



OLMC Newsletter

Term 3 Week 4 August 8th 2024

Principal's Message

principal@olmcsunbury.catholic.edu.au

53 Macedon Street , Sunbury 3429

9740 7344

Dear Parents,

How lovely it has been to have some sunshine this week. It definitely put everyone in a better mood! With several staff members away at the moment, it is all hands on deck to ensure the smooth running of the school but everyone is pitching in and doing a wonderful job!

Today we celebrate the Feast of St Mary of the Cross Mackillop who is very special to our school. You may have noticed the quote in our office foyer: "Be full of forgiveness, love and hope". These are great words to guide the way we live our lives and are qualities we try to instil in our students.

The following reflection comes from our Parish Bulletin:



1916 the first of a fine tradition of altogether eighty-six sisters arrived at the re-quest of the Parish Priest Fr John Gallivan through Sister Andrea the Provincial for the Sisters of St Joseph to teach the 106 pupils at St Mary's school in Sunbury. With the sisters came dedication to St Mary Mackillop's vision of service; some to

teach, and some in a Parish pastoral role of visiting the sick and aged. The community of sisters ranged from six to one but always here to serve. Their role has always been very much driven by the needs of the Parish. The Parish needed and the sisters responded. Many of our Parishioners when asked will relate that their primary education was very much at the guidance of the good sisters. Many others will relate their memories of Sister visiting them, their families, their parents just as a drop in or in a time of special need.

St Mary MacKillop fought poverty and ignorance. She established her community of sisters to educate and care for the poor and the needy, in particular children, regard- less of religion or race. St Mary's life is a reminder for us to avoid complacency; build on our successes and address issues of poverty, ignorance and injustice. The life and dedication of our sisters in our community is a living example for us as individuals and as a Parish. One of their many living legacies is reflected in the leadership of Sr Helen Barnes working with our parishioners to develop our Parish Prayer which continues to challenge us today and tomorrow.

"God our Father, bless this parish of Our Lady of Mount Carmel, so that we may love you more. Help the parents to be a good example to their children and our youth to grow in strength as good Christians. Encircle our families with your loving care. To the sick grant health, to the aged bring serenity, and to those in sorrow, joy. May we grow stronger in faith and may our love for one another become deeper in our daily living Amen.



God bless the wonderful service of our sisters, especially Sister Jose!

Just a reminder that the school is closed on Monday 12th August for staff professional development. So far Village OSHC have not had enough booking to run so please contact them today should you require the service on the day. On Monday 19th August the Book Week Parade will be held on the green at 8:50 and two weeks of Student Recognition Awards will be given out as well.



Happy birthday to everyone who is celebrating their special day this week. May it be filled with love and joy.

Tyler Cosham	Audrey Evans	Daisy Lamberti
Nicola Borgese	Aaliyah Abou-Eid	Mason Clements
Lucrezia Francese	Gabriel Harrison	

God bless,
Julie

DATES TO REMEMBER

12th August	School Closure Day
15th August	Whole School Mass 9.30am (Feast of the Assumption)
19th August	Book Week Parade
23rd August	Fathers Day Stall
26-28 August	Year 5/6 Camp
30th August	Fathers Day Celebration
13th September	School Disco
20th September	Term 3 ends at 1.30
23 rd October	Sacrament of Reconciliation for Year 3s
12 th December	Year 6 Graduation
17 th December	End of school year at 1:30pm

