



OLMC Newsletter

Term 1 Week 3: 15th February 2024

Principal's Message

principal@olmcsunbury.catholic.edu.au

53 Macedon Street , Sunbury 3429

9740 7344

Dear Families,



As we enter the season of Lent, I would like to take a moment to share the significance of Ash Wednesday, which marks the beginning of this solemn period in the Catholic calendar. It is a time when we acknowledge our human frailty and seek forgiveness for our shortcomings. The ashes applied in the form of a cross on our foreheads symbolise repentance and a commitment to a renewed spiritual journey.

The ashes used on this day are typically made from the blessed palms of the previous year's Palm Sunday. As they are placed on our foreheads, the priest may say, "Remember that you are dust, and to dust, you shall return" or "Turn away from sin and believe in the Gospel." These words serve as a powerful reminder of our mortality and the call to turn away from sin towards a life centred on faith, love, and compassion.

During Lent, we engage in prayer, fasting, and almsgiving to grow closer to God and to reflect on the sacrifices made by Jesus for our salvation. As a community, let us use this season as an opportunity for personal and collective spiritual growth, fostering a sense of compassion and understanding for one another.

We encourage you to discuss the meaning of Ash Wednesday with your children, helping them understand the significance of this day in our faith. May this Lenten season be a time of reflection, transformation, and a deepening of our connection with God.



This afternoon we have provided the opportunity for you to meet with your child's teacher to share with them any information you feel it is worthwhile for them to know about your child. Thank you to parents who have taken up this opportunity. The relationship between home and school is vital to student growth.

Happy birthday to everyone who is celebrating their special day this week. I hope it is filled with love and happiness



Aston Ruffino

Ben Letzis

Cara Nevin

Luci Coomber

Amelia Hosier-Mocnik

Yvey Udorovic

Leo Plummer

REMINDERS:

- Please remember the front office is not a thoroughfare for parents or students to enter or exit the school while the gates around the school are open. This space is only for anyone who needs to visit the office.
- If your child arrives at school after 8:50am a parent must walk them in and sign them in at the office.
- Please call 97407344 or email absent@olmcsunbury.catholic.edu.au if your child is absent and let us know if it is for illness or family reasons.

God bless,

Julie

PTFA News



We are about to kick start our 5 week program for **JUMP ROPE FOR HEART**. Please register your child online to start logging any skipping hours and raising money for some great prizes! www.jumprope.org.au/parents. Don't forget JUMP DAY is being held on **March 22nd** to show off all off OLMC's skipping skills!

If you are able to help with any of our events this term, please fill out this form with your availability. <https://forms.gle/EPPYm3yZhHduwbkLA>

Thank you
Courtney

FUNDRAISING DATES

TERM ONE 2024

FRIDAY MARCH 15th

Hot cross bun orders due
Easter hamper donations due

FRIDAY MARCH 22nd

JUMP DAY - Jump Rope for Heart

WEDNESDAY MARCH 27TH

Easter FUN Day
Fun Food Day
Hot cross bus arrive

SATURDAY MARCH 30th

Bunnings BBQ



Our Lady of Mount Carmel Canteen Roster Term 1 2024

9 th Feb	Tracey Kilkenny Nat Grant	8 th March	Nat Grant Erin Thompson Irene Wishart
16 th Feb	Danni Wadden Nikki Munslow Kelly Xerri	15 th March	Nikki Munslow Jess Pedder Emma Clements
23 th Feb	Emma Clements Natalie Xerri Olga Mitanidis	22 nd March	Emma Clements Natalie Xerri Renee Ridington
1 st March	Jazz Stevens Danni Bekker Nicole Petrie		

Thank you for volunteering to help in the canteen, it would be impossible without you. Please arrive at the canteen at 10.00am your assistance will be required until around 2.00pm. If you have long hair please tie it up and remember to sign in at the office with your current WWC.

If you are unable to attend your rostered day please SMS Sylvania on 0412 429 600 as soon as possible so a replacement can be arranged.

I look forward to seeing you all.

