



Principal's Message

principal@olmcsunbury.catholic.edu.au

Dear Parents,



Our Year 6 students are receiving the Sacrament of Confirmation on Sunday at St Patrick's Cathedral. Confirmation is one of the seven sacraments of the Catholic Church. It is a significant moment when we receive the fullness of the Holy Spirit, strengthening our faith and deepening our relationship with God. Through this Sacrament, the students will become full members of the church, embracing their role as witnesses and ambassadors of Christ in our world. The students have been engaging in a series of reformation activities to ensure they are spiritually prepared for this important step in their faith journey. They will be involved in a reflection day tomorrow to strengthen their readiness for Sunday. They have focused on deepening their understanding of the sacrament, its significance, and the responsibilities that come with it.

To further enrich this experience, we encourage you, as parents and guardians, to actively support and engage with your child during this time. Your love, guidance, and example are crucial in nurturing their faith and helping them grow into confident, compassionate, and faithful individuals. I would like to extend my heartfelt gratitude to the year 6 teachers, Tom, Kerry and Kate, who have dedicated their time and efforts in guiding the children through this preparation period. Their commitment to our students' spiritual growth is truly commendable, and we are immensely grateful for their invaluable contributions.

We are excited to witness the faith-filled journey of our students as they embark on this next chapter of their lives. Together, let us continue to inspire and nurture their spiritual development, supporting them in becoming faithful disciples of Christ.

School Address

53 Macedon St
Sunbury 3429
9740 7344

Term 2

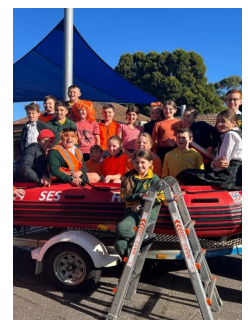
School

Closure Day

Monday 22
May



Yesterday we took part in Wear Orange Wednesday to support our local SES volunteers. We were lucky to be chosen to have the SES vehicles and resources on site and the students were given the opportunity to hear about the wonderful work of the SES and to explore their boat and trucks. A huge thank you to everyone who dressed up and entered the colouring competition and to the SES volunteers for giving up their time to visit us and share their experiences.



MENTAL HEALTH



Next Monday 22nd May the school is closed for a staff professional learning day. Our focus will be student wellbeing and mental health in primary schools. At OLMC, we firmly believe that a child's mental health is as crucial as their physical health, and we recognize the significant role teachers play in supporting their emotional well-being. Teachers are not only educators; they are also advocates, mentors, and confidants for our children. They spend a significant amount of time with them, observing their behaviours, monitoring their progress, and cultivating their personal growth. Consequently, teachers are uniquely positioned to notice signs of emotional distress, anxiety, or any other mental health concerns that may affect a child's academic performance and overall happiness.

Awareness and understanding of mental health issues among teachers are vital for several reasons:

Early Identification and Intervention: Teachers who are knowledgeable about mental health can recognize potential signs of distress in students and initiate appropriate interventions promptly. Their observations and insights contribute to early identification, allowing us to connect children with appropriate resources and support systems.

Safe and Supportive Classroom Environment: Teachers who possess an understanding of mental health create a classroom atmosphere where students feel safe, understood, and accepted. Such an environment encourages open communication, reduces stigma, and promotes positive mental health practices.

Collaboration with Parents: By sharing concerns related to a child's mental health, teachers can work closely with parents to ensure that the necessary support systems are in place both at school and at home. This collaboration strengthens the overall support network for our students and enhances the consistency of care they receive.

Promoting Positive Mental Health Practices: Teachers who are equipped with knowledge about mental health can incorporate activities and strategies into their lesson plans that promote emotional well-being, resilience, and self-care. By teaching valuable coping skills and fostering a growth mindset, we empower our students to navigate life's challenges effectively.

To foster a more comprehensive understanding of mental health among our faculty, we are actively investing in professional development opportunities that focus on mental health awareness, recognizing warning signs, implementing effective support mechanisms, and collaborating with relevant professionals. By equipping our teachers with these skills, we aim to enhance our ability to support the diverse needs of our students effectively. We believe that collaboration between home and school is crucial in promoting the mental health of our students. As parents, your involvement and support play a vital role in nurturing your child's emotional well-being. We encourage you to communicate openly with our teachers, share relevant information about your child's mental health, and reach out to Shelley Ellis or Danielle Jongebloed if you have any concerns or questions. Together, we can create a supportive and empathetic community that recognizes the importance of mental health and fosters the growth and success of our children. Let us work hand in hand to ensure that our students thrive academically, emotionally, and socially.