Student Recognition Award

Prep B	Lucas Ayala	For his enthusiasm and positive attitude towards his learning. Lucas shows a positive attitude and is excellent at taking on feedback towards his learning. Lucas has worked very hard to ensure his letters are sitting on the solid line.
Prep R	Raphael Cutajar	For his thoughtful and detailed picture of the Creation Story. Terrific work Raph!
1/2BR	Sienna Stevens	For showing more resilience and determination during tasks. Sienna always has great discussions in her reading group and often makes great connections that help deepen her understanding.. Keep up the good work Sienna. We are so proud of you!
1/2AZ	Ollie Burrows	For his excellent listening skills and wonderful manners. It has been wonderful to have Ollie join 1/2 AZ this term. He is a wonderful role model and always tries his best.
1/2R	Tharini Gunasekera	For working on her Maths skills by counting on and staying focussed on learning the partitions to 10! Keep up the amazing effort Tharini
3/4CT	Ryan McKenna	For being a respectful and kind student who is always willing to help anyone in need, both friends and teachers alike. Keep being a Eucharist-filled person, Ryan!
3/4D	Jacob Kiss	Jacob has developed his ability to participate in class activities. He is able to confidently share his opinions and complete these tasks with a growth mindset. Well done for going for GOLD, Jacob!
3/4H	Robby Mand	For displaying the disposition of risk-taking by stepping out of your comfort zone, Robby, you've shown great initiative in participating in class discussions and contributing your ideas and thoughts to our learning topics. Well done, Robby!
5MP	Luca Cunsolo	For showing great determination in his learning, even when he finds a task challenging. Keep giving 100% effort, we are very proud of you!
5SB	Tillie Kilkenny	For improved focus in class, and for showing resilience when receiving constructive feedback
6C	Anaya Chand	In recognition of the way that she actively participates in discussions and shares her understanding of concepts with others. Great work Anaya.
6FP	Chloe Strant	For showing resilience when faced with challenges and displaying confidence in her learning. Chloe, you are a star and should be so proud of yourself.



BOOK WEEK PARADE



When: Monday the 19th of August @ 8.50

Where: On the OLMC Green

Come along and join in the magic!

Younger sibling & parent dress up welcome.



Please note this will be in place of assembly & Student Recognition Awards will also be given out at the parade.



News from Wellbeing and Diversity Team

Bullying No Way!

National Week of Action
12th-16th August - Week 5

The 2024 theme is 'Everyone Belongs'

When we feel like we belong, bullying struggles to find a place. It's about embracing who we are, respecting everyone's differences and standing up together against unkindness. Belonging means we all have a role in preventing bullying. We're encouraged to speak up and create a safe place where everyone feels supported and respected, and our voices are heard and valued.

We will kickstart this 'Week of Action' tomorrow during House Teams, where students will be introduced to the 2024 suite of media and activities that celebrate diversity and promote acceptance.

In classes across Week 5, students will participate in discussions and activities that encompass diversity, stereotypes, promote empathy, foster positive relationships and support provision.

Social Stencil Program

Over the course of Term 2 and continuing into Term 3, our grade 3-5 students have participated in weekly sessions based on understanding and strengthening friendships. Navigating the social arena can be extremely rewarding, challenging and at times confusing. Social Stencil has provided students with common language regarding friendship styles and other aspects of socialization. The advantages and disadvantages of '2 peas in a pod', 'group style', 'bouncy ball' and 'just me' have been explored. Students have identified their current preferred style and learned these are fluid and change over time and friendships. Our group work activities have assisted students to highlight actions that support friendships to flourish, and the role 'care' and 'good company' has in aiding relationships to float along and even fly. Your child will be able to tell you what can contribute to friendships 'flopping over' hint: 3 F's - Fortune, Fame and Fear!

Over the next four weeks we will be embarking on strategies to use to break free from 'The Drama Triangle' and the roles that are played in such events. A situation we can all find ourselves, in times of conflict or disagreement with friends. Problem solving and assertiveness sessions are just two strategies we will explore.

There are modules of this program that will be adapted and delivered over 1-2 sessions with our grade 1/2 cohort and grade 6's have experienced some content, as well as exploring our Resilient Project Student Data. The focus being on further improving the wellbeing of our students, with ideas and strategies voiced by our student leaders regarding their own data.

As you can see, there has been lots happening in the Social Stencil space and it has been exciting to lead the students through this amazing program designed by Psychologist Connie Buckingham.

