

[carolyn.johnstone@guidesvic.org.au](mailto:carolyn.johnstone@guidesvic.org.au) or

[sarahj.butler@guidesvic.org.au](mailto:sarahj.butler@guidesvic.org.au)

# HAVE YOU SEEN THE OLMC RECYCLING CENTRE?



IT'S LOCATED IN THE SCHOOL OFFICE FOYER.  
WE ARE CURRENTLY COLLECTING BREAD TAGS (PLASTIC ONLY), OLD PENS AND TEXTAS, USED BATTERIES, ANY ORAL WASTE PACKAGING AND NOW .....

**WE ARE HAPPY TO ANNOUNCE WE ARE ABLE TO  
RECYCLE MEDICINE BLISTER PACKS.**

**Lets do our bit and help save the planet—it's easy, just  
collect these items and drop them in at our Recycling bins**