We keep the families, students and staff of Exford Primary School in our thoughts and prayers this week. On behalf of all MACs schools, our Executive Director, Doctor Edward Simons, has reached out to the school community in this difficult time for them. The safety and wellbeing of our students is always foremost in the mind of a principal and I can only imagine what they are all going through after the terrible accident this week.

Happy birthday to everyone who is celebrating this week. I hope your day is filled with love and happiness.



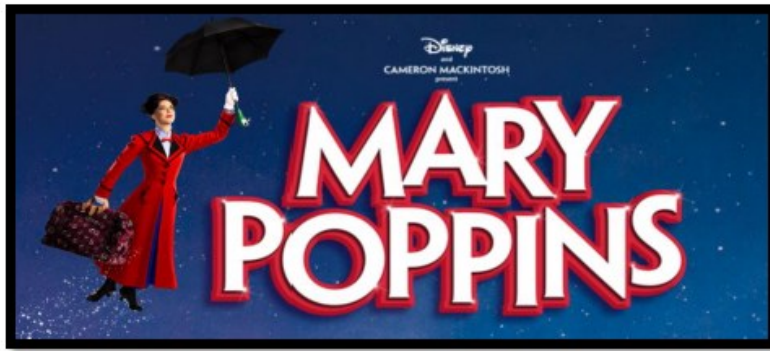
Logan Marinelli Mason Marinelli Mason Dagher
Isla Tait Holly Strant

God bless,
Julie

SPLASH PUPIL OF THE WEEK AWARD



Class	Pupil of the week	Has demonstrated the 3 R's
Prep R	Areet Kaur	For being a kind and friendly class member who works cooperatively with others.
1H	Peiggy Boland	For being responsible towards her learning in her life & faith science activity
1K	Jessica Browning	For always being a kind, caring and friendly member of our classroom. Jessica takes responsibility for her own work and will always apply the feedback given in class. Keep up that amazing positive mindset you have Jess!
2C	Matthew Mikhail	For displaying curiosity by researching information about his favourite scientists. Matthew, you inspire 2BC every day with your love of learning!
2R	Willow Cutajar	For including descriptive words to make her writing interesting for others to read and editing her own work . Keep up the wonderful work Willow!
3/4C	Maggie McClafferty	For being a creative and self motivated learner and designing an amazing nonfiction fun fact card for our classroom learning wall.
3/4H	Macey Carlyle	For always showing our school values of respect, resilience and responsibility with every interaction she has with both school staff and students. Keep up the good work, Macey!
3/4J	Charlotte Wojewidka	For being a wonderful class role model of the 3R's when showing kindness and helping others.
5D	Hunter Stott	For Developing a real have a go attitude to all activities and for investigating and then presenting his understandings of Solids, Liquids and Gases.
5S	Ambrosia Caruana	For using the disposition of curiosity by asking lots of questions to clarify her understanding of new ideas.
6C	Sara Farah	For demonstrating the two learning dispositions of 'Risk Taking' & 'Self Motivation'. You are not afraid to work outside your comfort zone and to set yourself new goals to improve. Congratulations, keep striving to be your best!
6T	Mitchell Dagher	For being a responsible learner by independently using a strategy to self manage his emotions.



WE DID IT!

142 Students, 40 Parents, Guardians or Friends and 14 OLMC Staff Members attended the spectacular stage production of Mary Poppins at Her Majesty's Theatre in Melbourne last Wednesday 10th May. OLMC were lucky enough to score seats in the Grand Circle area, to witness the multi-award winning and critically acclaimed production that included super stars such



as Marina Prior, Stephanie Jones and Jack Chambers. Not only did we all witness the magic of everyone's favourite Nanny come to life, students also experienced the sound of a live orchestra band and a meet and greet with Mary Poppins herself. Students were not only enchanted by this spectacle but found inspiration for what we hope will be OLMC's very own Mary Poppins production later this year. Thank you to all students, families and OLMC staff for the support and organisation of this event.