Report Student Absences

absent@olmcsunbury.catholic.edu.au



centrelink



Centrepay

We are pleased to advise that OLMC now has **Centrepay** available for fee payments.

If you have a Centrelink account you can set up a deduction for School fees by one of the following ways:

- *via your Centrelink online account via MyGov
- *using the Express Plus Centrelink mobile app
- *by contacting the Agency

The minimum Deduction amount for Centrepay is \$10.

For further information, please contact Melissa Bonavia at the School Office.

2024 TERM DATES

Term 1 :

Start: Monday 29th January
Finish: Thursday 28th March **(1:30pm finish)**
(Easter March 29– April 1)

Term 2 :

Start: Monday 15th April
Finish: Friday 28th June **(1:30pm finish)**

Term 3:

Start: Monday 15th July
Finish: Friday 20th September **(1:30pm finish)**

Term 4:

Start: Monday 7th October
Finish: Tuesday 17th December **(1:30pm finish)**

OLMC BELL TIMES

8.50am	First bell/move to class
11.00-11.30am	Recess time
1.30pm	Eating time
1.40 – 2.20pm	Lunch time
3.15pm	End of school day



PTFA News

FATHER'S DAY STALL - Friday August 23rd

Gifts will range from \$1-\$10. Bring a shopping bag and your money to class on the day to shop at the Father's Day stall for dad or even Grandpa!

FATHER'S DAY CELEBRATION - Friday August 30th

All Father's and significant others are invited to enjoy a light breakfast and fun activities at school in the morning with their child/ren.

SCHOOL DISCO - Friday September 13th

Details to come....

If you are able to help out with any of these events that would be much appreciated. Please fill out our helper form here <https://forms.gle/Evmk3k4Wz3gFTU5x6>

Our Lady of Mount Carmel Canteen Roster - Term 3 2024

9th August	Jess Pedder Danni Wadden Nikki Munslow	30th August	Erin Thompson Chris O'Neill Danni Bekker
16th August	Nicole Petrie Lucy Evans Shanie Duhau	6th September	Nat Grant Hedley Duhau Shohani Douglas
23rd August	Emma Clements Mel O'Neil Travis Mckay	13th September	Nikki Munslow Tracey Kilkenny Danni Spiteri

Thank you for volunteering to help in the canteen, it would be impossible without you. Please arrive at the canteen at 10.00am your assistance will be required until around 2.00pm. If you have long hair please tie it up and remember to sign in at the office with your current WWC.

If you are unable to attend your rostered day please SMS Sylvana on 0412429600 as soon as possible so a replacement can be arranged.

I look forward to seeing you all.

Sylvana Doricic



Shop On-Line



INTRODUCING CLICK & COLLECT

A fast and convenient way to shop for your Our Lady of Mount Carmel School uniform on-line.

Shop on-line - collect next day trading

On-line store link:

<https://noone.com.au/school/our-lady-of-mount-carmel-primary-school/shop>

How Click & Collect works

Discover click & collect, the convenient and quick way to shop from Noone.

Shop on-line, place your order and one of our friendly staff will contact you when your order is ready for collection. Please allow up to 24 hours for your notification.

We'll get everything ready for you, so all you need to do is come in-store to collect your order, or home delivery is also available for your convenience.

1. Shop on-line

Type the school link into your browser:

<https://noone.com.au/school/our-lady-of-mount-carmel-primary-school/shop>

Add the items to your cart that you would like to purchase via Click & Collect.

2. Choose Click & Collect options

Choose Click & Collect options or choose Australia Post option for home delivery.