Sylvana Doricic

Report Student Absences

absent@olmcsunbury.catholic.edu.au

2024 TERM DATES

Term 1 :

Start: Monday 29th January
Finish: Thursday 28th March (1:30pm finish)
(Easter March 29– April 1)

Term 2 :

Start: Monday 15th April
Finish: Friday 28th June (1:30pm finish)

Term 3:

Start: Monday 15th July
Finish: Friday 20th September (1:30pm finish)

Term 4:

Start: Monday 7th October
Finish: Tuesday 17th December at 1:30pm

OLMC BELL TIMES

8.50am	First bell/move to class
11.00-11.30am	Recess time
1.30pm	Eating time
1.40 – 2.20pm	Lunch time
3.15pm	End of school day





OFFICIAL UNIFORM SUPPLIER TO
OUR LADY OF MOUNT CARMEL PRIMARY SCHOOL
PRICE LIST VALID TO 30TH JUNE 2024

Uniform	Sizing	Price
Pullover - Bottle	55-75	\$80.50
	80+	\$83.95
White short sleeve shirt Classic	29-42	\$34.95
White short sleeve shirt Tailored	4-20	\$34.95
White long sleeve shirt Classic	29-42	\$37.95
White long sleeve shirt Tailored	4-20	\$37.95
Academic Trouser – Navy TROUS134	4-18	\$42.95
Tailored slacks – Navy Wool Blend	4-16	\$66.00
Academic Shorts – Navy SHT-230	4-16	\$29.95
Tailored Shorts – Navy Wool Blend	4-14	\$55.50
Dress – Green/white check	4-18	\$49.50
Tunic – Green check	4-18	\$65.00
Short sleeve polo top – Bottle/Gold	4-14 & XS-2XL	\$29.00
Long sleeve polo top – Bottle/Gold	4-14 & XS-2XL	\$32.00
Sport Shorts – Bottle	4-18	\$25.50
Skort – Bottle	4-16	\$27.00
Track pant with cuff – Bottle	4-16	\$31.95
Track pant straight leg- Bottle	4-16	\$31.95
Softshell Jacket – Bottle	4-14 & XS-M	\$69.95
Qtr Zip Top	4-14 & XS-2XL	\$59.95
Rugby top – Bottle/Gold	4-14 & XS-2XL	\$70.00
Bucket Hat – Bottle/Gold w logo	XS, S, M, L	\$15.50
Legionnaires Hat – Bottle w logo		\$15.50
Slouch Hat – Bottle w logo	XS, S, M, L	\$15.50
Beanie – OLMC Pom Pom	OSFA	\$24.95
Backpack with logo		\$58.95
Library Folio - Bottle		\$12.95
Art Smock – Bottle or Navy		\$23.00
Ankle Socks – 2Pk		\$14.95
Knee Hi socks – Navy		\$10.50
Cotton Tights - Navy		From \$23.95

Uniform is available from the Salesian College Sunbury
campus Uniform Shop

Salesian College Uniform Shop Trading Hours:

Monday 8.00am – 12.00pm
Wednesday 8.00am – 12.00pm
Friday 9.00am – 12.00pm and 1.00pm – 5.00pm
Ph: 9740 4831

All prices are subject to change without notice

Guitar & Violin Lessons Coming to OLMC

MUSIC LESSONS

QR Code

2024

Guitar & Violin

MUSICS-KOOL

INSTRUMENTAL MUSIC LESSONS @ SCHOOL

- SMALL GROUP SETTING
- 30 MINTUTE WEEKLY LESSONS
- HIGHLY QUALIFIED AND CARING TEACHERS
- AFFORDABLE
- INSTRUMENTS PROVIDED FOR THE LESSON

ENROL ONLINE NOW!

"Making Time For Your Music"

WWW.MUSICS-KOOL.COM.AU
info@musics-kool.com.au

Scan the QR Code
or
Visit our Website
For Details

Keyboard/Piano lessons at OLMC

There are now a few vacancies for your child to take lessons at school during school hours!

Lessons will commence on Friday February 9th at school, and your child will be picked up from class when it's time for their lesson.

Please complete the Enrolment Form and return to: carmelskeyboard@gmail.com
(PLEASE DO NOT RETURN TO SCHOOL OFFICE)

Carmel & Cathy

Community News



Don Bosco Feast Day
Sunday the 25th of February 2024
St John the Baptist Church -
61 Queens Parade Clifton Hill



What to Expect?
11am Mass
Music
Performances
Dodgeball
Food Trucks
Games
Dancing



Salesian PLAYgroup 2024

We are a team of dedicated teachers and students who are interested in early childhood learning and play.