I couldn't believe there were real people on a stage! It was so good my mind was blown. - Owen S 2R

My favourite part was when Mary Poppins flew out and up near us at the end. I loved getting on the buses too. - Noah A Prep



I thought it was really good especially at the end when the lights came over the crowd and it made it look like we were covered in stars. The movement of the sets especially the house was pretty cool also. - Jack W 6C



It was amazing when Mary Poppins flew over us and waved to everyone. She was so nice and kind. - Olivia G 1H

I loved the kitchen scene where the plates smashed down and the Mary Poppins fixed it with Magic. It was lots of fun. My favourite song was Feed the Birds. - Peiggy B 1H

Mary Poppins was very good because it was funny and realistic. The tap dancing with the chimney sweepers was my favourite part. - Xavier N 3/4C

On the 10th May students from OLMC were invited to watch Mary Poppins the musical at her Majesty's Theatre. We all had a great time and enjoyed the show. We were so lucky to have that experiences thank you to Ms Hayley and Ms Freeman. - Naomi 3/4JM

Mary Poppins was amazing and I loved it! I loved the clapping and singing the song Chim Chim Cher-ee. It was amazing when Mary Poppins went in the air. I loved it! - Harry Z 3/4C

It was really fun. I loved seeing the actors on stage. My favourite was when Mary Poppins flew over the audience and waved at us all. - Morgan 6FT



My favourite part was when the toys came to life and the giant puppet popped up. I loved the Chimney Sweepers song and tap dance. The whole experience was very good. - Alana D 6FT



*I loved all the songs and tap dancing. -
Catrina M 2BC*

*I really enjoyed Mary Poppins because it was
incredible and it really made you believe you
were in the world of Mary Poppins. - Chloe S 5S*

*I loved when Mary Poppins flew up and over the
audience. Even though I could see the wires it
was still amazing to watch her fly -
Mackenzie P 3\4H*

*I had a great view and the best part was when
she went up into the roof with her umbrella.
The music was fantastic and the sets and
movements were very clever - James C 3\4H*

*My favourite part was the chimney sweeper's
part with the tapping, dancing and singing. I
also loved going on the buses. - Clementine 1K*

*I thought Mary Poppins was amazing and
magical. All the actors and stage set up was
entertaining and practically perfect in every
way. The best part was when the old Nanny
Andrews (the wholly terror) was put in a cage by
Mary Poppins never to be seen again - Sam P 6C*

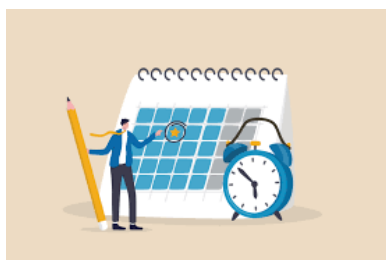
*I enjoyed the whole show. My favourite part was
when the toys came to life and the giant Mr
Punch popped up. - Tyler 3/4JM*

*The day was great. The acting was good and the
sets were really clever and detailed. My
favourite scene was when all the toys and
stuffed animals came to life. - Zac H 6FT*



*When I was there I thought it was just the most
amazing experience and I would love to go
again! Even my teachers said to my parents
they wish they could have been there to see my
face light up and smile as I clapped and danced
along to the show. My favourite part was when
Mary Poppins flew over the audience and also
when Bert walked on the side walls and roof
singing and dancing. - Zahra D 5D*

Important dates:



- Friday 19th May – Confirmation Reflection Day for Year 6s
- Sunday 21st May – Sacrament of Confirmation
- **Monday 22nd May – Staff PD Day – no students**
- 5th -7th June – Year 5 and 6 camp
- 8th and 9th June – Year 3/4 camp
- Monday 12th June – King's Birthday holiday – no school
- Friday 16th June – Year 5 and 6 winter round robin sports day
- Friday 23rd June – Term 2 finishes at 1:30pm

We are pleased to advise that OLMC now has **Centrepay** available for fee payments.

If you have a Centrelink account you can set up a deduction for School fees by one of the following ways:

*via your Centrelink online account via MyGov

*using the Express Plus Centrelink mobile app

*by contacting the Agency



centrelink



The minimum Deduction amount for Centrepay is \$10.

For further information, please contact Melissa Bonavia at the School Office.

Our Lady of Mount Carmel Canteen Roster - Term 2 2023

19 th May	Erin Thompson Michele Shalders Irene Wishart
26 th May	Emma Clements Natalie Xerri Nat Grant
2 nd June	Fran Mckay Laurelle Cacioli Nikki Munslow
9 th June	Astrid Nurse Vickie Breese Jazz Stevens
16 th June	Emma Clements Renee Ridington Nikki Munslow

Thank you for volunteering to help in the canteen, it would be impossible without you. Please arrive at the canteen at 10.00am your assistance will be required until around 2.00pm. If you have long hair please tie it up and remember to sign in at the office with your current WWC.

If you are unable to attend your rostered day please SMS Sylvana on 041 2429600 as soon as possible so a replacement can be arranged.

I look forward to seeing you all.