Click & Collect next trading day from the Salesian College On campus store

or

Australia Post 7 - 10 working days for delivery

Our retail staff are available to assist you with your uniform requirements at the location listed below

Campus Store	
Salesian College	
1 Macedon Street	
Sunbury Vic 3429	
Phone: 9740 4831	
Email: salesian@noone.com.au	
Trading Hours	
Monday	8.00am – 12.00pm
Wednesday	8.00am – 12.00pm
Friday	9.00am – 12.00pm and 1.00pm – 5.00pm



OFFICIAL UNIFORM SUPPLIER TO
OUR LADY OF MOUNT CARMEL PRIMARY SCHOOL
PRICE LIST VALID TO 30TH JUNE 2025

Uniform	Sizing	Price
Pullover - Bottle	55-75	\$80.50
	80+	\$83.95
White short sleeve shirt Classic	29-42	\$35.50
White short sleeve shirt Tailored	4-20	\$35.50
White long sleeve shirt Classic	29-42	\$38.50
White long sleeve shirt Tailored	4-20	\$38.50
Academic Trouser – Navy TROUS134	4-18	\$42.95
Tailored slacks – Navy Wool Blend	4-16	\$66.00
Academic Shorts – Navy SHORT120CH	4-16	\$29.95
Tailored Shorts – Navy Wool Blend	4-14	\$55.50
Dress – Green/white check	4-18	\$50.50
Tunic – Green check	4-18	\$65.00
Short sleeve polo top – Bottle/Gold	4-14 & XS-2XL	\$29.00
Long sleeve polo top – Bottle/Gold	4-14 & XS-2XL	\$32.00
Sport Shorts – Bottle	4-18	\$25.50
Skort – Bottle	4-16	\$27.00
Track pant with cuff – Bottle	4-16	\$31.95
Track pant straight leg- Bottle	4-16	\$31.95
Softshell Jacket – Bottle	4-14 & XS-M	\$69.95
Qtr Zip Top	4-14 & XS-2XL	\$59.95
Rugby top – Bottle/Gold	4-14 & XS-2XL	\$70.00
Bucket Hat – Bottle/Gold w logo	XS, S, M, L	\$18.50
Legionnaires Hat – Bottle w logo		\$17.50
Slouch Hat – Bottle w logo	XS, S, M, L	\$19.50
Beanie – OLMC Pom Pom	OSFA	\$24.95
Backpack with logo		\$59.95
Library Folio - Bottle		\$13.95
Art Smock – Bottle or Navy		\$23.00
Ankle Socks – 2Pk		\$14.95
Knee Hi socks – Navy		\$10.50
Cotton Tights - Navy		From \$23.95

Uniform is available from the Salesian College Sunbury
campus Uniform Shop

Salesian College Uniform Shop Trading Hours:

Monday 8.00am – 12.00pm
Wednesday 8.00am – 12.00pm
Friday 9.00am – 12.00pm and 1.00pm – 5.00pm
Ph: 9740 4831

All prices are subject to change without notice

Spring into Term 3 with VillageOSHC!



Book online at VillageOSHC.com.au | Book 24 hours in advance for the best price!



We're inviting children of all ages to spring into a fantastic Outside School Hours Care service with VillageOSHC!

Join us in Term 3 as we head outside and get active for the spring, eat delicious healthy snacks, and make new lasting friendships over the term!



Check out these wonderful photo examples of the creative work children do in our service every day!

Enjoy VillageOSHC's affordable and convenient service while you work, study or attend to personal commitments!



Spring into action!
Enrol and Book at VillageOSHC.com.au today!



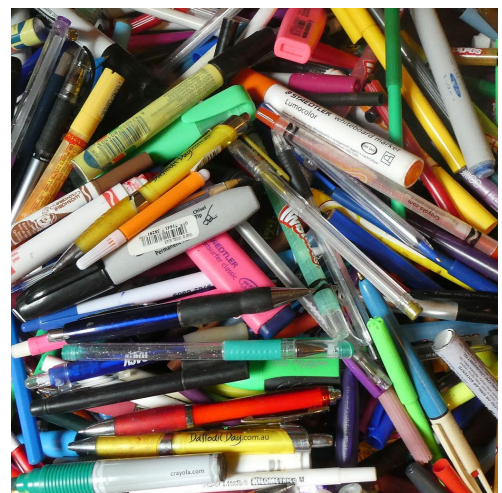
HAVE YOU SEEN THE OLMC RECYCLING CENTRE?