Enjoy a range of fun activities created and facilitated by our teachers and students. It's all about community connections, inclusivity, friendship, learning, and most of all...PLAY!

LOCATION: Lakeside Stadium, Salesian College Sunbury
TIME: 10:15am-10:55am
DAY: Every second Friday during the school term
Beginning Friday 16 February 2024
COST: \$7 per child, per semester. Registration via Eventbrite:
salesianplaygroup2024.eventbrite.com.au or scan the QR



PLEASE BRING:

- A drink bottle
- Clothes to play in

NOTE: Due to allergies, please do not bring food along to sessions

REQUIREMENTS & INFORMATION

- All parents/carers who are attending with their child must hold a **Working with Children Check**
- Parents/carers must stay with their child for the duration of the playgroup session
- Activities will be suitable for children aged 2.5 to 5 years old.

CONTACT
Email us at playgroup@scr.vic.edu.au





Literacy & Numeracy Support With Our Animals



Animal Assisted Activities At Paws on Film

Paws on Film Animal-Assisted Activities (AAA) are now offering literacy and numeracy support!

It has been proven that animal interaction can support both social & emotional wellbeing for children. At Paws on Film, we offer a program that has a focus on improving social skills, communication, emotional regulation, awareness and patience through animal assisted activities (AAA).

WHAT DOES THIS INCLUDE?

- AAA sessions are facilitated by fully qualified integration aides who have experience working with children with a range of disabilities.
- Sessions focus on literacy and numeracy intervention including:
 - Pencil grasp
 - Letter and number formation
 - Reading comprehension and fluency
 - Automatic recall and spelling of high-frequency words

- We offer one-on-one animal sessions with our AAA Facilitators.
- We have over 100 animals on site in Sunbury.
- We also provide our trained animal talent for films, TV series & commercials. The kids love seeing their favourite animals on the big screen!
- Our sessions are designed for NDIS participants.

HOW WILL THIS HELP MY CHILD?

- There is emerging evidence showing that children who read aloud to animals experience a significant improvement in their literacy skills, confidence, and motivation to engage with literacy tasks.
- The calming presence of animals has been shown to assist children with ADHD to maintain better focus during learning activities.
- The non-threatening presence of an animal can be particularly helpful for children who experience anxiety.

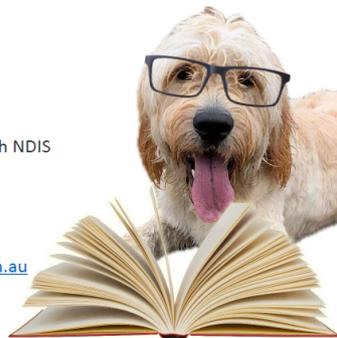
IS MY CHILD ELIGIBLE?

This service is for:

- Primary school aged children with NDIS funding (self or plan managed).

HOW DO I SIGN UP?

- Contact admin@pawsonfilm.com.au or 0457 006 938



For more information and bookings please contact us at admin@pawsonfilm.com.au or 0457 006 938.








INFO SESSION: Walks for Carers

Sunbury Neighbourhood House

Join us for an information session on the Walks for Carers program - a free walking group for carers of people with disability, mental illness or aged person.

MORNING TEA WILL BE PROVIDED!

WHEN	Thursday 22 February 2024 10am - 12pm
WHERE	Sunbury Neighbourhood House 531 Elizabeth Dr, Sunbury VIC 3429
CONTACT	enquiries@sunburyhouse.com.au or (03) 9740 6978

SCAN THE QR CODE TO FIND OUT MORE!
nhvic.org.au/walks-for-carers-ncc





where carers are always welcome




HAVE YOU SEEN THE OLMC RECYCLING CENTRE?

IT'S LOCATED IN THE SCHOOL OFFICE FOYER. **WE ARE NO LONGER COLLECTING BREAD TAGS** BUT ARE STILL COLLECTING OLD PENS AND TEXTAS, USED BATTERIES, ANY ORAL WASTE PACKAGING AND MEDICINE BLISTER PACKS.



Lets do our bit and help save the planet—it's easy, just collect these items and drop them in at our Recycling bins