Sylvana Doricic

OLMC SACRAMENTAL DATES 2023



Save the Dates

Sacrament of Confirmation-
Sunday May 21st 2pm @ St Patrick's Cathedral


Sacrament of First Eucharist-
Saturday 5th August 5.30pm @ St Anne's Church **OR**
Sunday 6th August 10.30am @ St Anne's Church

Sacrament of First Reconciliation
Wednesday 13th September 5pm **OR** 7pm
@ OLMC Church

Report School Absences :
absent@olmcsunbury.catholic.edu.au

OLMC Bell Times

8.50am :	First bell / move to classroom
8.55 am :	Classes commence
11.00 –11.30am	Recess time
1.30pm:	Eating time
1.40pm- 2.20pm	Lunch time
3.15pm	End of school day



2023 Term Dates

Term 1	27 January—6 April (1.30 Finish) (Easter April 7—10)
Term 2	24 April—23 June (1.30 Finish)
Term 3	10 July—15 September
Term 4	2 October— To be advised



Contact details for big childcare :

Email : olmc@bigchildcare.com

Phone number is 0474 525 977.(between 6.30-8.30 & 2.30-6.30) but also will be contactable during admin hours.



OFFICIAL UNIFORM SUPPLIER TO
OUR LADY OF MOUNT CARMEL PRIMARY SCHOOL
PRICE LIST VALID TO 30TH JUNE 2023

Uniform	Sizing	Price
Pullover - Bottle	70-75	\$80.50
	80+	\$83.95
White short sleeve shirt – classic	29-42	\$32.50
White short sleeve shirt - tailored	4-20	\$32.50
White long sleeve shirt – classic	29-42	\$35.50
White long sleeve shirt - tailored	4-20	\$35.50
Academic Trouser – Grey Full Elastic Waist	4-18	\$39.95
Academic Trouser – Grey ½ Elastic Waist	4-18	\$44.95
Straight leg pant - Bottle	4-16	\$31.95
Tailored slacks – Bottle	4-16	\$59.95
Gaberdine shorts - Bottle	4-16	\$23.50
Dress – Green/white check	4-18	\$49.50
Tunic – Green check	4-18	\$65.00
Short sleeve polo top – Bottle/Gold	4-14 & XS-2XL	\$29.00
Long sleeve polo top – Bottle/Gold	4-14 & XS-2XL	\$32.00
Sport Shorts – Bottle	4-18	\$25.00
Skort – Bottle	4-16	\$24.50
Track pant with cuff – Bottle	4-16	\$29.95
Softshell Jacket – Bottle	4-14 & XS-M	\$65.00
Polar fleece vest – Bottle	4-16	\$30.00
Rugby top – Bottle/Gold	4-14 & XS-2XL	\$70.00
Bucket Hat – Bottle/Gold	XS, S, M, L	\$15.50
Legionnaires Hat – Bottle	OSFA	\$15.50
Slouch Hat – Bottle	XS, S, M, L	\$15.50
Scarf – Bottle	OSFA	\$10.00
Backpack with logo		\$56.50
Library Folio - Bottle		\$13.50
Library Bag – Bottle		\$9.00
Art Smock – Bottle or Navy		\$21.00
Ankle Socks – 2Pk	5-8, 9-12, 13-3, 2-8, 7-11, 11-14	\$10.00
Knee Hi socks - Bottle	5-8, 9-12, 13-3, 2-8, 7-11, 11-14	\$9.95
Cotton Tights - Bottle	3-4, 5-6, 7-8, 9-10, 11-14	\$14.95

Uniform is available from the Salesian College Sunbury
campus Uniform Shop

Salesian College Uniform Shop Trading Hours:

Monday 8.00am – 12.00pm
 Wednesday 8.00am – 12.00pm
 Friday 9.00am – 12.00pm and 1.00pm – 5.00pm
 Ph: 9740 4831

All prices are subject to change without notice

1 Macedon Street Sunbury

salesian@noone.com.au

HAVE YOU SEEN THE OLMC RECYCLING CENTRE?



IT'S LOCATED IN THE SCHOOL OFFICE FOYER.
WE ARE CURRENTLY COLLECTING BREAD TAGS (PLASTIC ONLY), OLD PENS AND TEXTAS, USED BATTERIES, ANY ORAL WASTE PACKAGING AND NOW

**WE ARE HAPPY TO ANNOUNCE WE ARE ABLE TO
RECYCLE MEDICINE BLISTER PACKS.**

**Lets do our bit and help save the planet—it's easy, just
collect these items and drop them in at our Recycling bins**