IT'S LOCATED IN THE SCHOOL OFFICE FOYER.



WE ARE NO LONGER COLLECTING BREAD TAGS
BUT ARE STILL COLLECTING OLD PENS AND TEXTAS,
USED BATTERIES, ANY ORAL WASTE PACKAGING AND MEDICINE
BLISTER PACKS.

**Lets do our bit and help save the planet—it's easy, just
collect these items and drop them in at our Recycling bins**



YEAR 7 2026 APPLICATIONS

Salesian College Sunbury



Salesian College
SUNBURY

TO PARENTS OF STUDENTS CURRENTLY IN GRADE 5

Here at Salesian College Sunbury we are proud of our relationship with Our Lady of Mount Carmel. We work together to provide a quality Catholic education to the young people of Sunbury and surrounds. We celebrate life and faith, prepare students to contribute positively, and provide opportunities to achieve excellence.

We would love to see you as part of our Salesian family.

Did you know that now is the time to apply for a place at Salesian College Sunbury in Year 7 2026? Applications are being accepted and close on Friday 16 August 2024.

[Visit our website, or click here to apply.](#) The online application form can be started, saved, and completed at any time. I invite you to visit our College website for all other information.

Our website also features a [virtual tour](#) where you can explore what makes us so unique and 'A Home that Welcomes'.

First round interviews for Year 7 2026 places will be conducted in early September 2024 and offers will go out on Friday 18 October, with acceptances due Friday 8 November 2024. An interview booking link will be supplied to all applicants soon after the closing date.

If you require further information, please contact our College Registrar (03 9744 0000 - option 4).

Mark Brockhus
Principal - Salesian College Sunbury

BOOK A TOUR



MEET & GREET



CATHOLIC SCHOOLS, ONE COMMUNITY

salesiansunburv.vic.edu.au | 03 9744 0000 | registrar@salesiansunburv.vic.edu.au

STRESS FREE & HANDS-ON
- WE UNDERSTAND YOU & WELCOME ALL ABILITIES



CREATIVE WORKSHOPS

- NDIS FUNDED
- AGES 4 & UP. INCL ADULTS
- 6-10 PARTICIPANTS/CLASS
- 60 MIN
- INCLUDES UNIQUE PARENT TO PARENT SUPPORT

OUR ENGAGING ART WORKSHOPS HAVE PROVEN RESULTS:

- REDUCE STRESS & ANXIETY
- BOOST HAPPINESS AND MENTAL HEALTH
- IMPROVE EMOTIONAL RESILIENCE
- TEACH SELF SOOTHING METHODS & FLOW
- COUNTERBALANCE THERAPY BURNOUT

BOOKING & QUESTIONS

PHONE: 0497 091 284

EMAIL: HELLO@CREATIVEME.COM.AU

WELCOME TO YOUR NEW FAVOURITE NDIS FUNDED ACTIVITY!

CREATIVE WORKSHOPS

MONDAY

2.30- 3.30 PM AGE 4-6

4- 5 PM AGE 6-9

WEDNESDAY

1-2 PM AGE 4-6

2.30-3.30 PM AGE 4-6

4-5 PM AGE 6-9

FRIDAY

11.30-12.30 PM AGE 6-9

1-2 PM AGE 10-12

2.30-3.30 PM MIXED AGES

4-5 PM AGES AGES 12+

BOOKING & QUESTIONS

PHONE: 0497 091 284

EMAIL: HELLO@CREATIVEME.COM.AU

LOCATION:

ST MARYS ANGLICAN CHURCH,
7/19 OSHANASSY ST. SUNBURY

FACEBOOK:

CREATIVE ME